

KYTRIL[®] TABLET

Granisetron Hydrochloride (1mg)

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What Kytril is used for

KYTRIL contains the active ingredient granisetron.

It belongs to a group of medicines called anti-emetics.

KYTRIL is used to prevent and stop you feeling sick (nauseous) or being sick (vomiting). It is especially useful when you need to have medical treatment that may cause you to feel or be sick, for example, chemotherapy or radiotherapy.

Ask your doctor if you have any questions about why this medicine has been prescribed for you.

Your doctor may have prescribed it for another reason.

It is available only with a doctor's prescription.

How Kytril works

Granisetron belongs to a class of medications called 5-HT₃ blockers. It works by blocking one of the body's natural substances (serotonin) that can cause vomiting.

Before you use KYTRIL

- When you must not use it

Do not take KYTRIL if you have an allergy to:

- any medicine containing granisetron.
- any of the ingredients listed at the end of this leaflet.

Do not take KYTRIL after the expiry date printed on the pack or if the packaging is torn or shows signs of tampering.

There is insufficient information to recommend oral dose of KYTRIL in children.

- Before you start to use it

Tell your doctor if:

- you have allergies to any other medicines, foods, preservatives, or dyes.
- you have signs of intestinal obstruction.
- you are pregnant or plan to become pregnant or are breast-feeding.
Your doctor can discuss with you the risks and benefits of taking KYTRIL if you are pregnant or breast-feeding.
- you have used KYTRIL before, and you became unwell.
You may need to be given another medicine instead.
- you have a heart condition related to changes in its the rhythm or rate.
- you have rare hereditary problems of sugar intolerance such as galactose intolerance, lactase deficiency or glucose-galactose malabsorption.

If you have not told your doctor about any of the above, tell him/her before you start taking KYTRIL.

- Taking other medicines

Tell your doctor or pharmacist if you are taking any other medicines, including any that

you get without a prescription from your pharmacy, supermarket, or health food shop.

Some medicines and KYTRIL may interfere with each other. These include:

- Phenobarbitone, a medicine used to treat epilepsy. Phenobarbitone may be affected by KYTRIL or may affect how well KYTRIL works. You may need different amounts of your medicine, or you may need to take a different medicine.

Your doctor and pharmacist have more information on medicines to be careful with or avoid while taking KYTRIL.

How to use Kytril

Follow all directions given to you by your doctor or pharmacist carefully.

They may differ from the information contained in this leaflet.

- How much to use

Your doctor or pharmacist will tell you how many KYTRIL tablets to take each day.

Chemotherapy

For the treatment and prevention of nausea and vomiting associated with chemotherapy, the usual adult dose is 1 tablet twice a day or 2 tablets once a day for up to one week following chemotherapy.

The first dose of KYTRIL should be taken within 1 hour before the start of therapy.

Radiotherapy

For the prevention of nausea and vomiting associated with radiotherapy, the usual adult dose of KYTRIL is 2 tablets

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once a day for up to a week following radiotherapy.

The first dose of KYTRIL should be taken within 1 hour before the start of radiotherapy.

- How to use it

Swallow the tablets whole with a full glass of water. Do not crush or chew the tablets.

- When to use it

Take your medicine at about the same time each day.

Taking it at the same time each day will have the best effect. It will also help you remember when to take it.

It does not matter if you take this medicine before or after food.

- How long to use it

Continue taking KYTRIL tablets for as long as your doctor tells you.

Your doctor will tell you when your treatment should be stopped.

- If you forget to use it

If it is almost time for your next dose, skip the dose you missed and take your next dose when you are meant to.

Otherwise, take it as soon as you remember, and then go back to taking your medicine as you would normally.

Do not take a double dose to make up for the dose that you missed.

This may increase the chance of you getting an unwanted side effect.

If you have trouble remembering to take your medicine, ask your pharmacist for some hints.

