

# IDAMAN PHARMA MAGNESIUM TRISILICATE TABLET COMPOUND

Magnesium Trisilicate (250mg) and Dried Aluminium Hydroxide (120mg)

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**What Idaman Pharma Magnesium Trisilicate Tablet Compound is used for**  
Idaman Pharma Magnesium Trisilicate Tablet Compound contains a group of medicine called antacids. This medicine is indicated for following treatments: -

- For symptomatic relief of stomach upset associated with hyperacidity (heart burn, acid indigestion and sour stomach).
- For hyperacidity associated with gastric and duodenal ulcers.
- For symptomatic treatment of gastroesophageal reflux disease (long term condition where acid from the stomach comes up into the esophagus).

## How Idaman Pharma Magnesium Trisilicate Tablet Compound works

Idaman Pharma Magnesium Trisilicate Tablet Compound is a medicine that helps correct the pH balance in the stomach. The stomach has its own natural acids and sometimes these acids become too much and it is become too acidic.

Idaman Pharma Magnesium Trisilicate Tablet Compound works to neutralize or buffer existing quantities of stomach acid and reduces acid concentration within the lumen of the oesophagus.

## Before you use Idaman Pharma Magnesium Trisilicate Tablet Compound

### - *When you must not use it*

Idaman Pharma Magnesium Trisilicate Tablet Compound should not be given to patients with following conditions:

- In patients with kidney problem.
- To young children (up to 6 years of age), unless prescribed by a doctor or pharmacist. Since children are not usually able to describe their symptoms precisely, proper diagnosis should precede the use of Idaman Pharma Magnesium Trisilicate Tablet Compound.
- If you are allergic to any of ingredients contained in this medicine as listed at the end of this leaflet.

### - *Before you start use it*

Tell your doctor and pharmacist if you have any of the following medical conditions:

- Elderly
- Metabolic bone disease
- Alzheimer's disease
- Appendicitis (inflammation of appendix)
- Digestive and bowel diseases/procedures
- Digestive and bowel symptoms such as constipation, large and hard mass of stool, or long-term diarrhoea
- Piles or haemorrhoids
- Impaired kidney function

### *Pregnancy and lactation*

Idaman Pharma Magnesium Trisilicate Tablet Compound is generally considered safe as long as chronic high doses are avoided. Ask your doctor or pharmacist for advice before taking this medicine.

There is no evidence that orally administered Magnesium Trisilicate or Aluminium Hydroxide has adverse effects on pregnancy or on the health of the foetus/newborn child

Magnesium is not well absorbed and although small amounts may be found in breast milk, they are unlikely to cause problems in breastfed infants although they may cause diarrhoea. Aluminium is unlikely to cause problems in breastfed infants.

### - *Taking other medicines*

Tell your doctors and pharmacists if you are taking, have recently taken or might

take any other medicines, including any that you buy without a prescription from a pharmacy, supermarket or health food shop.

Combinations containing any of the following medications, depending on the amount present, may also interact with this medication:

- Anabolic steroids
- Oral coumarin or thioxanthenes (treatment of nervous, mental, and emotional conditions)
- Vitamin D including calcitriol
- Antibiotics containing any forms of tetracyclines.

Idaman Pharma Magnesium Trisilicate Tablet Compound can change the way your body absorbs other medicines you are taking.

## How to use Idaman Pharma Magnesium Trisilicate Tablet Compound

Your doctor will tell you how many Idaman Pharma Magnesium Trisilicate Tablet Compound to take and how often. This should also be printed on the label of your prescription.

Follow all directions given to you by your doctor and pharmacist carefully. They may differ from the information contained in this leaflet.

If you do not understand the instructions on the label, ask your doctor or pharmacist for help.

Chew the tablets before swallowing.

### - *How much to use*

#### **Adults:**

One or two tablets to be chewed when required (usually between meals and at bedtime).

**Children:** Not recommended for use in children.

### - *When to use it*

Use as directed by your doctor or pharmacist.

