CITREX COUGH SYRUP 100MG/5ML

Guaifenesin (100mg/5ml)

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What Citrex Cough Syrup is used for

Citrex Cough Syrup is used for the relief of chesty coughs, loosen mucus and thinning bronchial secretion.

How Citrex Cough Syrup works

Citrex Cough Syrup works as an expectorant which irritates mucous membrane layer of the stomach and subsequently stimulating respiratory tract secretions. By increasing the water content of the mucus, it will eventually decrease the thickness of bronchial secretions.

Before you use Citrex Cough Syrup

- When you must not use it

Do not take Citrex Cough Syrup if you are allergic to Guaifenesin.

Do not take Citrex Cough Syrup if you are pregnant, trying to get pregnant or think you may be pregnant without discussing with your doctor first.

Do not take Citrex Cough Syrup if you are breast-feeding.

If you are not sure whether you should start taking this medicine, talk to your doctor or pharmacist.

Before you start to use it

Tell your doctor if you have allergies to Guaifenesin.

Your doctor needs to know before you take Citrex Cough Syrup if you have kidney or liver problem. Citrex Cough Syrup should be given with care to patients with impaired kidney or liver function.

Besides that, do consult with your doctor or pharmacist before taking this medicine if the following occurs:

- Continuous cough for more than 7 days or cough occur repeatedly or is accompanied by fever, rash or constant headache.
- Continuous cough that may be caused by asthma.
- Cough which brings up a lot of mucus.

Discuss with your doctor or pharmacist first if you are pregnant or breastfeeding.

- Taking other medicines

Tell your doctor or pharmacist before taking Citrex Cough Syrup, if you are taking any other medicines, including any that you buy without a prescription from pharmacy, supermarket or health food shop. The effects of some medicines may be affected if other medicines are used at the same time.

Inform your doctor if you take Guaifenesin with other cough suppressants at the same time.

Guaifenesin has been shown to produce colour interference with clinical laboratory determination of urine test (5-hydroxyindoleacetic acid (5-HIAA) and vanillylmandelic acid (VMA)). Apart from that, it also could interfere with the diagnosis of carcinoid syndrome (slow-growing tumor).

How to use Citrex Cough Syrup

Always take the medicine exactly as your doctor or pharmacist has told you. Read the direction label carefully. If you have any concerns about how to take this medicine, talk to your doctor or pharmacist.

Do not exceed recommended dose.

- How much to use

Your doctor will advise you how many doses are needed each day, and for how long you will need to take. This depends on your condition and whether or not you are taking any other medicines.

Children: Under 2 years: Not recommended;
Children: 2 years to 6 years: 2.5mL;
Children: 6 years to 12 years: 5mL;
Elderly, Adults and Children over 12 years: 10 mL.

To be taken not more than 4 times daily.

- When to use it

Follow the direction label carefully and as instructed by your doctor or pharmacist.

- How long to use it

Follow the direction label carefully and as instructed by your doctor or pharmacist.

- If you forget to use it

Consult your doctor or pharmacist on what you should do if you forget to take it.

Take the missed dose as soon as you remember. If it is almost time for your next dose, skip the dose you missed and take your next dose when you are meant to.

Do not take a double dose to make up for the dose that you missed. This may increase the chance of you getting unwanted side effects.

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- *If you use too much (overdose)*
Immediately contact your doctor or go to the Emergency Department at your nearest hospital if you or anyone else has taken a large amount of this medication. Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention.

The effects of acute toxicity from Guaifenesin may include stomach and intestine discomfort, strong urge to vomit, sleepy and tiredness and also, vomiting. When taken in excess, Guaifenesin may also cause kidney stone.

While you are using it

- *Things you must do*
Take the medication exactly as your doctor prescribed.

- Tell your doctor or pharmacist if you have allergies to Guaifenesin.
- Tell your doctor or pharmacist what other prescription and non-prescription medicines that you are taking.
- Tell all the doctors, dentists and pharmacists treating you that you are taking Citrex Cough Syrup.
- Tell your doctor immediately if you become pregnant while taking this medication.

- *Things you must not do*
Do not give Citrex Cough Syrup to anyone else, even if their symptoms seem similar to yours.

Do not take your medicine to treat any other complaints unless your doctor or pharmacist tells you to.

- *Things to be careful of*
If you are pregnant or are breast-feeding, you should not take Citrex Cough Syrup without discussing it with your doctor or pharmacist first.

Citrex Cough Syrup has no or minor influence on the ability to drive or operate machinery. However, if patients do feel unwell, do not drive or use machinery and contact your doctor immediately.

Side effects

Like all medicines, Citrex Cough Syrup can cause side effects, although not everybody gets them. Visit the doctor or pharmacist immediately if you experience any side effects after taking this medicine.

Ask your doctor or pharmacist to answer any questions you may have.

The side effects of Guaifenesin that not regularly reported when used in very large doses are stomach and intestine discomfort, strong urge to vomit and vomiting.

In addition, it also includes dizziness, diarrhea, headache and rash (including swollen skin, itchy skin and hypersensitivity).

Other side effects not listed above may occur in some patients. Tell your doctor or pharmacist if you notice anything that is making you feel unwell.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by visiting the website npra.gov.my [Consumer→ Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)].

Storage and Disposal of Citrex Cough Syrup

- *Storage*
Keep out of reach of children.

Do not take this medicine beyond the expiry date imprinted on the product packaging.

Keep container tightly closed in a dry place, below 30℃. Do not use if temper evident seal is broken or missing.

- *Disposal*
Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect environment.

Product Description

- *What it looks like*
A clear, orange coloured solution with a sweet, pleasant smell.

- *Ingredients*
- Active ingredient:
Each 5 ml contains Guaifenesin 100mg.

- Inactive ingredients:
Liquid Glucose, Carboxymethylcellulose Sodium, Sodium Saccharin, Sodium Benzoate, Sodium Citrate, Citric Acid Anhydrous, Menthol Crystal, Color FDC Yellow No. 6, Orange Flavour Sol. Sweet No. 1, Purified Water, Hydrochloric Acid, Sodium Hydroxide.

- *MAL number*:
MALxxxx

Manufacturer and Product Registration Holder

Idaman Pharma Manufacturing Sdn Bhd (200401023395)
Lot 24 & 25, Jalan Perusahaan Lapan, Bakar Arang Industrial Estate,
08000 Sungai Petani, Kedah Darul Aman, Malaysia.

Date of revision

07/04/2020

Serial Number

NPRA (R2) 20/043