

# VTAMA™ Cream

Tapinarof (1% w/w)

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## What VTAMA is used for

VTAMA is a cream used on the skin to treat adults with a skin condition called plaque psoriasis.

## How VTAMA works

VTAMA contains the medicine, tapinarof, that works to control plaque psoriasis.

Psoriasis causes areas of inflamed skin where skin cells grow too fast. This creates red, scaly, thick patches (plaques) of skin.

VTAMA works on your skin to control your psoriasis by reducing inflammation (redness, swelling, itching, thickness, flaking).

## Before you use VTAMA

### - When you must not use it

Do not use VTAMA if:

- If you are allergic to tapinarof or any of the other ingredients found in VTAMA, or any parts of the container (see **Product Description**).

### - Before you start to use it

To help avoid side effects and ensure proper use, talk to your healthcare professional before you apply VTAMA. Talk about any health conditions or problems you may have, including if you:

- are pregnant or plan to become pregnant. It is not known if VTAMA will harm your unborn baby.

- are breastfeeding or plan to breastfeed. It is not known if VTAMA passes into your breast milk.

- Talk to your healthcare professional about the best way to feed your baby during treatment with VTAMA

### - Taking other medicines

Tell your healthcare professional about all the medicines you take, including any drugs, vitamins, minerals, natural supplements or alternative medicines.

Drug interactions have not been studied for VTAMA.

## How to use VTAMA

- Use VTAMA exactly as your healthcare professional tells you to use it.
- VTAMA is for external use only. **VTAMA is NOT for oral, ophthalmic, or intravaginal use.**
- Apply VTAMA to dry, clean skin.
- Wash your hands after applying VTAMA unless you are using it to treat your hands.
- Avoid swimming, bathing, showering, or difficult activities for at least 2 hours after applying VTAMA.
- If someone else applies VTAMA for you, they should wash their hands after applying VTAMA on you.

### - How much to use

Apply a thin layer of VTAMA, only to parts of your skin with psoriasis, once a day.

Avoid applying VTAMA on areas of your skin without psoriasis.

### - When to use it

Use as directed by your healthcare professional.

### - How long to use it

Use VTAMA exactly as your healthcare professional tells you to use it.

### - If you forget to use it

If you forget to use VTAMA use it as soon as you remember. Do NOT use VTAMA more than once a day.

### - If you use too much

If you apply too much VTAMA, wipe some of it off.

## While you are using VTAMA

### - Things you must do

Use VTAMA exactly as your healthcare professional tells you to use it.

### - Things you must not do

Do not give VTAMA to anyone else, even if they have the same symptoms or condition as you.

### - Things to be careful of

- Avoid swimming, bathing, showering, or difficult activities for at least 2 hours after applying VTAMA.

## Side effects

Like all medicines, VTAMA can cause side effects, although not everybody gets them.

These are not all the possible side effects you may have when using VTAMA. If you experience any side effects not listed here, tell your healthcare professional.

Possible side effects are:

Very common

- Folliculitis: red raised bumps around hair pores

Common

- Nasopharyngitis: pain or swelling in the nose and throat
- Contact Dermatitis: skin rash or irritation including itching and redness, peeling, burning, or stinging
- Headache
- Influenza (flu): fever, cough, muscle and body aches, headache, runny or stuffy nose, sore throat, sinus congestion, sneezing, generally feeling unwell
- Pruritis (Itching)

Rare

- Urticaria (hives)

If you have a troublesome symptom or side effect that is not listed here or becomes bad enough to interfere with your daily activities, tell your healthcare professional.

Visit your doctor or pharmacist immediately if you experience any side effects after using this medicine.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by visiting the website [npa.gov.my](http://npa.gov.my) [Consumers → Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)].

#### Storage and Disposal of VTAMA

##### - Storage

Keep out of the reach and sight of children.

Store at or below 30°C.

Do not freeze.

Protect from exposure to excessive heat.

Do not use this product after the expiry date or if the tube is leaking or the tube nozzle cover is broken.

##### - Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

#### Product Description

##### - What it looks like

VTAMA (tapinarof, cream) is a white to off-white cream with no visible signs of phase separation and is available in:

- 60 g Aluminum barrier laminate (ABL) tube with high density polyethylene (HDPE) shoulder, a peelable sealed membrane, and a white polypropylene (PP) closure.

##### - Ingredients

- Active ingredient
  - tapinarof
- Inactive ingredients
  - benzoic acid,
  - butylated hydroxytoluene,
  - citric acid monohydrate,
  - diethylene glycol monoethyl ether,
  - disodium edetate,
  - emulsifying wax,
  - medium-chain triglycerides,

- polyoxyl 2 stearyl ether,
- polyoxyl 20 stearyl ether,
- polysorbate 80,
- propylene glycol,
- purified water,
- and sodium citrate dihydrate.

##### - MAL number:

MAL\*\*\*\*\*

#### Manufacturer

Bora Pharmaceutical Services Inc.  
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#### Product Registration Holder

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