

MITONCO 10 mg



Powder for solution for injection/infusion or intravesical Mitomycin

CAUTION-CYTOTOXIC AGENTS

COMPOSITION

Each vial contains Mitomycin 10 mg

DESCRIPTION

Blue-purple, freeze-dried crystalline cake in an amber vial

Intravenous administration: The reconstituted solution and further diluted with saline (0.9% sodium chloride) or 20% glucose solution is clear, blue-purple solution.

Intravesical administration : The reconstituted solution with saline (0.9% sodium chloride) solution is clear, blue-purple solution.

PHARMACODYNAMICS

Pharmacotherapeutic group : Antineoplastic agents, Other cytotoxic antibiotics

ATC Code : L01DC03

The antibiotic mitomycin is a cytostatic medicinal product from the group of alkylating agents.

Mitomycin is an antibiotic isolated from *Streptomyces caespitosus* with anti-neoplastic effect. It is present in an inactive form. Activation to a trifunctional alkylating agent is rapid, either at physiological pH in the presence of NADPH in serum or intracellularly in virtually all cells of the body with the exception of the cerebrum, as the blood-brain barrier is not overcome by mitomycin. The 3 alkylating radicals all stem from a quinone, an aziridine and a urethane group. The mechanism of action is based predominantly on the alkylation of DNA (RNA to a lesser extent) with the corresponding inhibition of DNA synthesis. The degree of DNA damage correlates with the clinical effect and is lower in resistant cells than in sensitive ones. As with other alkylating agents, proliferating cells are damaged to a greater extent than those that are in the resting phase (GO) of the cell cycle. Additionally, free peroxide radicals are released, particularly in the case of higher doses, which result in DNA breaks. The release of peroxide radicals is associated with the organ-specific pattern of side-effects.

PHARMACOKINETICS

After the intravenous administration of 10 - 20 mg/m² of mitomycin, maximum plasma levels of 0.4 - 3.2 µg/ml have been measured. The biological half-life is short and is between 40 and 50 minutes. The serum level falls biexponentially, steeply at first within the first 45 minutes, and then more slowly.

After approximately 3 hours the serum levels are usually below the detection limit. The main location for metabolism and elimination is the liver. Accordingly, high concentrations of mitomycin have been found in the gall bladder. Renal excretion plays only a minor role with respect to the elimination.

During intravesical therapy mitomycin is only absorbed in insignificant doses. Nevertheless, a systemic effect cannot be excluded completely.

INDICATIONS

Mitomycin is used in palliative tumour therapy.

Mitomycin is administered **intravenously** as monochemotherapy or in combined cytostatic chemotherapy in the case of:

- advanced metastatic gastric carcinoma
- advanced and/or metastatic breast cancer

Furthermore mitomycin is administered **intravenously** in combined chemotherapy in the case of:

- non-small cell bronchial carcinoma
- advanced pancreatic carcinoma

Intravesical administration for relapse prevention in superficial urinary bladder carcinoma after transurethral resection.

POSODOLOGY AND METHOD OF ADMINISTRATION

Posology

Mitomycin should only be used by doctors experienced in this therapy if there is a strict indication and with continual monitoring of the haematological parameters. It is essential that the injection is administered intravenously. If the medicinal product is injected perivascularly, extensive necrosis occurs in the area concerned.

Unless otherwise prescribed, mitomycin is dosed as follows:

Intravenous administration

In cytostatic monochemotherapy mitomycin is usually administered intravenously as a bolus injection. The recommended dosage is 10 - 20 mg/m² of body surface every 6 - 8 weeks, 8 - 12 mg/m² of body surface every 3 - 4 weeks or 5-10 mg/m² of body surface every 1-6 weeks, depending on the therapeutic scheme used.

A dose greater than 20 mg/m² gives more toxic manifestations without therapeutic benefits. The maximum cumulative dose of mitomycin is 60 mg/m².

In combination therapy the dosage is considerably lower. Because of the risk of additive myelotoxicity, proven treatment protocols may not be deviated from without a specific reason.

Intravesical administration

In intravesical therapy, 20 - 40 mg of mitomycin in 20 - 40 ml of saline (0.9% sodium chloride) solution, is instilled weekly into the bladder. The treatment period is 8 to 12 weeks. In the case of intravesical administration the urine pH should be higher than pH 6.

