

Myonit Insta Sublingual Tablets USP 0.5mg

Nitroglycerin 0.5mg

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What MYONIT INSTA is used for

Nitroglycerin is used to:-

- Improve blood flow in heart (widening of blood vessels).
- Prevent or treat chest pain and discomfort caused by heart muscle spasm (angina pectoris) or heart failure.

How MYONIT INSTA works

Myonit Insta tablet contains 0.5mg of nitroglycerin.

It relaxes muscles surrounding blood vessels (arteries and veins) of the heart. This reduces heart constrain by making it easier to pump blood.

Before you use MYONIT INSTA

- When you must not use it

Do not use MYONIT INSTA:

- If you have known allergic reaction to Nitroglycerin or any other ingredient of Myonit Insta.
- You have anemia, head trauma, bleeding in the brain or closed angle glaucoma (an eye problem)
- You have coronary thrombosis (blood clot inside heart blood vessel)
- You are taking medicines for erectile dysfunction, like sildenafil
- If you have Phenylketonuria (disorder that causes phenylalanine to build up in the body), do not use this product, as it contains aspartame.

- Before you start to use it

Tell your doctor or pharmacist if you:

- Are allergic to nitroglycerin, nitrates or any ingredients in the tablet.

- have severe liver or kidney problem
- have hypothyroidism (underproduction of thyroid hormone)
- Have had a recent heart attack or any heart problem.
- Not recommended for genetically inherited metabolic (phenylketonuria) due to the substance aspartame.

- Taking other medicines

Please tell your doctor if you are taking or have recently taken any other medicines, including medicines obtained without prescription especially:

- Medicine used to treat erectile dysfunction, Sildenafil (Viagra).
- Medicines used to lower high blood pressure (Beta-adrenergic blockers or phenothiazines and nitrates).

How to use MYONIT INSTA

- How much to use

You must take MYONIT INSTA tablet exactly as what your doctor had told you. Check with your doctor if you are not sure. Do not swallow or chew the tablets.

Doses:

Adult: 1 tablet should be placed under the tongue and allowed to dissolve slowly. This dose should be repeated if symptoms are not relieved in 5 minutes. If pain persists after a total of 3 doses in 15 minutes you should see the doctor immediately. Your doctor will change the dose to suit your condition. If you notice your tablets are not working or relieving pain. If you need to take extra than normal, ask the doctor for advice.

- When to use it

Use Myonit Insta tablet during the first chest pain. Your doctor may also advise you to use Myonit Insta just before doing exercise or in a stressful situation to stop you getting an angina attack.

- How long to use it

After taking Myonit Insta you should feel relief of your chest pain or any discomfort within a few minutes. When this has achieved you may spit out any of the tablet which remains in your mouth to avoid side effect such as

headache. Only stop taking this medicine on the advice of your doctor or pharmacist.

- If you forget to use it

Myonit Insta is only used when needed. Thus, you may not be on a dosing schedule. If you need to use the medication regularly, use the missed dose as soon as you remember. If your next dose is less than 2 hours, then don't take the missed dose. Use the medicine as per your regular scheduled time. Do not add up the next medicine with the missed dose.

- If you use too much (overdose)

Contact your doctor immediately or go to the Emergency Department of your nearest hospital, if you think you or anyone else may have use too much of this medicine. Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention.

Taking too many tablets may cause the symptoms such as Bluish skin, clammy skin, colic, coma, confusion, diarrhoea (may be bloody), difficult and/or slow breathing, dizziness, fainting, fever, flushed skin, persistent, throbbing headache, increased pressure within the skull, irregular pulse, loss of appetite, nausea, palpitations (an abnormally rapid throbbing or fluttering of the heart), paralysis, rapid decrease in blood pressure, seizures, slow or fast pulse/ heartbeat, sweating, vertigo, visual disturbances.

While you are using Myonit Insta

Things you must do

Myonit Insta tablet must always be with you at all times. Tell your doctor or pharmacist that you are taking Myonit Insta if you need to take other new medications. Tell your doctor if you are pregnant or breast feeding. Tell your doctor if for any reason, you have not taken your tablets exactly as been prescribed. Tell your doctor or pharmacist if you are pregnant or breast feeding.

- Things you must not do

Do not stop taking Myonit Insta, or change the dose without telling your doctor. Do not give this medicine to anyone else, even his or her symptoms seems similar to yours. Do not take

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Myonit Insta to treat any other illness unless your doctor had allowed you to do so.

- Things to be careful of

Driving and using machines

As Myonit Insta can cause dizziness, you should make sure they are not affected before driving or operating machinery. This effect appears to be accentuated by alcohol.

Side effects

Like all medicines, Myonit Insta tablets may cause side effects, although it may not happen to every individual. Please tell your doctor if you notice any of the following effects or other effects not listed.

- Face flushing
- Dizziness
- A fast or abnormal heart rate
- Throbbing headache

Under Large dose

- Vomiting
- Restlessness
- Blurred vision
- Low blood pressure (hypotension)
- Syncope (fainting)
- Blood disorder
- Shortness of breath
- A slow or abnormal heart rate

Rare side effect

- Cyanosis (a bluish –purple hue to the skin).

You may report any side effects or adverse drug reactions directly to The National Centre for Adverse Drug Reaction Monitoring by visiting the website npra.moh.gov.my (Consumers→ Reporting →Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)).

Storage and Disposal of MYONIT INSTA

- Storage

Keep out of the reach and sight of children. Store below 30°C, protected from light and moisture.

Tablets should be stored in the original container which should be kept tightly closed.

- Disposal

Medicines should not be disposed via waste water or household waste. Ask your doctor or pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

Product Description

- What it looks like

Myonit Insta is a white coloured, round shaped flat uncoated tablets with beveled edges.

- Ingredients

Active ingredient

Diluted Nitroglycerin USP equivalent to Nitroglycerin 0.5mg.

Inactive ingredients

Microcrystalline Cellulose, Mannitol, Aspartame, Magnesium Stearate and Sodium Starch Glycollate.

MAL number(s):

MAL09051570AZ

Manufacturer

Troikaa Pharmaceuticals Ltd.
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Product Registration Holder

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Date of revision

09/02/2026

Serial number:

NPRA(R2/2)211005/763