

PREDSONE SYRUP

Prednisolone (3mg/5ml)

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What is Predsone Syrup used for

Predsone is used in the treatment of many different conditions including inflammatory and allergic disorders.

How Predsone Syrup works

Corticosteroids synthetic version of a naturally occurring body hormone called cortisol. This medicine helps to reduce inflammation in your body or suppress your immune system.

Before you use Predsone Syrup

- When you must not use it

Do not use Predsone Syrup if you have allergy to prednisolone or any of the other ingredients in Predsone Syrup

Do not use Predsone Syrup if you have

- Ulceration of the eye
- Fragile bones
- Stomach or intestinal ulcer or mental disorder
- Infections unless treated with medicines

- Before you start to use it

Tell your doctor or pharmacist if you have:

- Diabetes
- Heart or liver failure
- High blood pressure
- Muscle weakness
- Pheochromocytoma (a tumour of the adrenal gland)
- Glaucoma (pressure increased in the eye) or epilepsy

Talk to your doctor before taking Predsone Syrup, if you have systemic sclerosis (an autoimmune disorder).

Taking daily doses of 15mg or more may increase the risk of a serious complication called scleroderma renal crisis which may cause your blood pressure to increase and reduce urination.

- Taking other medicines

You should tell your doctor if you are taking any medicine as it may interact with your Predsone Syrup:

- Phenytoin, phenobarbitone (used to treat seizure)
- Ephedrine (used to treat breathing problem)
- Amphotericin B (antifungal)
- Digitalis glycosides (control heart problems)
- Isoniazid, rifampicin (used to treat or prevent tuberculosis.
- Mitotane (used to treat cancer)
- NSAIDs, salicylates (relieve pain)
- Anticoagulants(prevent blood clots)
- Diabetic medicines
- Estrogens hormone (oral contraceptive)

How to use Predsone Syrup

- How much to use

Dosage requirements are variable and must be individualized on the basis of the disease under treatment and the response of the person.

Adults: 5-60 mg daily in divided doses or as a single daily dose on alternate days. In long term therapy, dosage should be maintained at not more than 7mg whenever possible.

Children: As directed by the physician.

Do not take in more or less than recommended dose.

- When to use

Take exactly as prescribed by your doctor.

- How long to use it

Children: For short term treatment of not more than 2 weeks, as it may lead to growth retardation in children.

When treatment is to be discontinued, the dose should be reduced gradually over a period of several weeks or months depending on the dosage and duration of the therapy.

- If you forget to use it

If you miss a dose of Predsone Syrup, take it as soon as possible. If it is almost time for your next dose, skip the missed dose and go back to your regular dosing schedule. Do not take 2 doses at once.

- If you use too much (overdosage)

Contact your doctor immediately or go to the Emergency Department of your nearest hospital, if you or anyone else may have use too much of this medicine. Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention.

While you are using it

- Things you must do

Avoid alcohol while you are using prednisolone.

- Things you must not do

- Do not stop using the medicine unless advised by your doctor.
- Do not take any new medicines without consulting your doctor.
- Do not give Predsone Syrup to anyone else, even if they have the same symptoms or condition as you.

- Things to be careful of

- Avoid contact with people who have colds or infections as prednisolone may lower the ability of your body to fight infection.
- Tell your doctor if you notice signs and symptoms of infection like:
 - Fever
 - sore throat
 - rash
 - chills.

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- If you have diabetes, Predsone Syrup may affect your blood sugar. Check blood sugar levels closely. Ask your doctor before you change the dose of your diabetes medicine.

Storage and Disposal of Predsone Syrup

- Storage

Store in a dry place below 30°C.
Keep the container tightly closed.
Protect from light.

Pregnancy and breast-feeding:

If you become pregnant, contact your doctor. You will need to discuss the benefits and risks of using Predsone Syrup while you are pregnant.

- Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

Prednisolone is found in breast milk. If you are or will be breast-feeding while you use prednisolone, check with your doctor. Breast feeding during the use of higher doses is not recommended because corticosteroids may cause unwanted effects such as growth suppression.

Product Description

- What it looks like

Colourless to pale yellow coloured clear syrup with fruity flavor.

Side effects

Like all medicines, Predsone Syrup can cause side effects, although not everybody gets them.

- Ingredients

- Active ingredient
Prednisolone

Side effects includes

- fluid and electrolyte disturbance,
- muscle weakness,
- osteoporosis (brittle bone),
- acute pancreas inflammation,
- Cushing's syndrome (weight gain, rounded face, fatty tissue hump between shoulders)

- Inactive ingredients

Refined sugar, Purified water, Sorbitol 70%, Tutti fruity, Citric acid monohydrate, Propylene glycol, Sodium benzoate, Glycerin, Sodium saccharin, Disodium edetate.

- MAL number

MAL06081197AZ

Predsone Syrup can cause growth retardation. So, growth and development of infants and children on prolonged corticosteroids therapy should be carefully observed.

Manufacturer

Noripharma Sdn. Bhd.
Lot 5030, Jalan Teratai,
5 ½ Miles off Jalan Meru
41050 Klang, Selangor, Malaysia

Besides this, other side effects are menstrual irregularities, cataract or glaucoma (visual disturbances), stomach ulcer, increase pressure in brain tissue and also eye nerve swelling.

Product Registration Holder

Pahang Pharmacy Sdn. Bhd.
Lot 5979, Jalan Teratai,
5 ½ Miles off Jalan Meru
41050 Klang, Selangor, Malaysia

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by visiting the website npra.gov.my [Consumers → Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)].

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