Alternative dose recommendation in the prevention of recurrent superficial bladder tumours is 4-10 mg (0.06-0.15 mg/kg of body weight) instilled into the bladder through a urethral catheter 1 or 3 times per week. The solution should be retained in the bladder for 1-2 hours.

Special population

The dose must be reduced in patients who have undergone extensive previous cytostatic therapy, in case of myelosuppression or in elderly patients.

Older patients

Insufficient data from clinical studies are available concerning the use of mitomycin in patients ≥ 65 years of age

The product should not be used in patients with renal impairment

The product is not recommended in patients with hepatic impairment due to lack efficacy and safety data in this group of patients.

Paediatric population

The safety and efficacy of mitomycin in children aged from 0 to 17 years have not been established.

Method of administration

Mitomycin is intended for intravenous injection or infusion or for intravesical instillation after being

dissolved. Partial use is applicable.

Mitomycin 10 mg, powder for solution for injection/infusion or intravesical use may not be reconstituted in water, regardless the method of administration (i.e. intravenous or intravesical)

Notes

- Mitomycin must not be used in mixed injections.
- Other injection solutions or infusion solutions must be administered separately
- It is essential that the injection is administered intravenously.

CONTRAINDICATIONS

- Hypersensitivity to the active substance or to any of the excipients of the product
- Breastfeeding

Systemic therapy

Pancytopenia or isolated leucopenia/thrombopenia, haemorrhagic diathesis and acute infections are absolute contraindications.

Restrictive or obstructive disturbances to pulmonary ventilation, renal function, liver function and/or a poor general state of health are relative contraindications. Temporal connection with radiotherapy or other cytostatic may be a further contraindication.

Intravesical therapy

Perforation of the bladder wall is an absolute contraindication. Cystitis is a relative contraindication.

WARNINGS AND PRECAUTIONS

Due to the toxic effects on the bone marrow of mitomycin, other myelotoxic therapy modalities (in particular other cytostatics, radiation) must be administered with particular caution in order to minimise the risk of additive myelosuppression.

It is essential that the injection is administered intravenously. If the medicinal product is injected perivascularly, extensive necrosis occurs in the area concerned. To avoid necrosis following recommendations apply:

- Always inject into large veins in the arms.
- Do not directly inject intravenously, but rather into the tube of a good and securely running infusion.
- Before removing the cannula after central venous administration, flush it through for a few minutes using the infusion in order to release any residual mitomycin.

If extravasation occurs, it is recommended that the area is immediately infiltrated with sodium bicarbonate 8.4% solution, followed by an injection of 4 mg dexamethasone. A systemic injection of 200 mg of Vitamin B6 may be of some value in promoting the regrowth of tissues that have been damaged.

Long-term therapy may result in cumulative bone marrow toxicity. Bone marrow suppression may only manifest itself after a delay, being expressed most strongly after 4 - 6 weeks, accumulating after prolonged use and therefore often requiring an individual dose adjustment.

Elderly patients often have reduced physiological function, bone marrow depression, which may be protracted, so administer mitomycin with special caution in this population while closely monitoring patient's condition.

Particular caution is required when possible occurrence or aggravation of infectious disease and bleeding tendency.

Mitomycin is a mutagenic and potentially carcinogenic substance in humans. Contact with the skin and mucous membranes is to be avoided.

In the case of pulmonary symptoms, which cannot be attributed to the underlying disease, therapy should be stopped immediately. Pulmonary toxicity can be well treated with steroids.

Therapy should be stopped immediately also if there are symptoms of haemolysis or indications of renal dysfunction (nephrotoxicity)

At doses of > 30 mg of mitomycin/m² of body surface microangiopathic-haemolytic anaemia has been observed. Close monitoring of renal function is recommended.

New findings suggest a therapeutic trial may be appropriate for the removal of immune complexes that seem to play a significant role in the onset of symptoms by means of staphylococcal protein A.

Occurrence of acute leukaemia (in some cases following preleukaemic phase) and myelodysplastic syndrome has been reported in the patients treated concomitantly with other antineoplastic agents.

Immunisation with live virus vaccines (e.g. yellow fever vaccination) increases the risk of infection and other adverse reactions such as vaccinia gangrenosa and generalized vaccinia, in patients with reduced immunocompetence, such as during treatment with mitomycin. Therefore, live virus vaccines should not be administered during therapy. It is advised to use live virus vaccines with caution after stopping chemotherapy, and vaccinate not sooner than 3 months after the last dose of chemotherapy.

