

ASCAZIN CAPSULES

Zinc Sulphate (50.96mg)

What is in this leaflet

1. What Ascazin is used for
2. How Ascazin works
3. Before you use Ascazin
4. How to use Ascazin
5. While you are using it
6. Side effects
7. Storage and Disposal of Ascazin
8. Product Description
9. Manufacturer and Product Registration Holder
10. Date of revision

What Ascazin is used for

Zinc sulphate is a mineral supplement for the treatment of zinc deficiency.

How Ascazin works

Zinc is an essential trace element involved in many enzyme systems. It is also required to maintain structure in nucleic acids, proteins, and cell membranes. Physiological functions that are zinc dependent include cell growth and division, sexual maturation and reproduction, dark adaptation and night vision, wound-healing, host immunity, taste sensitivity, and possibly sensitivity with smell.

Before you use Ascazin

- When you must not use it

Do not use Ascazin if you are hypersensitive to zinc sulphate or any of the other ingredients listed at the end of the leaflet.

Pregnancy and lactation

Ask your doctor or pharmacist for advice before using Ascazin if you are pregnant or are breastfeeding.

- Before you start to use it

Let your doctor know if you have kidney problems or on dialysis..

Taking other medicines

Tell your doctor if you are taking any other medicines, including any that you buy without a prescription from a pharmacy, supermarket or health food shop.

The absorption of zinc may be reduced by iron supplements, penicillamine, phosphorus-containing preparations, and tetracyclines. Zinc supplements reduce the absorption of copper,

fluoroquinolones, iron, penicillamine, and tetracyclines.

How to use Ascazin

- How much to use

For adults

One Capsule, once to three times daily after meals.

For children

More than 30kg: One Capsule, once to three times daily after meals.

- When to use it

Use as directed by your doctor or pharmacist.

- How long to use it

Ask your doctor or pharmacist how long you should take this medicine.

- If you forget to use it

Talk to your doctor or pharmacist if you forget to use it.

If it is almost time for your next dose, wait and take the next dose.

Do not take a double dose to make up for the missed dose.

- If you use too much (overdose)

If you have taken too many capsules, contact your nearest hospital emergency department or doctor immediately. Take this leaflet and any remaining capsules with you to show the doctor.

Zinc sulphate is corrosive in overdosage. Symptoms of overdosage include;

- Corrosion and inflammation of the mucous membrane of the mouth and stomach
- Ulceration of the stomach followed by perforation may occur

Gastric lavage and emesis should be avoided. Demulcents such as milk

should be given. Chelating agents such as sodium calcium edetate may be useful.

While you are using it

- Things you must do

Tell all the doctors and pharmacists treating you that you are taking Ascazin.

- Things you must not do

Do not give Ascazin to anyone else, even if they have the same symptoms or condition as you.

- Things to be careful of

Tell your doctor immediately if you become pregnant while taking this medication.

Side effects

Like all medicines, Ascazin can cause side effects, although not everybody gets them.

See your doctor or pharmacist immediately if you experience any side effects while taking this medicine, even if not listed here. The most common adverse reactions are

- gastrointestinal
- nausea,
- vomiting and
- gastrointestinal discomfort

Other adverse reactions include

- a metallic taste
- headache
- drowsiness

Long intake of high doses of zinc can lead to

- copper deficiency
- hypochromic, microcytic anemia secondary to zinc-induced copper deficiency

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by visiting the website npra.gov.my [Consumer →

Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)].

Serial Number
NPRA(R4/1)200919/00266

Storage and Disposal of Ascazin

- Storage

Store in a dry place below 30°C, and protect from light.

Keep out of the reach and sight of children.

Do not use Ascazin after the date printed as “EXP”, even if it has been stored properly.

- Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

Product Description

- What it looks like

Black / Orange coloured '0' size hard gelatin capsules containing white powder.

- Ingredients

- Active ingredient
Zinc Sulphate Monohydrate USP
140 mg, equivalent to Elemental Zinc 50.96 mg
- Other ingredients
Lactose BP
Colloidal Silicon Dioxide BP
- MAL number(s):
MAL08082457X

Manufacturer

Apex Laboratories Limited
B-23, SIDCO Pharmaceutical Complex,
603 110 India.

Product Registration Holder

Unimed Sdn Bhd
NO.53, Jalan Tembaga SD 5/2B,
Bandar Sri Damansara,
52200, Kuala Lumpur,
Malaysia.

Date of revision

13/10/2020