

VAMLO TABLETS

Amlodipine Besilate (5 and 10 mg)

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What **VAMLO TABLETS** are used for

VAMLO TABLETS are used to treat high blood pressure (hypertension) or a certain type of chest pain called angina, a rare form of which is Prinzmetal's or variant angina.

How **VAMLO TABLETS** works

VAMLO TABLETS contain the active substance amlodipine which belongs to a group of medicines called calcium antagonists.

In patients with high blood pressure this medicine works by relaxing blood vessels, so that blood passes through them more easily. In patients with angina amlodipine works by improving blood supply to the heart muscle which then receives more oxygen and as a result chest pain is prevented. This medicine does not provide immediate relief of chest pain from angina.

Your doctor however, may have prescribed this medicine for another purpose. Ask your doctor if you have any questions why it has been prescribed for you.

Before you use **VAMLO TABLETS**

- When you must not use it

If you are allergic (hypersensitive) to amlodipine, or any other medicine of same class (dihydropyridines e.g.

nifedipine, felodipine) or any of the other ingredients of this medicine (see **product description** at the end of this leaflet). Some of the symptoms of an allergic reaction may include: skin rash, itching, swelling of the face, lips, tongue and throat or difficulty in breathing.

- Before you start to use it

You must tell your doctor if you:

- have or have had heart failure
- have liver problems

Pregnancy and lactation

The safety of amlodipine in human pregnancy has not been established. **If you are pregnant, think you might be or you are planning to get pregnant, you must tell your doctor before you take **VAMLO TABLETS**.**

It is not known whether amlodipine is passed into breast milk. Your doctor may recommend you to temporarily discontinue breast-feeding while taking **VAMLO TABLETS**.

If you have not told your doctor about any of the above, tell them before you start taking **VAMLO TABLETS**.

If you are not sure, talk to your doctor or pharmacist before taking **VAMLO TABLETS**.

- Taking other medicines

Tell your doctor if you are taking any other medicines including any that you buy without a prescription from your pharmacy, supermarket or health food shop.

VAMLO TABLETS may affect or be affected by other medicines, such as:

- ketoconazole, itraconazole (anti-fungal medicines)
- ritonavir (medicines used to treat HIV)
- rifampicin (medicine used to treat bacterial infection)
- hypericum perforatum (St. John's Wort)
- diltiazem (heart medicines)

How to use **VAMLO TABLETS**

Follow all directions given to you by your doctor or pharmacist carefully.

They may differ from the information contained in this leaflet.

If you do not understand the instructions on this leaflet, ask your doctor or pharmacist for help.

- How much to use

Always take this medicine exactly as your doctor has instructed you.

The usual recommended dose of **VAMLO TABLETS** for hypertension and angina is 5 mg daily. Your doctor may increase your dose up to maximum 10 mg daily depending upon your response.

In Children:

VAMLO TABLETS are not recommended for use in children as safety and effectiveness have not been established in this population.

Patient with liver problems:

If you have liver problems then your doctor will decide the correct dose of **VAMLO TABLETS** for you.

How to take it

Take **VAMLO TABLETS** by mouth, with or without food.

Swallow the tablet whole with a full glass of water.

You should not take **VAMLO TABLETS** with grapefruit or grapefruit juice. This is because grapefruit and grapefruit juice can lead to an increase in the blood levels of amlodipine, which can cause an unpredictable increase in the blood pressure lowering effect of **VAMLO TABLETS**.

- When to use it

Take your medicine at about the same time each day.

Taking it at the same time each day will have the best effect. It will also help you remember when to take it.

- How long to use it

You must take **VAMLO TABLETS** every day. Continue taking your medicine for as long as your doctor tells you.

