

ELECTRAL (Oral Rehydration Salts BP 4.4 g)

Potassium chloride, Sodium chloride, Anhydrous glucose, Sodium citrate (0.3 g, 0.52 g, 2.7 g, 0.58 g)

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What Electral 4.4g is used for?

It can be used to relieve short term (acute) diarrhoea and replace lost salts and fluids, in order to prevent dehydration.

How Electral 4.4g works

Electral 4.4g contains Glucose and various salts which belong to a group of medicines called oral electrolytes which act to replace lost fluids and salts.

Before you use Electral 4.4g

- When you must not use it

Do not take Electral 4.4g if:

- You have severe dehydration and continued vomiting.
- You are allergic or hypersensitive to any of the ingredients of Electral 4.4g.
- You have a partial or full blockage (obstruction) of the bowel.
- You have liver or kidney disease

- Before you start use it.

Tell your pharmacist or doctor if you are using any other oral rehydration salts.

This medicine contains glucose, which is a type of sugar. If you have been told by your doctor that you cannot tolerate or digest some sugars, talk to your doctor before taking this medicine.

Pregnancy and lactation

Ask your doctor or pharmacist for advice before taking this medicine if you are pregnant or breast-feeding. This includes if you are planning to get pregnant or think you might be pregnant.

- Taking other medicines

This medicine is not expected to affect any other medicines that you may be taking.

If you are unsure about interactions with any medicines, talk to your pharmacist. This includes medicines prescribed by your doctor and medicine you have bought for yourself, including herbal and homeopathic remedies.

How to use Electral 4.4g

Always use Electral 4.4g exactly as your doctor or pharmacist has told you.

Check the sachet is not broken before use. If it is, do not take the sachet.

Preparing this medicine

1. Mix the contents of each sachet with 200 ml (seven fluid ounces) of fresh drinking water. For infants use only freshly boiled and cooled water at all times.
2. For adults when fresh drinking water is not available use freshly boiled and cooled water.
3. Prepare the sachet only as needed and drink within one hour once made up.
4. Only use water to make up the contents of the sachet. Make sure you use the right amount of water (i.e. 200 ml for one sachet, 400 ml for two sachets). This is to make sure the salt and water can be absorbed into the body correctly.
5. Drink the solution.

- How much to use

Adults and childrens over 12 years of age:

Take one or two sachets and dissolved in water.

Childrens:

Take one sachet and dissolved in water.

Infants:

Do not give this medicine unless a doctor tells you to. Follow your doctors' instructions and ask your pharmacist if you need more information.

If needed stop all solid and liquid feeds. Over the first 24 hours give one

to one and a half times the normal feed volume that your baby takes at each feed.

For breastfeeding infants, give this medicine at normal feed times only.

- When to use it

Use as directed by your doctor or pharmacist.

- How long to use it

Consult with your doctor or pharmacist for the treatment period.

- If you forget to use it

Do not take the double dose to make up for a forgotten dose. Take the next dose when you need to.

- If you use too much (overdose)

Electral 4.4g is not normally harmful if you take more than you should. However, if large amounts are taken, you should talk to your doctor or go to the hospital straight away. This is particularly important if it is child or baby or if you have severe liver or kidney problems. Take the medicine pack with you.

While you are using it

- Things you must do

If you are about to start taking on any other new medicine, tell your pharmacist or doctor that you are taking Electral 4.4g.

- Things you must not do

Do not take more than the recommended dose unless your doctor tells you to.

Do not use more or less than 200 ml of water. If you do the drink will become too weak or too strong. It will not work as well. You may also upset the balance of salts in your body.

- Things to be careful of

Discontinue use if irritation or sensitivity reaction develops.

If symptoms persist for more than 24 to 48 hours, you should talk to your doctor or pharmacist as other treatment may be needed. Severe and persistent diarrhoea and/or sickness should be treated under medical supervision.

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Side effects

Like all medicines, Electral 4.4g can cause side effects although not everybody gets them. Tell your doctor immediately if you experience any of the following symptoms after taking this medicine as the symptoms can be severe.

- Vomiting
- Overhydration
- High blood potassium

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by visiting the website npra.gov.my [Consumers → Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)]

Storage and Disposal of Electral 4.4g

- Storage

Store in dry place below 30°C

Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

Product Description

- What it looks like

It is a off white granular powder having orange like aroma, solution in water gives sweet, sour taste.

- Ingredients

- Active ingredient

Potassium chloride, Sodium chloride, anhydrous glucose, Sodium citrate

- Inactive ingredients

Anhydrous Citric Acid, Orange flavor, Sucralose

- **MAL Number : MAL23116024XZ**

Product Registration Holder

Unimed Sdn Bhd

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Date of revision

30/06/2025

Serial Number

NPRA (R2) 23/139

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