

BLOPRESS PLUS TABLET 16/12.5MG

Candesartan Cilexetil & Hydrochlorothiazide (16/12.5mg)

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What Blopess Plus is used for

Blopess Plus is used for treating hypertension (high blood pressure), where a monotherapy is not sufficiently effective.

How Blopess Plus works

Candesartan cilexetil is a type of medicine called an angiotensin II receptor antagonist, which by blocking the effects of the hormone angiotensin II, causes relaxation of the blood vessels and results in a lowering of the blood pressure.

Hydrochlorothiazide belongs to a class of drugs called diuretics. Its effects promote the urinary excretion of sodium, chloride and water and results in a lowering of the blood pressure.

Before you use Blopess Plus

- When you must not use it

- If you are allergic to any component of Blopess Plus or to sulfonamide derived drugs.
- If you are pregnant.
- If you are breast-feeding.
- If you have severe liver disease.
- If you have severe kidney disease.
- If you have had gout.
- If you have diabetes or impaired kidney function and you are treated with a blood pressure medicine containing aliskiren.

- Before you start to use it

Before you take Blopess Plus, tell your doctor if:

- you are pregnant or planning to get pregnant
- you have kidney problem
- you have liver problem and/or cholestasis.
- you have refractory hypokalaemia and hypercalcaemia.
- you have gout.

- Taking other medicines

Tell your doctor or pharmacist if you are using, have recently used or might use any other medicines. Blopess Plus can affect the way some other medicines work, and some medicines can influence Blopess Plus.

If you are using certain medicines, your doctor may need to do blood tests from time to time.

In particular, tell your doctor if you are using any of the following medicines:

- ACE inhibitors or aliskiren.
- Lithium (a medicine for mental health problems).
- Non-steroidal anti-inflammatory drugs (NSAIDs) (medicines to relieve pain and inflammation).
- Antihypertensives.
- Potassium supplements or salt substitutes containing potassium (medicines that increase the amount of potassium in your blood).

How to use Blopess Plus

- How much to use

The dose is one tablet once daily.

- When to use it

Taken daily with or without food.

- How long to use it

Take Blopess Plus as directed by your doctor. Do not stop taking your dose without talking to your doctor.

- If you forget to use it

Do not take a double dose to make up for a forgotten tablet. Just take the next dose as normal.

- If you use too much (overdose)

You may experience low blood pressure. You should be placed supine with legs elevated. If this is not sufficient, plasma volume should be increased, for example taking isotonic saline or sympathomimetic drugs.

Please contact your doctor or pharmacist as soon as possible.

While you are using it

- Things you must do

Talk to your doctor if you think the effect of Blopess Plus is too strong or too weak, or your blood pressure is not stable.

- Things you must not do

If you stop taking Blopess Plus, your blood pressure may increase again. Therefore, do not stop taking Blopess Plus without first talking to your doctor.

- Things to be careful of

Tell your doctor if you are going to have an operation. Blopess Plus combined with some anaesthetics, may lower your blood pressure.

Side effects

Like all medicines, Blopess Plus can cause side effects, although not everybody will experience them. If you experience any of these effects, or if you get any other unusual or unexpected symptoms, talk to your doctor. The common side effects may include:

- Respiratory infection
- Dizziness/vertigo
- Headache

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse

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Drug Reaction Monitoring by visiting the website nptra.gov.my [Consumers → Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)].

Date of revision

04/05/2025

Serial Number

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Storage and Disposal of Blopess Plus**- Storage**

Store below 30°C.

Keep Blopess Plus out of the reach of children.

- Disposal

Do not throw away any medicines via wastewater or household waste. Ask your pharmacist how to throw away medicines you no longer use. These measures will help protect the environment.

Product Description**- What it looks like**

Blopess Plus is a light pink, oval flat tablet with a score and engraved 16|C on both sides.

- Ingredients

- Active ingredient(s):

Each tablet contains 16mg of candesartan cilexetil and 12.5mg of hydrochlorothiazide.

- Inactive ingredients:

Carmellose calcium, hydroxypropyl cellulose, iron oxide red, lactose monohydrate, magnesium stearate, maize starch, polyethylene glycol and purified water.

- MAL number:

MAL08021476ACRZ

Manufacturer

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Product Registration Holder

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