- If you forget to use it

It is important that you do not miss any dose. If you miss a dose of **VAMLO TABLETS**, take it as soon as possible, and then take your next scheduled dose at its regular time. If it is almost time for your next dose, do not take the missed dose. Wait and take the next dose at the regular time. **Do not take a double dose to make up for a forgotten dose.**

- If you use too much (overdose)

Immediately telephone your doctor for advice, or go to Accident and Emergency at the nearest hospital, if you think that you or anyone else may have taken too much of VAMLO TABLETS. Do this even if there are no signs of discomfort or poisoning.

You may need urgent medical attention. Take this leaflet or some tablets with you so your doctor will know what you have taken.

While you are using VAMLO TABLETS

- Things you must do

If you are about to start any new medicine, tell your doctor or pharmacist that you are taking **VAMLO TABLETS**.

Tell your doctor immediately if you become pregnant, think you may be pregnant or are breast feeding.

Keep all of your doctor's appointments so that your progress can be checked.

- Things you must not do

Do not take VAMLO TABLETS to treat any other conditions unless your doctor tells you to.

Do not give this medicine to anyone else, even if they have the same condition as you.

- Things to be careful of

You should know how you react to **VAMLO TABLETS** before driving or operating machinery.

Side Effects

Tell your doctor or pharmacist as soon as possible if you do not feel well while you are taking **VAMLO TABLETS**.

Like all medicines, **VAMLO TABLETS** can have side effects, although not everybody gets them. Do not be alarmed by the following list of side effects. You may not experience any of them

Serious side effects

Tell your doctor immediately or go to the casualty department at your nearest hospital if you notice any of the following:

- swelling of the face, lips, mouth, tongue or throat which may cause difficulty in swallowing or breathing
- red, often itchy spots, similar to the rash of measles, which starts on the limbs and sometimes on the face and the rest of the body
- abnormal heart rhythm
- fast or irregular heart beats, chest pain which may spread to the neck and shoulders
- frequent infections such as fever, severe chills, sore throat or mouth ulcers; bleeding or bruising more easily than normal
- severe upper stomach pain, often with nausea and vomiting
- nausea, vomiting, loss of appetite,
- yellowing of the skin and eyes, light coloured bowel motions, dark coloured urine
- fainting, uncontrolled shaking (tremor)

Other side effects

Tell your doctor if you notice any of the following:

- dizziness, headache, drowsiness, tiredness

- visual disturbances
- flushing, low blood pressure
- bleeding, tender or enlarged gums
- feeling sick, stomach pain
- swelling of the ankles, feet, face or hands

Laboratory abnormalities

- abnormal blood cell counts
- increase in blood sugar levels
- increase in liver enzymes

Other side effects not listed above may also occur in some people. Tell your doctor if you notice any other effects.

Ask your doctor or pharmacist to answer any questions you may have.

You may report any side effects or adverse drug reactions directly to The National Centre for Adverse Drug Reaction Monitoring by visiting the website npra.gov.my (Consumers → Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI))
Storage and Disposal of VAMLO TABLETS

- Storage

Vamlo Tablets 5mg and 10mg :
Store below 30°C, protect from light and moisture

- Disposal

Return any unused or expired **VAMLO TABLETS** to doctor, pharmacist or health care professional for disposal.

Product description

- What VAMLO TABLETS looks like

- **VAMLO TABLETS 5 MG/10 MG**
White to off-white, flat, bevelled edge, round, uncoated tablets with a score-line on one side.
5mg :Diameter = 8.0 mm
10mg :Diameter = 10.5mm

- Ingredients

Active ingredient: Amlodipine Besilate BP equivalent to Amlodipine 5 mg/10 mg

Inactive ingredients: Microcrystalline Cellulose, Dibasic Calcium Phosphate, Sodium Starch Glycolate, Magnesium Stearate.

- MAL number.

VAMLO TABLETS 5 MG :

MAL07010992AZ

VAMLO TABLETS 10 MG :

MAL07010993AZ

**Manufacturer and Product
Registration Holder**

**RANBAXY (MALAYSIA) SDN.
BHD.**

Lot 23, Bakar Arang Industrial Estate,
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