

Amdepin Tablet 5mg/10mg

Amlodipine Besylate equivalent to Amlodipine 5mg /Amlodipine Besylate equivalent to Amlodipine 10mg

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What Amdepin is used for

Amlodipine Besilate Tablets belongs to a group of medicines called calcium antagonists.

How Amdepin works

- High blood pressure (hypertension)
- Chest pain due to narrowing of the coronary arteries of the heart muscle (angina pectoris) or the more rare form of chest pain caused by cramping of the coronary arteries of the heart muscle (vasospastic angina)

If you suffer from high blood pressure, Amlodipine Besilate Tablets works by relaxing blood vessels, so that blood passes through them more easily.

If you suffer from angina pectoris, Amlodipine Besilate Tablets works by improving blood supply to the heart which then receives more oxygen and as a result chest pain is prevented. Ask your doctor if you have any questions about why Amlodipine Besilate tablets has been prescribed for you.

This medicine is only available with a doctor's prescription.

Before you take Amdepin

- When you must not use it

Do not take Amlodipine Besilate tablets if:

- You have ever had an allergic reaction to Amlodipine Besilate tablets or other calcium channel blockers. These medicines include felodipine, nifedipine or lercanidipine. Check with your doctor or pharmacist if you are unsure.
- Some of the symptoms of an allergic reaction to Amlodipine Besilate tablets may include a skin rash similar to hives, itchiness, shortness of breath, swelling of the face, lips or tongue.
- You are allergic to any of the ingredients listed at the end of this leaflet.
- Amlodipine Besilate tablets are not recommended for use in children as there have been no studies of its effects in children.
- If you are not sure whether you should be taking Amlodipine Besilate tablets, talk to your doctor.

Do not take Amlodipine Besilate tablets if:

- the packaging shows signs of tampering or does not look quite right.
- the expiry date marked on the packaging has passed, even though the tablets may look alright.
- If it has expired or is damaged, return it to your pharmacist for disposal.

- Before you start to use it

Tell your doctor if:

- You are pregnant or intend to become pregnant while taking Amlodipine Besilate tablets.
- Medicines like Amlodipine Besilate tablets may affect the developing baby if you take it

during pregnancy. Your doctor will discuss the possible risks and benefits of taking Amlodipine Besilate tablets during pregnancy.

- You are breastfeeding or wish to breastfeed.
- Your doctor will discuss the risks and benefits of taking Amlodipine Besilate tablets when breastfeeding.
- You are allergic to any foods, dyes, preservatives or any other medicines.
- You have any health problems, including:
 - heart disease such as heart failure
 - liver problems
 - any other allergies

- Taking other medicines

Tell your doctor if you are taking any other medicines, including medicines you buy without a prescription from a pharmacy, supermarket or health food shop.

Some medicines and Amlodipine Besilate tablets may interfere with each other. Your doctor or pharmacist has a complete list of medicines to be careful with or avoid while taking Amlodipine Besilate tablets.

If you have not told your doctor or pharmacist about these things, tell them before you start taking Amlodipine Besilate tablets.

How to take Amdepin

Take Amlodipine Besilate tablets exactly as your doctor has prescribed.

Follow all directions given to you by your doctor or pharmacist. They may differ from the information contained in this leaflet.

If you do not understand the instructions on the box ask your doctor or pharmacist for help.

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- How much to use

The usual dose of Amlodipine Besilate tablets is one 5 mg tablet each day. Your doctor may increase this to one 10 mg tablet each day.

Your doctor may prescribe another dose of Amlodipine Besilate tablets depending on your condition and how you respond to this medicine.

- When to use it

Swallow the tablet whole with a full glass of water.

Take your tablet at about the same time each day, either morning or evening.

Taking your tablet at the same time each day will have the best effect. It will also help you to remember when to take it.

Amlodipine Besilate tablets can be taken with or without food.

- How long to use it

You must take Amlodipine Besilate tablets every day. Continue taking your medicine for as long as your doctor tells you.

- If you forget to use it

If you miss a dose and it is less than 12 hours from when you should take it, take it straight away, then continue as normal the next day. Otherwise, skip that day's dose but be sure to take the next day's dose when it is due.

Do not take a double dose to make up for the dose that you missed. This may increase the chance of getting an unwanted side effect.

- If you use too much (overdose)

Immediately telephone your doctor or Poisons Information Centre or go to Accident and Emergency (Casualty) at your nearest hospital if you think

you or anyone else may have taken too much Amlodipine Besilate tablets. Do this even if there are no signs of discomfort or poisoning.

You may need urgent medical attention.

If you take too many tablets, you may feel dizzy, lightheaded or faint and have an irregular heartbeat.

