# TERNAFIN CREAM

Terbinafine Hydrochloride (1% w/w)

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**What Ternafin Cream is used for**

Ternafin Cream is used to treat the topical fungal infections of the nails, groin, feet and body.

**How Ternafin Cream works**

Ternafin Cream is an antifungal, and works by killing the fungi causing your skin problem.

**Before you use Ternafin Cream**

*-When you must not use it*

Do NOT use Ternafin Cream:

- If you are allergic (hypersensitive) to terbinafine hydrochloride or any of the other ingredients of this medicine (listed in Product Description).

*-Before you start to use it*

*Pregnancy and breast-feeding*

If you are pregnant or breast-feeding, think you might be pregnant or are planning to have a baby, ask yourdoctor or pharmacist for advice before using this medicine.

Ternafin cream should not be used during pregnancy unless clearly necessary. Terbinafine is secreted into breast milk and therefore its use in breastfeeding mothers is not recommended. Do not allow infants to come into contact with any treated areas.

*-Taking other medicines*

Tell your doctor or pharmacist if you are using or have recently used or might use any other medicines.

Do not apply other medicinal products on the areas being treated.

**How to use Ternafin Cream**

For external use only

- *How much to use*

Clean and dry the infected area.

Apply a thin layer to the affected skin and surrounding area. In the case of fungal infections affecting two skin areas that may touch or rub together, such as below breast area, between fingers, in folded areas of the body, the application may be covered with gauze strip, especially at night.

*- When to use it*

Apply the cream once or twice daily or as directed by your doctor or pharmacist.

*-How long to use Ternafin Cream*

Apply one to two weeks depending on the type of infections. Consult doctor if there are no signs of improvement after 2 weeks.

Symptoms usually improve within a few days, but treatment must be used regularly and for an adequate length of time.

*-If you forget to use Ternafin Cream*

If you forget an application of the cream, apply it as soon as possible and then carry on as normal. If you only remember at the time of the next application, just apply the usual amount and then carry on as normal. Do not apply a double dose to make up for a forgotten dose.

*-If you use too much of Ternafin Cream (overdose)*

Contact your doctor immediately or seek medical attention if you think you or anyone else may have apply too much of this medicine. If you accidentally ingested a large amount of this medicine, gastrointestinal disturbances such as nausea and vomiting are to be expected.

**While you are using it**

*-Things you must do*

Try to use the cream as indicated and maintain good general hygiene. This is important to get the best results and prevent the infection from returning.

*-Things you must not do*

Do not use it in the mouth or swallow it

*-Things to be careful of*

Avoid contact of the cream with your eyes. If the cream accidentally gets into your eyes, rinse thoroughly with running water. If any discomfort persists, see your doctor

**Side effects**

Occasional redness, itching or stinging. You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by visiting the website http://npra.gov.my/ (Consumer→ Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)).

**Storage and disposal of Ternafin Cream**

*-Storage*

Store in a cool dry place below 30℃.
Protect from light and freezing.
Keep out of reach of children.

*-Disposal*

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

**Product Description**

*-What it looks like*

A white to off-white, smooth cream.

*-Ingredients*

-Active ingredients

Terbinafine hydrochloride.

-Inactive ingredients

Cetostearyl alcohol, Poloxyl 40 stearate, White soft paraffin, methylparaben, Propylparaben, Sodium hydroxide, Propylene glycol and Purified water.

*-MAL Number*

MAL20040748X

**Manufacturer**

Noripharma Sdn. Bhd.
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**Product Registration Holder**

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