

CONLAX-10 SUPPOSITORIES

Bisacodyl (10mg)

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What CONLAX-10 Suppositories is used for

CONLAX-10 Suppositories is indicated for patients suffering from constipation. It is also used for preparation of diagnostic procedures, in pre- and postoperative treatment and in conditions which require defecation to be facilitated.

How CONLAX-10 Suppositories works

Bisacodyl is a stimulant laxative. It works by increasing the movement of the intestines, thus helping the stool to come out.

Before you use CONLAX-10 Suppositories

- When you must not use it

Do not use CONLAX-10 Suppositories if you have hypersensitivity to Bisacodyl or any other component of this product.

Do not use CONLAX-10 Suppositories if you have:

- ileus
- intestinal obstruction
- acute abdominal conditions including appendicitis
- acute inflammatory bowel disease
- severe abdominal pain associated with nausea and vomiting
- a tear or crack or ulcer in the anal canal

Pregnancy and lactation

Do not use CONLAX-10 Suppositories if you are pregnant, trying to get pregnant or think you may be pregnant.

Do not use CONLAX-10 Suppositories if you are breast-feeding. Ask your doctor or pharmacist for advice before using any medicine.

As with all medicines, CONLAX-10 Suppositories should not be used during pregnancy, especially the first trimester, and during breast feeding unless the expected benefit is thought to outweigh any possible risk and only on medical advice.

- Before you start to use it

CONLAX-10 Suppositories should not be used for more than five days without investigation of the cause of constipation. Prolonged use may lead to the fluid and electrolyte imbalance.

- Taking other medicines

Tell your doctor if you are using any other medicines, including any that you buy without a prescription from a pharmacy, supermarket or health food shop.

Tell your doctor if you are particularly taking:

- Diuretics or water pills, used in high blood pressure and other conditions
- Adreno-corticosteroids

How to use CONLAX-10 Suppositories

- How much to use

Follow all directions given to you by your doctor and pharmacist carefully. They may differ from the information contained in this leaflet. If you do not understand the instructions on the label, ask your doctor or pharmacist for help.

Short term treatment of constipation:

Adults and children over 10 years: One CONLAX-10 suppository daily.

Children aged 10 years or younger with chronic or persistent constipation should only be treated under the guidance of physician.

For preparation of Diagnostic procedures and Pre or Post-Operative treatment:

Should be used only under medical supervision.

Adults and Children over 10 years: One CONLAX 10 Suppository daily.

To be administered on the following morning for the complete evacuation of intestine.

How to insert the suppositories

- Empty your bowels before inserting a suppository.
- Wash your hands.
- Take out the strip of suppositories and tear off one along the perforation.
- Then take the suppository out of the plastic wrapping by pulling back the loose end.



- Lie on one side with your knees pulled up towards your chest.
- Gently push the suppository pointed end first into your back passage (rectum) with your finger. Push the suppository in as far as possible as shown in the diagram.
- Lower your legs and, if possible, stay still for a few minutes.
- If you feel as if you need to push the suppository out, try to resist this by lying still with your buttocks pressed together. It is important to keep the suppository in the rectum to allow it to melt and the medicine to be absorbed. Pushing the suppository high into the rectum with your finger will help to reduce this feeling.
- Wash your hands.

- When to use it

Use as directed by your doctor or pharmacist.

- How long to use it

Continue using CONLAX-10 Suppositories for as long as your doctor recommends.

- If you forget to use it

Consult your doctor or pharmacist on what you should do if you forget to use it.

Use the missed dose as soon as you remember. If it is almost time for your next dose, wait until then to use the medicine and skip the missed dose. Do not use a double dose to make up for the missed dose.

- If you use too much (overdose)

Contact your doctor immediately or go to the Emergency Department of your nearest hospital, if you think you or anyone else may have used too much of this medicine. Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention.

Using too many suppositories may cause watery stools (diarrhea), abdominal cramps and a significant loss of fluid, potassium and other electrolytes.

While you are using it

- Things you must do

Use your medicine exactly as your doctor has told you.

Tell all the doctors, dentists and pharmacists treating you that you are using CONLAX-10 Suppositories.

Tell your doctor immediately if you become pregnant while using this medication.

- Things you must not do

Do not stop using the medicine unless advised by your doctor.

Do not use any new medicines without consulting your doctor.

Do not give CONLAX-10 Suppositories to anyone else, even if they have the same symptoms or condition as you.

- Things to be careful of

Driving and using machines

This medicine may affect your ability to drive or use machines. If the suppositories make you feel sick, dizzy or tired, or give you a headache, do not drive or use machines and contact your doctor immediately.

Side effects

Like all medicines, CONLAX-10 Suppositories can cause side effects, although not everybody gets them.

Visit your doctor or pharmacist immediately if you experience any side effects after using this medicine.

The use of CONLAX-10 Suppositories may cause:

- Rectal irritation
- Abdominal discomfort such as colic or cramps
- Diarrhea with prolonged use
- Hypersensitivity reactions including swelling of the lower layer of skin and tissue and severe allergic reactions.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by calling Tel: 03-78835549, or visiting the website npra.moh.gov.my (Public → Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)).

Storage and Disposal of CONLAX-10 Suppositories

- Storage

Keep out of the reach and sight of children.

Store in a dry place, below 30°C. Protect from light.

- Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

Product Description

- What it looks like

A white opaque bullet shaped Suppository.

- Ingredients

- Active ingredient(s)
Bisacodyl BP 10mg

- Inactive ingredients
Witepsol H15

- MAL number(s):

MAL17075024XZ

Manufacturer

Bliss GVS Pharma Ltd
Plot No. 11, survey No. 38/1, Dewan Udyog, Nagar, Aliyali Village, Palghar, Dist. Thane, Maharashtra, 401404, INDIA.

Product Registration Holder

Unimed Sdn. Bhd.
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Date of revision

24/09/2018