While you are using it

- Things you must do

Tell any other doctors, dentists and pharmacists who are treating you that you are taking Amlodipine Besilate tablets.

If you are about to start any new medicine, tell your doctor or pharmacist that you are taking Amlodipine Besilate tablets.

If you become pregnant while taking Amlodipine Besilate tablets tell your doctor immediately.

- Things you must not do

Do not take Amlodipine Besilate tablets to treat any other conditions unless your doctor says to.

Do not give this medicine to anyone else, even if they have the same condition as you.

Things to be careful of

Be careful while driving or operating machinery until you know how Amlodipine Besilate tablets affects you.

Amlodipine Besilate tablets may cause dizziness or drowsiness in some people and affect alertness.

If this occurs, do not drive, operate machinery or do things that could be dangerous if you are not alert.

Side effects

Tell your doctor or pharmacist as soon as possible if you do not feel well while you are taking Amlodipine Besilate tablets.

Amlodipine Besilate tablets helps most people but it may have some unwanted side effects in a few people.

All medicines can have side effects. Sometimes they are serious, most of the time they are not. You may need medical treatment if you get some of the side effects.

Do not be alarmed by the list of possible side effects. You may not experience any of them.

Tell your doctor if you experience any of the following and they worry you:

- swelling of the ankles, feet, face or hands
- headache
- dizziness
- flushing
- palpitations
- tiredness
- drowsiness or sleepiness
- stomach pain or nausea
- indigestion
- unusual tiredness or weakness

These are the more common side effects of Amlodipine Besilate tablets.

Tell your doctor if you experience any of the following:

- muscle cramps or aches
- sexual problems
- swollen gums
- constipation
- weight gain
- sleeplessness
- feeling nervous, depressed or moody
- changes in vision or sight
- loss or thinning of hair
- ringing in the ears

These may or may not be due to Amlodipine Besilate tablets but you should tell your doctor if they worry you.

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Tell your doctor immediately if you notice any of the following:

- changes in heart beat either fast or slow
- chest pain
- dizziness or lightheadedness on standing up from a sitting or lying position
- shortness of breath
- symptoms of allergy such as skin rash and/or itching
- symptoms of liver disease such as itching, yellowing of the skin and eyes, and dark coloured urine

These may be serious side effects that may need urgent medical attention. Serious side effects are rare. This is not a complete list of all possible side effects. Others may occur in some people and there may be some side effects not yet known.

If you notice any other symptoms that worry you, check with your doctor.

Ask your doctor or pharmacist if you don't understand anything in this list.

If you are 65 years or older, you should be especially careful while taking Amlodipine Besilate tablets. Report any side effects promptly to your doctor. Some people in this age group may be more likely to experience side effects such as swelling of the feet and ankles, muscle cramps and dizziness.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by visiting the website npra.gov.my [Consumers → Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)]

Storage and Disposal of Amdepin

- Storage

Keep your tablets in the pack until it is time to take them. If you take your tablets out of the pack they will not keep good as well. Keep your tablets in a cool dry place where temperatures stay below 30°C.

Do not store Amlodipine Besilate tablets or any other medicine in the bathroom or near a sink.

Do not leave your medicines on a window sill or in the car. Heat and dampness can destroy some medicines.

Keep Amlodipine Besilate tablets where children cannot reach it.

A locked cupboard at least one-and-a-half metres above the ground is a good place to store medicines.

- Disposal

If your doctor tells you to stop taking Amlodipine Besilate tablets, or the tablets have passed their expiry date, ask your pharmacist what to do with any left over.

Product Description

- What it looks like

Amdepin Tablets 5mg: White to off white, octagonal shaped, uncoated tablets, debossed with "AM 5" on one side and plain on other side.

Amdepin Tablets 10mg: White to off white, octagonal shaped, uncoated tablets, debossed with "AM 10" on one side and plain on other side.

- Ingredients

- Active ingredient(s)
Amlodipine Besilate

- Inactive ingredients
Mannitol, Microcrystalline Cellulose, Magnesium Stearate, Colloidal Silica Anhydrous, Sodium Starch Glycolate

- Nombor MAL

Amdepin Tablet 5mg:
MAL11090016AZ

Amdepin Tablet 10mg:
MAL11090017AZ

Manufacturer

Cadila Pharmaceuticals Limited,
1389, Dholka – 382225,
District: Ahmedabad, Gujarat
State, India.

Product Registration Holder

Pahang Pharmacy Sdn Bhd
Lot 5979 Jalan Teratai,
5 ½ Mile Off Jalan Meru,
41050 Klang, Selangor,
Malaysia.

Date of revision

November 2022

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