

MINYAK URUT ZHENG GU YEW

Methyl Salicylate 58% w/v, Menthol 9% w/v, Camphor 3% w/v

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What Zheng Gu Yew is used for

It is used to relieve muscle and joint pain related to rheumatic conditions.

How Zheng Gu Yew works

It contains menthol, camphor and methyl salicylate. Camphor is a stimulant, rubefacient, antipruritic and feebly antiseptic. When in combination with other ingredients like menthol and methyl salicylate, it becomes ideal for neuralgia and other painful areas. Menthol dilates the blood vessels causing a sensation of coldness, followed by an analgesic effect. Menthol also acts as a penetration enhancer, increasing the penetration of drugs when applied on the skin, to give a faster onset of action. Methyl salicylate is used topically as a counter-irritant. Upon application, it is absorbed through the skin and is applied for the relief of pain in rheumatic conditions and painful muscle or joints.

Before you use Zheng Gu Yew

- When you must not use it

Do not use it if you are allergic to any ingredients of this Zheng Gu Yew.

This product is contraindicated in infants below 2 years of age. Caution must be exercised when older children are treated. It is dangerous to place any camphor containing product into the nostril of children. A small amount applied this way may cause immediate collapse.

For external use only. Not to be taken.

- Before you start to use it

Please follow the advice of the doctor or pharmacist.

- Taking other medicines

Please inform the doctor or pharmacist if taking other medicines.

For patients taking warfarin, excessive application on to the skin for muscle or joint pains may increase the chances of bleeding.

How to use Zheng Gu Yew

- How much to use

Rub on site of pain not more than 3 to 4 times daily.

Follow all directions given to you by your doctor and pharmacist carefully. They may differ from the information contained in this leaflet. If you do not understand the instructions on the label, ask your doctor or pharmacist for help.

- When to use it

Please follow the advice of the doctor or pharmacist.

- How long to use it

Please follow the advice of the doctor or pharmacist.

- If you use too much (overdose)

If you have used too much Zheng Gu Yew, contact your doctor, an emergency department or a poisoning center immediately.

While you are using Zheng Gu Yew

- Things you must do

Inform your doctor or pharmacist of all the medications you are taking.

Initially apply a small amount to a limited skin area and observe whether there is discomfort or itch before applying to a larger skin area. Discontinue use if irritation develops.

- Things you must not do

Avoid contact with the eyes and mucous membrane. Do not apply to open wounds or damaged skin. Avoid excessive use during pregnancy and lactation. Do not apply over large areas of the body or bandage or use with heating pads.

Do not take any new medicines without consulting your doctor.

Do not give Zheng Gu Yew to anyone else, even if they have the same symptoms or condition as you.

Side effects

Skin irritation, redness or swelling, burning or stinging sensation. Adverse reaction is

rare, symptoms of dizziness, nausea may occur.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by calling Tel: 03-78018464/8470, or visiting the website npra.moh.gov.my (Public → Reporting Medicinal Problems / Side Effects / AEFI).

Storage and Disposal of Zheng Gu Yew

- Storage

Store below 30°C. Protect from light. Keep out of reach of children.

- Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

Product Description

- What it looks like

A green coloured oil with characteristic odour.

- Ingredients

- Active ingredient
Menthol, camphor, methyl salicylate
- Inactive ingredients
Chlorophyll oil, pine oil, liquid paraffin

- MAL number:

M AL05121201X

Manufacturer

Wellmetech Pharmaceutical Industries Sdn Bhd
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Product Registration Holder

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Date of revision

18/4/2018