

BETAHISTINE MESILATE (6mg)

## What is in this leaflet

1. What *MERISLON*® is used for
2. How *MERISLON*® works
3. Before you use *MERISLON*®
4. How to use *MERISLON*®
5. While you are using it
6. Side effects
7. Storage and Disposal of *MERISLON*®
8. Product Description
9. Manufacturer and Product Registration Holder
10. Date of revision

## What *MERISLON*® is used for

*MERISLON*® is used for vertigo and dizziness associated with the following diseases:

- Meniere's disease
- Meniere's syndrome
- Peripheral vertigo

## How *MERISLON*® works

*MERISLON*® dilates vessels where it increases the blood flow in the inner ear. It relaxes the smooth muscles in the inner ear, thereby increases the circulation. It also improves circulation in the brain by increasing blood flow to the brain. Thus, *MERISLON*® is clinically useful for the relief of vertigo and dizziness.

## Before you use *MERISLON*®

### - When you must not use it

You should not take *MERISLON*® if you are allergic to any of the ingredients contained in it.

### *Pregnancy and lactation*

Do not take *MERISLON*® if you are pregnant, trying to get pregnant or think you may be pregnant.

Do not take *MERISLON*® if you are breast-feeding. Ask your doctor or pharmacist for advice before taking any medicine.

### - Before you start use it

Tell the doctor about all your present or past health problems. Includes:

- a history of digestive ulcer or an active digestive ulcer,
- bronchial asthma,
- tumour in adrenal gland (pheochromocytoma)

### - Taking other medicines

Tell your doctor if you are taking any other medicines, including any that you buy without a prescription from a pharmacy, supermarket or health food shop.

## How to use *MERISLON*®

### - How much to use

Follow all directions given to you by your doctor and pharmacist carefully. They may differ from the information contained in this leaflet. If you do not understand the instructions on the label, ask your doctor or pharmacist for help.

The usual adult dose is, 1 to 2 tablets (6-12 mg as betahistine mesylate), administer orally three times per day after meals. The dose should be adjusted according to the age of patient and severity of symptoms.

### - When to use it

Use as directed by your doctor or pharmacist.

### - How long to use it

Continue taking *MERISLON*® for as long as your doctor recommends.

### - If you forget to use it

Consult your doctor or pharmacist on what you should do if you forget to use it.

Take the missed dose as soon as you remember. If it is almost time for your next dose, wait until then to take the medicine and skip the missed dose. Do not take a double dose to make up for the missed dose.

### - If you use too much (overdose)

Contact your doctor immediately or go to the Emergency Department of your nearest hospital, if you think you or anyone else may have taken too much of this medicine. Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention.

## While you are using it

### - Things you must do

Take your medicine exactly as your doctor has told you.

Tell all the doctors, dentists and pharmacists treating you that you are taking *MERISLON*®.

Tell your doctor immediately if you become pregnant while taking this medication.

### - Things you must not do

Do not stop taking the medicine unless advised by your doctor.

Do not take any new medicines without consulting your doctor.

Do not give *MERISLON*® to anyone else, even if they have the same symptoms or condition as you.

### - Things to be careful of

#### *Driving and using machines*

This medicine may affect your ability to drive or use machines. If the tablets make you feel sick, dizzy or tired, or give you a headache, do not drive or use machines and contact your doctor immediately.

## Side effects

In the event of the following symptoms, treatment should be discontinued and visit your doctor or pharmacist immediately.

- Nausea or vomiting may occur
- Hypersensitivity such as rash

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by calling Tel: 03-78835490, or visiting the website [npra.gov.my](http://npra.gov.my) (Consumer → Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)).

**Date of revision**

04/01/2024

**Serial Number:**

NPRA (R1/3) 03012024/004

**Storage and Disposal of MERISLON®**

- Storage

Keep out of the reach and sight of children.

Store below 25°C

- Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

**Product Description**

- What it looks like

MERISLON® tablets are white tablets with “C 150” on one side.

- Ingredients

- Active ingredient  
Betahistine Mesilate

- Inactive ingredients  
Low substituted hydroxypropyl cellulose, Hydroxypropyl cellulose, Hydrated silicon dioxide, Calcium citrate, Microcrystalline cellulose, Talc.

- MAL number:

MAL19861236AZ

**Manufacturer**

Eisai Co., Ltd. Kawashima Plant  
1, Kawashimatake haya-machi,  
Kakamigahara-shi,  
Gifu-ken, Japan

**Product Registration Holder**

DKSH Malaysia Sdn Bhd  
B-11-01, The Ascent, Paradigm  
No.1, Jalan SS7/26A, Kelana Jaya,  
47301 Petaling Jaya, Selangor.