

RELISPRAY PAIN RELIEF SPRAY®

Cinnamon oil / Camphor / Clove Oil / Eucalyptus Oil / Menthol / Methyl Salicylate / Turpentine oil (0.5% w/w/ 10% w/w / 1% w/w / 6% w/w / 4% w/w / 20%w/w / 10%w/w)

What is in this leaflet

1. What Relispray is used for
2. How Relispray works
3. Before you use Relispray
4. How to use Relispray
5. While you are using it
6. Side effects
7. Storage and Disposal of Relispray
8. Product Description
9. Manufacturer and Product Registration Holder
10. Date of revision

What Relispray is used for

Relispray is used topically for temporary relief of muscular and joints pain.

How Relispray works

This medication contains active ingredients that act on nerve endings thus relieves pain. It also dilates blood vessels that gives rise to the cold sensation and followed with numbing sensation.

Before you use Relispray

- When you must not use it

- Do not use this medicine if you are allergic to active ingredients or any other ingredients of this medicine (listed in Product Description).
- Do not use it on broken or open wound
- Do not use in infants below 2 years of age.

- Before you start use it

Pregnancy and lactation

Please consult your doctor or pharmacist if you are pregnant, planning for pregnancy or breast-feeding before using any medicine.

- Taking other medicines

Tell your doctor if you are taking any other medicines, including any that you buy without a prescription from a pharmacy, supermarket or health food shop.

This product contains methyl salicylate and when applied or rub on to the skin, can be absorbed through the skin into the blood.

Tell your doctor or pharmacist if you are taking warfarin, as excessive

application on to the skin may increase the risk of bleeding.

How to use Relispray

- How much to use

Shake well before each use. Spray a thin layer of the product over the affected skin area. Cover sprayed area with a cloth, to improve effectiveness.

- When to use it

Use 3-4 times daily or as directed by your doctor or pharmacist.

- How long to use it

Use Relispray for the duration that the doctor recommends.

- If you forget to use it

Consult your doctor or pharmacist on what you should do if you forget to use it.

Use the missed dose as soon as you remember. If it is almost time for your next dose, wait until then to use the medicine and skip the missed dose. Do not spray a double dose to make up for the missed dose.

- If you use too much (overdose)

Contact your doctor immediately or go to the Emergency Department of your nearest hospital, if you think you or anyone else may have used too much of this medicine. Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention.

Salicylate intoxication can occur after accidental ingestion or topical application of methyl salicylate under certain conditions.

While you are using it

- Things you must do

Use your medicine exactly as your doctor has told you.

Tell all the doctors, dentists and pharmacists that are treating you that you are using Relispray.

Tell your doctor immediately if you become pregnant while using this medication. Only apply this product as pain relief when necessary.

- Things you must not do

Do not use any new medicines without consulting your doctor or pharmacist.

Do not give Relispray to anyone else, even if they have the same symptoms or condition as you.

Things to be careful of

If reddening of the skin occurs or irritation persists which is non-tolerable then discontinue the use.

It is dangerous to place any camphor containing product into nostril of children. A small amount applied this way may cause immediate collapse. Be careful when older children are treated.

Precaution must be taken while spraying Relispray that the spray does not come in contact with very sensitive skin such as eyelids, lips etc. Avoid contact with eyes or open wounds.

Side effects

Like all medicines, Relispray can cause side effects, although not everybody gets them.

Visit your doctor or pharmacist immediately if you experience any side effects after using this medicine. This medicine may cause:

1. Irritation to the skin
2. Skin allergy
3. Skin to become very sensitive to sunlight or other form of light

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by visiting the website npra.gov.my [(Consumer → Reporting side effects to medicines (ConSERF) or Vaccines (AEFI)].

Storage and Disposal of Relispray**- Storage**

Keep out of the reach and sight of children.

Store below 30°C.

Liquid petroleum gas (propellant) is highly flammable. Thus, do not freeze it. Avoid storage in direct sunlight or heat.

Do not use your medicine after the expiry date which is stated on the pack after 'EXP'. The expiry date refers to the last day of that month.

- Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

Product Description**- What it looks like**

A clear colorless liquid spray with characteristic odour, filled in an aluminum aerosol container equipped with valve.

- Ingredients**- Active ingredient(s)**

- Cinnamon oil
- Camphor
- Clove Oil
- Eucalyptus Oil
- Menthol
- Methyl Salicylate
- Turpentine oil

- Inactive ingredients

- Propylene glycol
- Liquefied petroleum gas
- Isopropyl alcohol

- MAL number:

MAL12020030X

Manufacturer

Midas Care Pharmaceuticals Pvt. Ltd.
B-16, MIDC, Waluj, 431136
India

Product Registration Holder

Pahang Pharmacy Sdn. Bhd.
Lot 5979, Jalan teratai,
5 ^{1/2} Mile off Jalan Meru
41050 Klang, Selangor, Malaysia

Date of revision

27/02/2023

Serial Number

NPRA (R4/1) 050123/ 00001