

NOVOLAX TABLET

Bisacodyl (5mg)

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What Novolax is used for

Novolax is used:

- for relief of acute and chronic constipation.
- for evacuation of the colon in preparation for the radiologic examination or surgical operation of abdomen.

Novolax is intended for use in adults and children over 4 years of age.

How Novolax works

Novolax coated tablets contain the active substance bisacodyl, a laxative, which acts in stimulation of defecation, reduction of transit time, and softening of the stool. This specifically stimulates the natural evacuation process in the lower region of the gastrointestinal tract. The tablets are effective in 6 to 12 hours.

Before you use Novolax

- When you must not use it
- if you are allergic (hypersensitive) to bisacodyl or any of the other ingredients of Novolax;
- if you have an abdominal condition sudden in onset, such as appendicitis;
- if you have a blocked bowel (intestinal obstruction);
- if you have noticed intestinal bleeding.
- Before you start use it

Prolonged excessive use may lead to fluid and electrolyte imbalance and hypokalemia. Intestinal loss of fluids can promote dehydration which may be harmful and Novolax Tablets should be discontinued and only be restarted under medical supervision. Stimulant laxatives including bisacodyl do not help with weight loss.

- Taking other medicines

Please tell your doctor or pharmacist if you are taking or have recently taken any other medicines, including medicines obtained without a prescription. Use of adrenocorticosteroids or diuretics with Novolax may increase the risk of abnormal concentration of electrolytes in the body which may affect the heart. Concomitant use of other laxatives may enhance the gastrointestinal side effects of bisacodyl.

Important information about some of the ingredients of Novolax

Novolax contains lactose and sucrose. If you have been told by your doctor that you have an intolerance to some sugars, contact your doctor before taking this medicinal product.

How to use Novolax

- How much to use

Short-term treatment for constipation:

Adults and children over 10 years:
1 - 2 coated tablets (5 - 10 mg) daily before bedtime.

Children 4 - 10 years:

1 coated tablet (5 mg) daily before bedtime.

Children aged 10 years or younger with chronic constipation should only be treated under the guidance of a physician. Bisacodyl should not be used in children aged 4 years or younger.

For preparation of diagnostic procedures and preoperatively:

Should only be used under medical supervision.

Adults and children over 10 years:

2 coated tablets (10 mg) in the morning and 2 coated tablets (10 mg) in the evening and 1 suppository (10 mg) on the following morning is recommended.

Children 4-10 years of age:

1 coated tablet (5 mg) in the evening and 1 suppository (5 mg) on the following morning is recommended.

- When to use it

Best in the evening.

If you take your tablets in the evening, you will have a bowel movement within 8 to 12 hours; if you take them before breakfast, you will have a bowel movement in 6 hours.

- How long to use it

As with all laxatives, Novolax should not be taken on a continuous daily basis or for extended periods without investigating the cause of constipation.

- If you forget to use it

Do not take a double dose to make up for a forgotten tablet.

- If you use too much (overdose)

If you have taken more Novolax than you should, consult with your doctor or pharmacist immediately. Overdosage may result in diarrhoea, abdominal cramps and loss of fluid, potassium and other electrolytes. Furthermore, prolonged use may produce chronic diarrhoea, abdominal pain, low potassium level, excess aldosterone hormone production, and kidney stone. Kidney impairment, overly alkaline blood and muscle weakness secondary to low potassium level have also been described in association with chronic laxative abuse. If you have any further questions on the use of this product, ask your doctor or pharmacist.

While you are using it

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- Things you must do

Always take Novolax exactly as your doctor has told you. You should check with your doctor or pharmacist if you are not sure. During treatment with Novolax, sufficient amounts of liquid should be consumed. Swallow the tablets whole with some liquid (not milk).

- Things you must not do

You should not chew or crush the tablets as they may irritate the stomach mucous membrane.

Side effects

Like all medicines, Novolax can cause side effects, although not everybody gets them. The following side effects may happen with this medicine but the most common are abdominal pain and diarrhoea.

Immune system disorders:

- Serious allergic reaction,
- swelling,
- hypersensitivity.

Metabolism and nutrition disorders:

- dehydration.

Nervous system disorders:

- Dizziness, fainting
- Dizziness and syncope (fainting) appear to be consistent with an autonomic neural changes (e.g., to abdominal spasm, defecation).

Gastrointestinal disorders:

- abdominal cramps,
- abdominal pain,
- diarrhoea,
- nausea,
- blood in stool,
- vomiting,
- abdominal discomfort,
- rectal discomfort,
- colon inflammation, including decreased blood flow to the colon.

If any of the side effects gets serious, or if you notice any side effects not listed in this leaflet, please tell your doctor or pharmacist.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by visiting the website nptra.gov.my [Consumers → Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)].

Storage and Disposal of Novolax

- Storage

Keep out of the sight and reach of children.

Do not use your medicine after the expiry date which is stated on the pack after 'EXP'. The expiry date refers to the last day of that month. Do not store above 30 °C.

- Disposal

No special requirements. All the unused product or waste must be destructed in agreement with local regulations.

Product Description

- What it looks like

Brownish yellow, biconvex, round, coated tablets.

- Ingredients

- Active ingredient

The active substance is bisacodyl. Each coated tablet contains 5 mg bisacodyl.

- Inactive ingredients

Tablet core: sucrose, lactose monohydrate, maize starch, gelatine, talc, stearic acid and polyethylene glycol.

Coating: methacrylic acid copolymer Type A, methacrylic acid copolymer Type B, triacetin, talc, sucrose, gum arabic, ferric oxide yellow (E172), Capol 600 Pharma (containing carnauba wax, beeswax and shellac).

- MAL number:

MAL19911904XCZ

Manufacturer

Manufactured for:

KRKA, d.d., Novo mesto, Šmarješka cesta 6, 8501 Novo mesto, Slovenia

Manufactured by:
Farmaceutsko-Hemijska Industrija (FHI) Zdravlje AD, Vlakova 199, 16 000 Leskovac, Serbia

Product Registration Holder

Pahang Pharmacy Sdn. Bhd., Lot 5979, Jalan Teratai, 5 ½ Mile Off Jalan Meru, 41050 Klang, Selangor, Malaysia

Date of revision

10/10/2025

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