

# PANACID SUSPENSION

Mefenamic acid (125mg/5ml)

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**What Panacid Suspension is used for**  
Mefenamic acid is a pain reliever and anti-inflammatory medicine. It is used to relieve:

- Headache.
- Osteoarthritis
- Muscle pain
- Injuries
- Toothache
- Pain after surgery
- Pain after childbirth
- Period Pain

## How Panacid Suspension works

Panacid suspension contains Mefenamic acid. Mefenamic acid is a non-steroidal anti-inflammatory drugs (NSAIDs) which works by **blocking an enzyme** in the body called **cyclo-oxygenase (COX)**. This enzyme helps produce natural substances called **prostaglandins**, which cause pain, inflammation, and fever. By reducing prostaglandins, mefenamic acid helps ease these symptoms.

## Before you use Panacid Suspension

### – When you must not use it

Do not take Panacid Suspension if:

- You are allergic to Mefenamic Acid or any other ingredients in these tablets (listed in Product Description)
- If you are suffering from active ulceration or chronic inflammation of stomach and/or intestine.
- If you have kidney or liver impairment.
- If you have bleeding disorder (hypoprothrombinemia)
- If you had allergic reactions to

aspirin or other NSAIDs (medications used to reduce pain, fever and inflammation)

### – Before you start to use it

Tell your doctor if you:

- are elderly
- have a history of stomach or intestinal problems
- have a heart problem or at risk of a heart problem
- have high blood pressure
- have heart failure or fluid retention
- are on blood-thinning medication or steroid medication
- history of severe skin reaction
- have a history of ulcers, alcohol use, or smoking

### *Pregnancy and lactation*

Please consult your doctor or pharmacist if you are pregnant, planning for pregnancy or breast-feeding before using any medicine.

Do not take this medicine if you are pregnant, as it can pass to your baby through the placenta. If you are breastfeeding, a small amount may pass into breast milk, so your doctor will decide whether you should stop the medicine or stop breastfeeding.

### – Taking other medicines

Tell your doctor if you are taking any other medicines, including any that you buy without a prescription from a pharmacy, supermarket or health food shop.

Inform your doctor or pharmacist if you are taking:

- Aspirin (used in heart related problems)
- Warfarin or other blood thinning medications
- Medications for high blood pressure
- Corticosteroid (for inflammation)
- Cyclosporine, tacrolimus (to prevent rejection after organ transplant)
- Medications for diabetes, including insulin
- Lithium (to treat mood disorder)
- Methotrexate (for cancer or autoimmune problems)

## How to use Panacid Suspension

### – How much to use

By mouth (oral use).

*Adults and children 14 years and above:* Take 20 ml (500 mg) for the first dose, then 10 ml (250 mg) every 6 hours if needed. Do not use for more than 1 week.

*For period pain:* Start taking the medicine when bleeding and pain begin. Usually, you only need it for 2 to 3 days.

*Children over 6 months old:* The doctor will decide the right dose based on your child's weight (about 25 mg for every kg of body weight, divided into up to 3 doses a day).

Always use the lowest dose for the shortest time needed.

### – When to use it

Take 3-4 times daily or when necessary or as directed by your doctor or pharmacist.

### – How long to use it

Use Panacid Suspension for as long as doctor recommends.

### – If you forget to use it

Take the missed dose as soon as you remember. If it is almost time for your next dose, wait until then take the medicine and skip the missed dose. Do not take a double dose to make up for the missed dose.

### – If you use too much (overdose)

- Contact your doctor immediately or go to the Emergency Department of your nearest hospital if you think you or anyone else may have taken too much of this medicine. Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention.
- Taking too much Panacid Suspension may cause lack of energy, drowsiness, nausea, vomiting, stomach pain, digestive tract bleeding, high blood pressure, kidney failure, breathing depression, coma, severe allergic reaction,

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seizure, bleeding disorder (hypoprothrombinemia).

## While you are using it

### – *Things you must do*

- Tell all the doctors, dentists and pharmacists treating you that you are taking Panacid Suspension.
- Tell your doctor immediately if you become pregnant while taking this medication.

### – *Things you must not do*

- Do not take any new medicines without consulting your doctor.
- Do not give Panacid Suspension to anyone else, even if they have the same symptoms or condition as you.

### – *Things to be careful of*

If you suffer from a skin rash and blisters during your treatment, inform your doctor immediately.

Stop taking and contact your doctor immediately if you develop severe stomach pain, black stools, vomiting blood, or persistent diarrhoea.

If you are on medicines for high blood pressure, your doctor may need to check your blood pressure more often.

### *Driving and using machines*

This medicine may affect your ability to drive or use machines. If this medicine makes you feel drowsiness, dizziness, fatigue or affect your vision, do not drive or use machines and contact your doctor immediately.

### Side effects

Like all medicines, Panacid Suspension can cause side effects although not everybody gets them. You are advised to consult doctor/pharmacist for further information.

The most common side effects are:

- stomach upset such as diarrhoea, nausea (feeling sick), vomiting, or stomach pain.

Less common but more serious side effects include:

- stomach ulcers or bleeding (black stools or blood in vomit).

- skin reactions such as rashes, itching, or hives.
- asthma attacks in people who are sensitive.

Other side effects (rare):

- feeling sleepy, dizzy, nervous, or having headaches.
- vision or sleep problems.
- pain or irritation in the eyes or ears.
- problems with passing urine (blood in urine, pain when urinating).
- changes in blood cells that may increase risk of infections, bleeding, or bruising.

Very rare but serious skin reactions have been reported (such as blistering or peeling skin). Stop the medicine and see a doctor immediately if this happens.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by visiting the website [npra.gov.my](http://npra.gov.my) [Consumers —> Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)].

## Storage and disposal of Panacid Suspension

### – *Storage*

Store in a dry place below 30°C.

Keep container well closed and protect from light.

Keep out of reach of children

### – *Disposal*

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

## Product description

### – *What it looks like*

Orange coloured suspension with fruity flavour.

### – *Ingredients*

-Active Ingredient:  
Mefenamic Acid

-Inactive Ingredients:

Refined sugar, Xanthan gum,

Tragacanth, Sorbitol, Methylparaben, Propylparaben, Sodium citrate, Citric acid monohydrate, colour sunset yellow, Raspberry flavour and Purified water.

### – *MAL Number*

MAL20040034AZ

### Manufacturer:

NORIPHARMA SDN. BHD.  
Lot 5030, Jalan Teratai,  
5 1/2 Mile off Jalan Meru, 41050 Klang,  
Selangor, Malaysia

### Product Registration Holder

PAHANG PHARMACY SDN BHD  
Lot 5979, Jalan Teratai,  
5 1/2 Mile off Jalan Meru,  
41050 Klang, Selangor, Malaysia

### Date of revision

05/12/2025

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