

TERNAFIN TABLET

Terbinafine Hydrochloride (250mg)

What is in this leaflet

1. What Ternafin Tablet is used for
2. How Ternafin Tablet Works
3. Before you use Ternafin Tablet
4. How to use Ternafin Tablet
5. While using Ternafin Tablet
6. Side effects
7. Storage and Disposal of Ternafin Tablet
8. Product Description
9. Manufacturer and Product Registration Holder
10. Date of Revision

What Ternafin Tablet is used for

Terbinafine is used to treat fungal infections of the skin and nails. However, it is not suitable for treating a specific skin condition called pityriasis versicolor (discolored patches on skin).

How Ternafin Tablet works

Ternafin Tablet contains active ingredient terbinafine, which belongs to a group of medicines called antifungal medication. Terbinafine works by killing the fungi that cause infections.

Before you use Ternafin Tablet

-When you must not use it

Do not take Ternafin Tablet

- if you are allergic to terbinafine, or any other ingredients of this medicine (listed in Product Description)

-Before you start to use it

Talk to your doctor or pharmacist before taking Ternafin Tablet if

- you have liver or kidney problems

Pregnancy and lactation

If you are pregnant, planning to get pregnant or think you may be pregnant, discuss with your doctor before starting any medicine.

Terbinafine must only be used during pregnancy if the benefits is more than the risks to the fetus.

Terbinafine is secreted into breast milk, hence its use in nursing mothers is not recommended

-Taking other medicines

Tell your doctor if you are taking any other medicines, including any that you buy without a prescription from a pharmacy, supermarket or health food shop

Tell your doctor if you are taking any of the following:

- certain antidepressants
- beta-blockers medication (used for high blood pressure or heart problem)
- monoamine oxidase inhibitors (MAOIs)
- oral contraceptives
- rifampicin (used to treat tuberculosis)
- cimetidine (used in ulcer treatment)
- nortriptyline (used in nerve pain treatment)

How to use Ternafin Tablet

Always take this medicine exactly as your doctor has prescribed you.

-How much to use

Adults, elderly and children weighed above 40kg :
1 tablet to be taken once daily

Children weighing 20-40kg :
Half tablet to be taken once daily

Kidney and liver impairment :
Your doctor might adjust your dose according to your conditions.

-How long to use Ternafin Tablet

Take the medicine for the duration as the doctor recommends.

The treatment period is usually between 2-6 weeks, and may require up to 12 weeks of treatment.

Finish the full course of tablets, even if symptoms resolve earlier.

-If you forget to use Ternafin Tablet

Take the missed dose as soon as you remember. If it is almost time for your next dose, wait until then to take the medicine and skip the missed dose. Do not take a double dose to make up for the missed dose.

-If you use too much of Ternafin Tablet (overdose)

Contact your doctor immediately or go to the Emergency Department of your nearest hospital, if you or anyone else may have use too much of this medicine. Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention. Taking too many tablets may cause headache, nausea, stomach pain, and dizziness.

While you are using it

- Things you must do

Tell all the doctors, dentists and pharmacists treating you that you are using Ternafin Tablet .

Tell your doctor immediately if you become pregnant while using this medication.

Take Ternafin Tablet only with a doctor's prescription.

- Things you must not do

Do not stop using the medicine unless advised by your doctor.

Do not use any new medicines without consulting your doctor or pharmacist.

Do not give Ternafin Tablet to anyone else, even if they have the same symptoms or condition as you.

- Things to be careful of

Driving and using machines

Be careful driving or operating machinery until you know how Ternafin Tablet affects you.

You should have routine blood tests (e.g. liver function, complete blood count) before and during treatment with Ternafin Tablet. Your doctor will advise you about how often you need to have these tests.

If you develop any skin rash, nausea/vomiting, yellowing of eyes/skin, loss of appetite, dark urine, pale stools, or concerning symptoms, see your doctor as soon as possible.

Side effects

Like all medicines, this medicine can cause side effects, although not everybody gets them.

Ternafin Tablet is generally well-tolerated, and side effects are typically mild to moderate and temporary.

Common side effects may include:

- Feeling bloated, loss of appetite, indigestion, nausea, mild stomach pain, diarrhea.
- Headaches
- Rash, hives
- Muscle/joint pains

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Uncommon side effects:

- Loss of taste, but usually resolves after stopping medication

Rare and very rare side effects:

- Liver problems: jaundice, liver inflammation or failure
- Serious skin reactions: Blistering, peeling, hypersensitive to light, severe allergic reactions
- Blood disorders: Low white blood cells, or platelets
- Hair loss

Product Registration Holder

Pahang Pharmacy Sdn. Bhd.
Lot 5979, Jalan Teratai,
5 ½ Miles off Jalan Meru
41050 Klang, Selangor, Malaysia

Date of revision

24/07/2024

Serial Number

NPRA(R4/1)040724/00085

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by visiting the website npa.gov.my (Consumer→ Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)).

Storage and disposal of TernafinTablet

- Storage

Store in a cool dry place below 30°C.

Protect from light

- Disposal

Do not throw away medicines via wastewater or household waste. Ask your pharmacist how to throw away medicines no longer used. These measures will help to protect the environment.

Product Description

- What it looks like

White to off white round tablet with a score on one side.

- Ingredients

Active ingredients

Each tablet contains

Terbinafine hydrochloride equivalent to
Terbinafine 250mg

Inactive ingredients

Sodium starch glycolate, pregelatinised starch, sodium lauryl sulphate, microcrystalline cellulose, corn starch, colloidal silicone dioxide, magnesium stearate and purified water.

-MAL Number

MAL05121149AZ

Manufacturer

Noripharma Sdn. Bhd.

Lot 5030, Jalan Teratai,

5 ½ off Jalan Meru

41050 Klang, Selangor, Malaysia