

LIVE-WELL® MECOMIN FORTE TABLET

Mecobalamin (500mcg), Vitamin B1 (Thiamine) (100mg), Vitamin B6 (Pyridoxine) (200mg)

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What Live-well® Mecomin Forte used for

Live-well® Mecomin Forte is used for the treatment of nerve pain, numbness, tingling, burning sensation, loss of feeling and paralysis due to diabetes-related peripheral neuropathies such as diabetic nerve damage and polyneuritis (inflammation of multiple nerves).

How Live-well® Mecomin Forte works

Live-well® Mecomin Forte is a combination of the 3 essential neurotropic vitamin B groups B1 (Thiamine), B6 (Pyridoxine) and Mecobalamin. They are indispensable to normal nerve cell metabolism. Vitamin B1 is involved in carbohydrate metabolism and in nerve transmission. Vitamin B6 has analgesic properties and is also required for the formation of haemoglobin. Mecobalamin works to repair damaged nerve tissue in nerve disorder such as degeneration of nerve cells (axonal degeneration) and damaged insulating layer that forms around nerves (demyelination) which heals damaged nerves and protects

against nerve damage to prevent both onset and recurrence of diabetes-related nerve damage.

Before you use Live-well® Mecomin Forte

- When you must not use it

Do not take Live-well® Mecomin Forte if you are hypersensitive to any component of a vitamin B containing product.

- Pregnancy and lactation

Consult your doctor or pharmacist before taking this product.

- Before you start use it

Read the product instructions and the leaflet carefully to understand how this medication to be taken.

- Taking other medicines

Consult a doctor or pharmacist if you are taking neomycin, animosalicylic acid, histamine H2-antagonists, and colchicine as the absorption of Mecobalamin from the gastrointestinal tract may be reduced. Serum concentrations may be decreased by concurrent use of oral contraceptives.

Pyridoxine reduces the effects of levodopa, but this does not occur if a dopa decarboxylase inhibitor is also given. Pyridoxine reduces the activity of altretamine. It has also been reported to decrease serum concentrations of Phenobarbital and phenytoin. Many drugs may increase the requirement of pyridoxine; such drugs include hydralazine, isoniazid, penicillamine, and oral contraceptives.

How to use Live-well® Mecomin Forte

- How much to use

Follow all directions given in the leaflet carefully.

If you do not understand the

instructions on the label, ask your doctor and pharmacist for help.

- Adult: Oral administration 1 tablet 3 times a day.

- When to use it

Always swallow the tablet whole with a glass of water.

- How long to use it

As per the dosage recommendation.

- If you forget to use

Take the missed dose as soon as you remember.

- If you use to much (overdose)

There are no reports of thiamin & mecobalamin over dosage in the literature. Elevated doses of pyridoxine (2-6g/day) over an extended period have been associated with the development of a severe sensory neuropathy.

While you are using it

- Things you must do

Take your dose exactly as given in the leaflet.

- Things you must not do

Do not use this product after the expiry date which is stated on the pack after 'EXP'. The expiry date refers to the last day of the month.

- Things to be careful of

- Regular monitoring of the blood is advisable.
- If your occupation requires handling of mercury or its compounds, prolonged use of large doses of mecobalamin is not recommended.

Side effects

Do not be alarmed by this list of possible side effects. You may not

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experience any of them.

- **Gastrointestinal:** Symptoms include anorexia, nausea or diarrhea
- **Dermatological:** Skin rash may occur rarely.
- **Others:** Headache, sweating, hot sensation and hypersensitivity to any component of the tablet.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by visiting the website npra.gov.my [Consumers→ Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)].

Storage and Disposal of Live-well® Mecomine Forte

- Storage

Store in dry place below 30°C. Protect from moisture and light.

- Disposal

Products should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of products no longer required.

These measures will help to protect the environment.

Product Description

- What it looks like

A grey colored round shaped film coated tablet.

- Ingredients:

-Active ingredient:

Mecobalamin 500 mcg, Vitamin B1 (Thiamine) 100 mg and Vitamin B6 (Pyridoxine) 200 mg.

- Inactive ingredient

Microcrystalline Cellulose, Sodium Starch Glycolate, Magnesium Stearate,

Colloidal Silicon Dioxide, Opadry Amb II Grey and purified water.

- MAL number

MALXXXXXXXXX

Manufacturer & Product Registration Holder

Pahang Pharmacy Sdn. Bhd.
Lot 5979 Jalan Teratai
5 ½ Mile off Jalan Meru,
41050 Klang, Selangor, Malaysia

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