Recommended check-ups and safety measures in the case of intravenous administration:

Before the start of treatment

- Complete blood count
- Pulmonary function test if pre-existing lung dysfunction is suspected
- Renal function test in order to exclude renal insufficiency
- Liver function test in order to exclude liver insufficiency

During therapy

- Regular checks of the blood count
- Close monitoring of renal function

INTERACTIONS WITH OTHER MEDICINAL PRODUCTS

Myelotoxic interactions with other bone marrow-toxic treatment modalities (especially other cytotoxic medicinal products, radiation) are possible.

Combination with vinca alkaloids or bleomycin may reinforce pulmonary toxicity.

An increased risk of haemolytic-uremic syndrome has been reported in patients receiving a concomitant administration of mitomycin and fluorouracil or tamoxifen.

In animal experiments, pyridoxine hydrochloride (vitamin B6) resulted in the loss of effect of mitomycin.

No injections with live vaccines should be carried out in connection with mitomycin treatment.

The cardiotoxicity of Adriamycin (doxorubicin) may be reinforced by mitomycin.

PREGNANCY AND LACTATION

Pregnancy

There are no data from the use of mitomycin in pregnant women. Studies in animals have shown reproductive toxicity. Mitomycin has a mutagenic, teratogenic and carcinogenic effect and therefore may impair the development of an embryo. Mitomycin should not be used during pregnancy. In the case of a vital indication for the treatment of a pregnant patient a medical consultation should be carried out with respect to the risk of the harmful effects on the child, which are associated with the treatment.

Breastfeeding

It is suggested that mitomycin is excreted in breast milk. Due to its proven mutagenic, teratogenic and carcinogenic effects, mitomycin should not be administered during breastfeeding. Breastfeeding women must first discontinue breastfeeding before initiating treatment with mitomycin.

Fertility / Contraception in males and females

Female patients of a sexually mature age should take contraceptive measures during and up to 6 months after the end of chemotherapy or refrain from sexual intercourse. Mitomycin has a genetically harmful effect. Men who are being treated with mitomycin are therefore advised not to father a child during treatment and up to 6 months thereafter and to seek advice on the preservation of sperm before the start of therapy due to the possibility of irreversible infertility caused by the therapy with mitomycin.

SIDE EFFECTS

Undesirable effects are listed below by system organ class and frequency. Frequencies below are defined as:
Very common (≥ 1/10), common (≥ 1/100 to < 1/10), uncommon (≥ 1/1,000 to < 1/100), rare (≥ 1/10,000 to < 1/1,000), very rare (< 1/10,000) or not known (cannot be estimated from the available data)

Possible side-effects under systemic therapy

The most common side effects of mitomycin administered systemically are gastrointestinal symptoms like nausea and vomiting and bone marrow suppression with leukopenia and mostly dominant thrombocytopenia. This bone marrow suppression occurs in up to 65% of patients. In up to 10% of patients serious organ toxicity in the form of interstitial pneumonia or nephrotoxicity must be expected. Mitomycin is potentially hepatotoxic.

Blood and the lymphatic system disorders	<u>Very common</u> Bone marrow suppression, leucopenia thrombocytopenia <u>Rare</u> Life-threatening infection, sepsis, haemolytic anaemia
Immune system disorders	<u>Very rare</u> Severe allergic reaction
Cardiac disorders	<u>Rare</u> Heart failure after previous therapy with anthracyclines
Respiratory, thoracic and mediastinal disorders	<u>Common</u> Interstitial pneumonia, dyspnoea, cough, shortness of breath <u>Rare</u> Pulmonary hypertension, pulmonary veno-occlusive disease (PVOD)
Gastrointestinal disorders	<u>Very common</u> Nausea, vomiting, <u>Uncommon</u> Mucositis, stomatitis, diarrhoea, anorexia
Hepato-biliary disorders	<u>Rare</u> Liver dysfunction, increased transaminases, jaundice, veno-occlusive disease (VOD) of the liver
Skin and subcutaneous tissue disorders	<u>Common</u> Exanthema, allergic skin rash, contact dermatitis, Palmar plantar erythrodysesthesia (PPE) <u>Uncommon</u> Alopecia <u>Rare</u> Generalised exanthema
Renal and urinary disorders	<u>Common</u> Renal dysfunction, increase in serum creatinine, glomerulopathy, Nephrotoxicity <u>Rare</u> Haemolytic uraemic syndrome(HUS) (commonly fatal), microangiopathic haemolytic anaemia (MAHA syndrome)
General disorders and administration site conditions	<u>Common</u> Following Extravasation: Cellulitis, tissue necrosis <u>Uncommon</u> Fever