### - *How long to use it*

Do not take more than 8 tablets in 24-hour period or 8 tablets in a day for more than 2

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weeks except under the advice and supervision of your doctor or pharmacist.

**- *If you forget to use it***

Consult your doctor or pharmacist on what you should do if you forget to use it.

Take the missed dose as soon as you remember. If it is almost time for your next dose, wait until then to take the medicine and skip the missed dose. Do not take a double dose to make up for the missed dose.

**- *If you take too much (overdose)***

Contact your doctor immediately or go to Emergency Department of the nearest hospital if you think you or anyone else may have taken too much of this medicine. Do this even if there are no sign of discomfort or poisoning. You may need urgent medical attention.

**While you are using Idaman Pharma Magnesium Trisilicate Tablet Compound**

**- *Things you must do***

Take your medicine exactly as your doctor has told you.

Tell all the doctors, dentists and pharmacists treating you that you are taking Idaman Pharma Magnesium Trisilicate Tablet Compound.

Tell your doctor immediately if you become pregnant while taking this medication.

**- *Things you must not do***

Do not take this product if you are presently taking a prescribed antibiotic drug containing any form of tetracycline.

Do not stop taking the medicine unless advised by your doctor.

Do not take any new medicines without consulting your doctor.

Do not give Magnesium Trisilicate Tablet Compound to anyone else, even they have the same symptoms or condition as you.

**- *Things to be careful of***

Idaman Pharma Magnesium Trisilicate Tablet Compound should not be given to young children (up to 6 years old of age)

unless prescribed by a doctor or pharmacist.

Metabolic bone disease commonly seen in the elderly caused by the chronic use of aluminium containing antacids.

Risk-benefit should be considered when using this medicine and consult with your doctor or pharmacist.

Patients with rare hereditary problems of fructose intolerance, glucose-galactose malabsorption or sucrase-isomaltase insufficiency should not take this medicine.

**Side Effects**

Like all medicines, Idaman Pharma Magnesium Trisilicate Tablet Compound can cause side effects, although not everybody gets them.

If you experience any of the following side effects after taking this medicine, visit your doctor or pharmacist immediately:

- Bone pain or swelling of wrists or ankles, muscle weakness or unusual tiredness with prolonged use.
- Severe continuing constipation with large doses.
- Feeling of discomfort.
- Loss of appetite.
- Diarrhea.
- Hypermagnesaemia (high level of magnesium in the blood).
- Hypotension (Low blood pressure).
- Sedation (Drowsiness).
- Confusion.
- Respiratory paralysis (Difficulty breathing).
- Formation of kidney stones.
- Hypersensitivity reactions such as rash, pruritus (itching), swelling face and periorbital oedema (swelling around the eyes).

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by visiting the website [npra.gov.my](http://npra.gov.my) [Consumers → Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)].

**Storage and Disposal of Idaman Pharma Magnesium Trisilicate Tablet Compound**

**- *Storage***

Keep all medicines out of the sight and reach of children.

Store below 30°C. Protect from light and moisture.

Do not store in the bathroom or near a sink, or on a window sill.

Do not leave it in the car on hot days. Heat and dampness can destroy some medicines.

Do not take this medicine after the expiry date stamped on the pack. The expiry date refers to the last day of that month.

**- *Disposal***

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

**Product Description**

**- *What it looks like***

Round, flat, bevel edged tablet and scored on one side, white tablet.

**- *Ingredients***

Active ingredient:

- Magnesium Trisilicate 250mg
- Dried Aluminum Hydroxide 120mg

Inactive ingredients:

- Sugar
- Corn Starch
- Sodium Benzoate
- Saccharin Sodium
- Purified Water
- Peppermint Oil
- Magnesium Stearate.

**- *MAL Number(s):***

MAL21056002X

**Product Registration Holder & Manufacturer**

Idaman Pharma Manufacturing Sdn Bhd (200401023395)  
Lot 24 & 25, Jalan Perusahaan Lapan, Bakar Arang Industrial Estate, 08000 Sungai Petani Kedah Darul Aman, Malaysia.

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