

ALFA-D CAPSULE

Alfacalcidol Capsule (0.25mcg, 1.00 mcg)

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What Alfa-D is used for

Alfacalcidol is indicated for condition caused by disturbances in the calcium metabolism as a consequence of reduced production of Vitamin D3.

They are also used to treat the following conditions:

- Chronic kidney disease-mineral and bone disorder.
- Disorders of the parathyroid glands.
- Softening and deformity of the bones due to lack of calcium.
- Low blood calcium in newborn babies.
- Decrease in bone mass and density

How Alfa-D works

It contains alfacalcidol, which is a vitamin D-like substance that promotes the absorption of calcium and phosphate in food from the intestines and reabsorption of calcium in the kidney.

Before you use Alfa-D

- When you must not use it

Do not take Alfa-D if:

- You have too much calcium in your blood (hypercalcaemia).
- You are hypersensitive to alfacalcidol or any of the other inactive ingredients.

If you are pregnant, trying to get pregnant or think you may be pregnant, consult your doctor before talking this medicine.

If you are breastfeeding, consult your doctor before taking this medicine

- Before you start to use it

You must consult a doctor or pharmacist if you:

- Taking other types of medicine called cardiac glycoside, such as digoxin.
- If you have any problem with your kidney.
- Inform your doctor if you are using glycosides or digitalis for your heart problem before taking Alfa-D Capsule.
- Your doctor may need to monitor blood calcium and phosphate level regularly especially if you have kidney problem, receiving high dose or this medicine is used for your child.

- Taking other medicines

Consult a doctor or pharmacist if you are taking:

- Other medicines for antiepileptics, such as carbamazepine, phenobarbital, phenytoin and primidone.
- Rifampicin and isoniazid.
- Corticosteroids.
- Thiazide diuretics, calcium, or phosphate

How to use Alfa-D

- How much to use

Follow all directions given in the insert carefully. They may differ from the information contained in this leaflet. If you do not understand the instructions on the label, ask your doctor or pharmacist for help.

Adults: The usual starting dose is 1mcg once a day. The dose maybe adjusted by increasing

of 0.25-0.5mcg. It is essential that the level of calcium in the blood is monitored. Most people respond to doses between 1 to 3 mcg daily.

If the patients with bone healing, dose may be decreased and general maintenance dose is 0.25 to 1 mcg daily.

Elderly: The starting dose is 0.5mcg once a day.

Children between 5 to 20kg:

The starting dose is 0.05mcg/kg body weight once a day.

Children 20kg and above:

The starting dose is 1mcg daily.

- When to use it

Always swallow the capsules whole with a glass of water.

- How long to use it

As per the dosage recommendation

- If you forget to use it

Take the missed dose as soon as you remember. If it is almost time for your next dose, wait until then to take the dose and skip the missed dose. Do not take a double dose to make up for the missed dose.

- If you use too much (overdose)

Contact your doctor or pharmacist for advice immediately.

Taking too many tablets may cause excessive calcium level (hypercalcaemia).

While you are using it

- Things you must do

Take your dose exactly as given in the leaflet.

Tell all the doctors, dentists and pharmacists that are treating you that you are taking Alfa-D.

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Consult a doctor immediately if you become pregnant while taking Alfa-D.

- Things you must not do
Do not give Alfa-D to anyone else, even if they have the same symptoms or condition as you.

- Things to be careful of
Driving and using machines

This product does not affect your ability to drive or use machines.

Side effects

Like all medicines, Alfacalcidol can cause side effects, although not everybody gets them.

The side effect is too much calcium in the blood.

Visit your doctor or pharmacist immediately if you experience any side effects after taking this Alfa-D.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by calling Tel: 03-78835550, or visiting the website npra.moh.gov.my (Public → Reporting Medicinal Problems / Side Effects / AEFI / Vaccine Safety).

Storage and Disposal of Alfa-D

- Storage
Store in a dry place below 30°C.

- Disposal
Products should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of Alfa-D that is no longer required. These measures will help to protect the environment.

Product Description

- What it looks like
Alfa-D 0.25mcg Capsule:
Two pieces, white, size '2' hard vegetable capsules containing yellowish semisolid mass.

Alfa-D 1.00mcg Capsules:
Two pieces, brick red, size '2' hard vegetable capsules containing yellowish semisolid mass.

- Ingredients
- Active ingredient(s)
Alfacalcidol

- Inactive ingredients
Colloidal Silicon dioxide
Vegetable oil
Vitamin E
Lauroyl polyoxyl-32 glycerides

- MAL number(s):
Alfa-D 0.25mcg Capsules:
MAL10120049X
Alfa-D 1.00mcg Capsules:
MAL09061594X

Manufacturer

PAHANG PHARMACY
SDN.BHD.
Lot 5979, Jalan Teratai, 5 ½
Miles Off, Jalan Meru,
41050 Klang, Selangor Darul
Ehsan.

Product Registration Holder

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SDN.BHD.
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