



RUZA RESOURCES MANUFACTURING SDN BHD (1080788-U)
NO 338A, 340A, 341, 342, 343, 344, 345, 346A, 347, 348A, JALAN PETALING 9, TAMAN SRI PETALING,
09000 KULIM, KEDAH DARUL AMAN.
TEL: 04-490 9986 / 491 9986 FAX: 04-491 4988

PROPOSED PACKAGE INSERT

Brand or Product Name:

Novexiz Plantago Ovata Plus Capsules

Name and Strength of Active Substance(s):

Each 500 mg vegetable capsule contains:

<i>Plantago ovata</i> Seed Powder	400.00 mg
<i>Glycyrrhiza glabra</i> Root Extract	20.00 mg
<i>Cichorium intybus</i> Root Extract	20.00 mg
<i>Piper nigrum</i> Fruit Extract	2.50 mg

Product Description:

Pale yellow to brown color granular powder filled in Green/Green vegetable size “0” capsule. The blend of the capsule has characteristic odor and bitter taste.

Pharmacodynamics:

None established.

Pharmacokinetics:

None established.

Indication:

Traditionally used for improving bowel movement.

Recommended Dosage:

Adult: Take 2-3 Capsules thrice daily after meal or as directed by a doctor or pharmacist.

Route of Administration:

Oral only

Contraindications:

Contraindicated in pregnant women

Warnings and Precautions:

This is a traditional medicine. Please consult your pharmacist/ doctor if symptoms persist/ worsen. Contraindicated in pregnant women. Insufficient reliable data in breastfeeding women. Keep out of reach of children. Jauhkan daripada capaian kanak-kanak.

If the constipation does not resolve within 3 days or if abdominal pain occurs or in case of any irregularity of faeces, the use of psyllium should be discontinued and medical advice must be sought. Please consume a large amount of fluid/ water when taking this product.



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Interactions with Other Medicaments:

N/A

Pregnancy and Lactation:

Contraindicated in pregnant women. Insufficient reliable data in breastfeeding women.

Side Effects:

N/A

Symptoms and treatment of Overdose

N/A

Effects on Ability to Drive and Use Machine

N/A

Instruction for Use

Adult: Take 2-3 Capsules thrice daily after meal or as directed by a doctor or pharmacist.

Dosage forms and packaging available:

Packaging Option A: 60 Vegetable capsules in 100 cc white HDPE bottle and green HDPE cap packed in paper outer box with package insert.

Packaging Option B: 30 Vegetable capsules in 60 cc white HDPE bottle and green HDPE cap packed in paper outer box with package insert.

Storage Condition:

Store below 30°C. Protect from light and moisture. Keep the bottle tightly closed at all times except when in use.

Shelf Life:

24 months.

Product Registration Holder:

AMIPRO SDN.BHD.

Level 3, Bangunan Inkubator Inovasi Universiti (I²U), Sains@USM, Lebuh Bukit Jambul, 11900 Bayan Lepas, Pulau Pinang, Malaysia. Tel: 04-638 4022.

Name and address of manufacturer:

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NO 338A, 340A, 341, 342, 343, 344, 345, 346A, 347, 348A, Jalan Petaling 9, Taman Sri Petaling, 09000 Kulim, Kedah Darul Aman. Tel: 04-490 9986.

Date of revision:

15th March 2022