

ZYLTAN 50

Losartan potassium tablets USP 50 mg

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What Zyltan 50 is used for

Zyltan lowers high blood pressure, which doctors call hypertension. It is also used to slow the progression of kidney disease in people who have type 2 diabetes mellitus with protein in their urine.

How Zyltan 50 works

Zyltan belongs to a group of medicines, called angiotensin II receptor antagonists. It works to lower your blood pressure by relaxing your blood vessels. In addition, it slows the progression of kidney disease in people who have type 2 diabetes mellitus with protein in the urine.

Before you use Zyltan 50

- When you must not use it

Do not take Zyltan 50 if:

- You are pregnant or breast-feeding.
- You have an allergy to Zyltan or any ingredients of it.
- The packaging is torn or shows signs of tampering.
- The expiry date on the pack has passed.

- Before you start use it

Tell your doctor if:

- You intend to become pregnant or plan to breast-feed.
- You have had any medical conditions. You have recently had excessive vomiting or diarrhoea.
- You have any allergies to any other medicines or any other substances. If you have not told your doctor about any of the above, tell them before you take Zyltan.

- Taking other medicines

Tell your doctor if you are taking any other medicines, including medicines that you buy without a prescription. Your doctor or pharmacist has more information on medicines to be careful with or avoid while taking Zyltan.

How to use Zyltan 50

- How much to use

Your doctor will tell you how many tablets you need to take each day. This depends on your condition and whether you are taking other medicines.

Treatment usually starts with 50mg once a day. The maximum blood pressure lowering effect should be reached 3-6 weeks after beginning treatment. In some patients the dose may later be increased to 100 mg once daily. If you have the impression that the effect of losartan is too strong or too weak, please talk to your doctor or pharmacist.

- When to use it

Take your Zyltan at about the same time each day, it will have the best effect and also help you remember when to take it.

- How long to use it

Zyltan helps control your high blood pressure, but does not cure it. Therefore Zyltan must be taken every day as long as your doctor prescribes.

- If you forget to use it

If it is almost time for your next dose, skip the dose you missed and take your next dose. Otherwise, take it as soon as you remember, and then go back to taking your tablet(s) as you would normally. Do not take a double dose to make up for the dose that you missed.

- If you use too much (overdose)

Immediately telephone your doctor or Poisons Information Centre, or go at your nearest hospital, do this even if there are no signs of discomfort or poisoning. If you take too many tablets, you will probably feel light-headed or dizzy.

While you are using it

- Things you must do

Tell your doctor if you become pregnant while taking Zyltan. If you are about to be started on any new medicine, tell your doctor and pharmacist that you are taking Zyltan.

If you feel light-headed, dizzy or faint, get up slowly when getting out of bed or standing up, talk to your doctor.

Make sure you drink enough water during exercise and hot weather when you are taking Zyltan, especially if you sweat a lot. If you have excessive vomiting and/or diarrhoea while taking Zyltan, tell your doctor. Go to your doctor regularly for a check-up.

- Things you must not do

Do not take more than the recommended dose unless your doctor tells you to.

Do not give Zyltan to anyone else, even if they have the same condition as you.

- Things to be careful of

Discontinue use if irritation or sensitivity reaction develops.

Be careful driving or operating machinery until you know how Zyltan affects you. Some self-help measures may help your condition like alcohol, diet, exercise, salt, smoking and weight. Talk to your doctor or pharmacist about these measures and for more information.

Side effects

Like all medicines, Zyltan 50 can cause side effects although not everybody gets them. Tell your doctor immediately if you experience any of the following symptoms after taking this medicine as the symptoms can be severe.

- Dizziness
- Cough
- Lightheadedness
- Tiredness or weakness
- Spinning sensation
- Generally feeling unwell
- Increased sensitivity of the skin to sun

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- Inability to get or maintain an erection
- Swelling of the face, lips, mouth, tongue or throat which may cause difficulty in swallowing or breathing
- Severe and sudden onset of pinkish, itchy swellings on the skin, also called hives or nettle rash.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by visiting the website npa.moh.gov.my (Consumers → Reporting Side Effects to Medicine (ConSERF) or Vaccines (AEFI))

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Product Registration Holder

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Date of revision

29/11/2022

Serial Number

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Storage and Disposal of Zyltan 50

- Storage

Store below 30°C, Protected from light.

- Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

Product Description

- What it looks like

White coloured, oblong shaped film coated tablet having a breakline on one side.

- Ingredients

- Active ingredient

Losartan potassium tablets 50 mg

- Inactive ingredients

Microcrystalline Cellulose (Comp. Grade), Sodium Starch Glycolate, Croscarmellose Sodium, Colloidal Silicon Dioxide, Talc, Magnesium Stearate, Ethyl Cellulose, Hydroxy Propyl Methyl Cellulose 2910 (E15), Isopropyl Alcohol, Methylene Chloride, Propylene Glycol, Titanium Dioxide.

- MAL number(s):

MAL13065043AZ

Manufacturer