

ZERTIN ORAL SOLUTION

Cetirizine dihydrochloride (5mg/5ml)

ZERTIN TABLET

Cetirizine dihydrochloride (10mg)

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What Zertin is used for

Zertin is used to treat adults and children aged 3 and over who have hay fever (seasonal allergic rhinitis), year round allergies such as dust or pet allergies (perennial allergic rhinitis) and hives of allergic origin.

How Zertin works

Cetirizine is an antihistamine that reduces the natural chemical histamine in the body. It works by blocking histamine - the chemical that causes the symptoms of allergies in your body. Histamine can produce symptoms of sneezing, itching, watery eyes, and runny nose.

Before you take Zertin

- When you must not take it

Do not take this medicine and tell your doctor if:

- you are allergic (hypersensitive) to cetirizine dihydrochloride or any of the other ingredients in this medicine.
- you are allergic to similar medicine.
- you are breast-feeding
- you have severe kidney impairment (creatinine clearance less than 10 ml/min).

- Before you start to use it

Check with your pharmacist before taking Zertin if:

- You have problems with your kidneys
- You have risk of urinary retention (eg: spinal cord lesion, enlarged prostate)

- You suffer from epilepsy or are at risk of having it
- You want to use for children less than 2 years of age.

If you are pregnant or trying to become pregnant ask your pharmacist for advice before taking Zertin

As with other medicines, avoid the use of cetirizine in pregnancy, especially during the first trimester.

Zertin contains sugar including lactose . If you have been told that you have an intolerance to some sugars, contact your doctor before taking this medicine.

- Taking other medicines

Tell your doctor if you are taking any other medicines, including any that you buy without a prescription from a pharmacy, supermarket or health food shop.

How to use Zertin

- How much to take

Adults:

10mg once daily

Children > 6 years

10mg daily, either 5mg twice daily or 10mg once daily

Children 3-6 years

5mg daily, either 2.5mg twice daily or 5mg once daily

People with kidney impairment

Dosage should be reduced to half the daily dose.

- When to take it

Take once or twice daily or follow your doctor or pharmacist advice.

- How long to take it

Follow your doctor or pharmacist Advice on how long you can take this medicine.

- If you forget to take it

Take the missed dose as soon as you remember. If it is almost time for your next dose, wait until then to take the medicine and skip the missed dose. Do

not take a double dose to make up for the missed dose.

- If you take too much (Overdose)

Contact your doctor immediately or go to the Emergency Department of your nearest hospital, if you or anyone else may have use too much of this medicine. Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention Drowsiness can be a symptom of overdosage. In children agitation can occur.

While you are using Zertin

- Things you must do

- Take your medicine exactly as your doctor has told you.
- Avoid alcoholic drink while you are taking this medicine.
- If you do not feel better within a few days, consult your doctor.
- Tell all the doctors, dentists and pharmacists treating you that you are taking Zertin.
- Tell your doctor immediately if you become pregnant while taking this medication.

If you have any other questions about taking this medicine, ask your pharmacist.

- Things you must not do

Do not stop taking the medicine unless advised by your doctor.

Do not take any new medicines without consulting your doctor.

Do not give Zertin to anyone else, even if they have the same symptoms or condition as you.

- Things to be careful of

- If you are due to have an allergy test, ask your doctor if you should stop taking Zertin for several days before testing. This medicine may affect your allergy test results.
- Some people have reported that they feel drowsy or dizzy while they are taking Zertin
If you are affected do not drive or use machines.

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Side effects

There have been occasionally reports of mild and transient side effects such as headache, dizziness, drowsiness, agitation, dry mouth, gastrointestinal discomfort, and hypersensitivity.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Monitoring by visiting the website npdra.gov.my [Consumers → Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)].

Storage and Disposal of Zertin

- Storage

Store in a cool dry place below 30 °C. Protect from light. Keep the container tightly closed. Keep out of reach of children.

- Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

Product Description

- What it looks like

Zertin Oral solution

Clear, colourless to slightly yellow fruity flavoured syrup

Zertin Tablet

White to off-white, oblong shaped film coated tablets with a score on one side.

- Ingredients

- Active ingredient

Cetirizine dihydrochloride

- Inactive ingredients

Zertin oral solution

Propylene glycol

Refined sugar

Glycerin

Methylparaben

Propylparaben

Sodium acetate

Glacial Acetic acid

Peach Flavour

Purified water

Zertin Tablet

Colloidal silicone dioxide

Corn starch

Hydroxypropyl methylcellulose

Polyethylene glycol

Sodium starch Glycolate

Talc

Isopropyl alcohol

Titanium dioxide

Lactose monohydrate

Magnesium stearate

Povidone k30

Propylene Glycol

Purified water.

- MAL Numbers

Zertin Oral Solution:

MAL20034215AZ

Zertin Tablet

MAL20040800AZ

Manufacturer

Noripharma Sdn. Bhd.,
Lot 5030, Jalan Teratai,
5 1/2 Mile Off Jalan Meru,
41050 Klang,
Selangor Darul Ehsan, Malaysia

Product Registration Holder

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