

# CIN CAO GAO CAP TAI CHI

Methyl Salicylate 32% w/w, Menthol 10% w/w, Camphor 3% w/w

## What is in this leaflet

1. What Cin Cao Gao is used for
2. How Cin Cao Gao works
3. Before you use Cin Cao Gao
4. How to use Cin Cao Gao
5. While you are using it
6. Side effects
7. Storage and Disposal of Cin Cao Gao
8. Product Description
9. Manufacturer and Product Registration Holder
10. Date of revision
11. Serial Number

## What Cin Cao Gao is used for

It is used to relieve muscular pain and joint pain associated with rheumatism.

## How Cin Cao Gao works

Methyl salicylate, menthol and camphor are external analgesics which stimulate sensation of warmth and/ or cold. This produces a counter irritant response which provides temporary relief of minor aches and pains of muscles and joints associated with backache, arthritis, strains and sprains.

## Before you use Cin Cao Gao

### - When you must not use it

Do not use it if you are allergic to any ingredients of this Cin Cao Gao.

### - Before you start to use it

Initially apply a small amount to a limited skin area and observe whether there is discomfort or itch before applying to a larger skin area. Discontinue use if irritation develops.

Please follow the advice of the doctor or pharmacist.

### - Taking other medicines

Please inform the doctor or pharmacist if taking other medicines.

For patients taking warfarin, excessive application on to the skin for muscle or joint pains may increase the chances of bleeding.

## How to use Cin Cao Gao

### - How much to use

Rub on the affected area 3 to 4 times a day.

For external use only.

Follow all directions given to you by your doctor and pharmacist carefully. They may differ from the information contained in this leaflet. If you do not understand the instructions on the label, ask your doctor or pharmacist for help.

### - When to use it

Please follow the advice of the doctor or pharmacist.

### - How long to use it

Please follow the advice of the doctor or pharmacist.

### - If you forget to use it

Continue to use it as directed by your doctor or on the package label.

### - If you use too much (overdose)

Mild chronic salicylate intoxication or salicylism usually occurs only after repeated use of large doses. Salicylism can also occur following excessive topical application of salicylates. Symptoms include dizziness, tinnitus, deafness, swearing, nausea and vomiting, headache and confusion and may be controlled by reducing the dosage.

## While you are using Cin Cao Gao

### - Things you must do

Inform your doctor or pharmacist of all the medications you are taking.

### - Things you must not do

Do not take any new medicines without consulting your doctor.

### - Things to be careful of

This product is contraindicated in infants below 2 years of age. Caution must be exercised when older children are treated. It is dangerous to place any camphor containing product into the nostril of children. A small amount applied this way may cause immediate collapse.

Avoid contact with the eyes and mucous membrane. Do not apply to open wounds or damaged skin. Avoid excessive use during pregnancy and lactation. Do not apply over large areas of the body or bandage or use with heating pads.

Ask your health care provider any question you may have about how to use Cin Cao Gao.

## Side effects

Skin irritation, redness or swelling, burning or stinging sensation. Adverse reaction is rare, symptom of dizziness, nausea may occur.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by visiting the website [npra.gov.my](http://npra.gov.my) [Consumers -> Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)].

## Storage and Disposal of Cin Cao Gao

### - Storage

Store below 30°C. Protect from light. Keep out of reach of children.

### - Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

## Product Description

### - What it looks like

Green colour ointment with characteristic smell.

### - Ingredients

- Active ingredients  
Menthol, camphor, methyl salicylate
- Inactive ingredients  
Chlorophyll oil, pine oil, white soft paraffin, hard paraffin

### - MAL number:

MAL05121205X

## Manufacturer and Product

### Registration Holder

Wellmetech Pharmaceutical Industries Sdn Bhd  
Lot 8058, Kota Samarahan Industrial Park 94300, Samarahan, Sarawak, Malaysia.

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