Possible side-effects under intravesical therapy

Skin and subcutaneous tissue disorders	<u>Common</u> Pruritus, allergic skin rash, contact dermatitis, Palmar plantar erythrodysesthesia (PPE) <u>Rare</u> Generalised exanthema
Renal and urinary disorders	<u>Common</u> Cystitis (possibly haemorrhagic), dysuria, nocturia, pollakisuria, haematuria, local irritation of the bladder wall <u>Very rare</u> necrotizing cystitis, allergic (eosinophilic) cystitis, stenosis of the efferent urinary tract, reduction in bladder capacity, bladder wall calcification, and bladder wall fibrosis.

SYMPTOMS AND TREATMENT OF OVERDOSE

In case of overdose severe myelotoxicity or even myelophthisis must be expected, with the full-blown clinical effect only appearing after approximately 2 weeks. The period until which the number of leucocytes falls to the lowest value may be 4 weeks. Prolonged close haematological monitoring therefore also has to be carried out if an overdose is suspected. As there are no effective antidotes available, the greatest level of caution is required during each application

EFFECTS ON ABILITY TO DRIVE AND USE MACHINES

Even when used in accordance with instructions these medicinal products may cause nausea and vomiting and thereby reduce reaction times to such an extent that the ability to drive a motor vehicle or operate machinery is impaired. This applies even more in connection with alcohol.

INSTRUCTION FOR USE

Intravenous use
Mitomycin 10 mg, powder for solution for injection/infusion or intravesical use may not be reconstituted in water.

The contents of the vial should be reconstituted with saline (0.9% sodium chloride) or 20% glucose solution in a ratio of:

10 mL for the 10 mg of mitomycin			
Reconstitution/ Dilution Fluid	Concentration	pH range	Osmolarity
Saline	1.0 mg/mL, (Reconstitution) 0.1 mg/mL (Dilution)	4.5 ~ 7.5	Approx. 290 mOsm/Kg
20% glucose solution	1.0 mg/mL, (Reconstitution) 0.1 mg/mL (Dilution)	3.5 ~ 7.0	Approx. 1100 mOsm/Kg

Intravesical use:
Mitomycin 10 mg, powder for solution for injection/infusion or intravesical use may not be reconstituted in water.

The contents of the vial should be reconstituted with only saline (0.9% sodium chloride) in a ratio of:

10 mL for the 10 mg of mitomycin			
Reconstitution Fluid	Concentration	pH range	Osmolarity
Saline	1.0 mg/mL	4.5 ~ 7.5	Approx. 290 mOsm/Kg

Pregnant healthcare personnel should not handle and/or administer drug product. Mitomycin should not be allowed to come into contact with the skin. If it does, it should be washed several times with 8.4% sodium bicarbonate solution, followed by soap and water. Hand creams and emollients should not be used as they may assist the penetration of the drug into the epidermal tissue.

In the event of contact with eye, it should be rinsed several times with saline solution. It should then be observed for several days for evidence of corneal damage. If necessary, appropriate treatment should be instituted.

The reconstituted solution is clear blue-purple color free from visible particulate matter. Any unused product or waste material should be disposed of in accordance with local requirements.

Waste material should be destroyed according to hospital standard procedures applicable to cytotoxic agents with due regard to current laws related to the disposal of hazardous waste.

STORAGE CONDITION

Unopened vial :
Preserve in hermetic containers, protected from light.
Store at room temperature not exceeding 30°C.

The reconstituted product : Store at room temperature not exceeding 30°C. Prepare solution before use.

SHELF LIFE

Unopened vial : 48 months
The reconstituted product should be used immediately.
The contents of the vials are intended for single use only. Unused solutions must be discarded.

PACKING

Mitomycin is contained within 30 mL amber colored type I glass vial with a chloro butyl rubber stopper and an aluminum seal.
The 10 mg vials are packaged into cartons containing 1 vial.

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Revised : July 2025