- If you use too much (overdose)

If you think that you or anyone else may have taken too much KYTRIL, immediately telephone your doctor or go to Accident and Emergency at the nearest hospital. Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention.

Keep telephone numbers for these places handy.

If you are not sure what to do, contact your doctor or pharmacist.

While you are using it

- Things you must do

If you are about to start a new medicine, remind your doctor and pharmacist that you are taking KYTRIL.

Tell any other doctors, dentists, and pharmacists who treat you that you are taking KYTRIL.

Tell your doctor immediately if you become pregnant while taking this medicine.

Tell your doctor if, for any reason, you have not taken your medicine exactly as prescribed. Otherwise, your doctor may think that it was not effective and change your treatment unnecessarily.

Tell your doctor if you feel the tablets are not helping your condition.

Keep all of your doctor's appointments so that your progress can be checked.

- Things you must not do

Do not take KYTRIL to treat any other complaints unless your doctor tells you to.

Do not give your medicine to anyone else, even if they have the same condition as you.

Do not stop taking your medicine or lower the dose without checking with your doctor.

Do not take any other medicines whether they require a prescription or not without first telling your doctor.

- Things to be careful of

Be careful driving or operating machinery until you know how KYTRIL affects you.

Side effects

This medicine helps most people with nausea and vomiting, but it may have unwanted side effects in a few people. All medicines can have side effects. Sometimes they are serious, most of the time they are not. You may need medical attention if you get some of the side effects.

Do not be alarmed by the following lists of side effects. You may not experience any of them.

Tell your doctor or pharmacist if you notice any of the following and they worry you:

- headache
- constipation

The above list includes the more common side effects of your medicine.

If any of the following happen, tell your doctor immediately or go to Accident and Emergency at your nearest hospital:

- changes in your heartbeat.
- severe dizziness or fainting.
- symptoms of an allergic reaction, such as shortness

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of breath, wheezing or difficulty breathing; swelling of the face, lips, tongue or other parts of the body; rash, itching or hives on the skin.

The above list includes very serious side effects. You may need urgent medical attention or hospitalization. These side effects are rare.

Tell your doctor or pharmacist if you notice anything that is making you feel unwell.

Other side effects not listed above may also occur in some people.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by visiting the website npra.gov.my [Consumers → Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)].

Storage and Disposal of Kytril

- Storage

Keep your tablets in the pack until it is time to take them.

If you take the tablets out of the pack, they may not keep well.

Do not store your tablets above 30°C

Do not store KYTRIL tablets, or any other medicine, in a bathroom or near a sink.

Do not leave KYTRIL tablets in the car or on windowsills.

Heat and dampness can destroy some medicines.

Keep KYTRIL tablets where children cannot reach them.

A locked cupboard at least one-and-a-half meters above the ground is a good place to store medicines.

- Disposal

If your doctor tells you to stop taking this medicine or the expiry date has passed, ask your pharmacist what to do with any medicine that is leftover.

Product Description

- What it looks like

KYTRIL Tablets are white to almost white triangular biconvex film-coated tablets with 'K1' in one side

KYTRIL is also available as an injection that is given by a healthcare professional.

- Ingredients

- Active ingredient
Each KYTRIL tablet contains 1 mg of granisetron.

- Inactive Ingredients

- Sodium Starch Glycollate
- Magnesium Stearate,
- Hypromellose (3 mPa.s)
- Lactose Monohydrate,
- Opadry YS-1-18027-A
- Microcrystalline cellulose

- MAL number:

Kytril Tablet
MAL19940574ACRZ

Manufacturer

Delpharm Milano s.r.l., Via Carnevale, 1 20054, Segrate (MI), Italy.

Product Registration Holder

DKSH Malaysia Sdn. Bhd.
B-11-01, The Ascent,
Paradigm, No. 1 Jalan SS7/26A, Kelana Jaya, 47301

Petaling Jaya, Selangor Darul Ehsan.

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