

IDAMAN PHARMA DIAZEPAM TABLET 5MG

Diazepam 5mg

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What Idaman Pharma Diazepam Tablet 5mg is used for

Idaman Pharma Diazepam Tablet 5mg is used to:

- Treat anxiety
- Treat acute alcohol withdrawal symptoms
- Relieve anxiety and tension before operative procedures.
- An adjunct prior to endoscopic procedures
- Indicated as short- term (7-14 days) adjunctive therapy in convulsive disorder
- Help to relax muscles and for muscle spasm
- Treat tremor

How Idaman Pharma Diazepam Tablet 5mg works

Idaman Pharma Diazepam Tablet 5mg belongs to a group of medicines called benzodiazepines. It is thought to work by acting on chemicals in the brain as a tranquilizer.

Before you use Idaman Pharma Diazepam Tablet 5mg

- When you must not use it

Do not take Idaman Pharma Diazepam Tablet 10mg and tell your doctor if:

- You are allergic to diazepam or to other benzodiazepine medicines or to any of the other ingredients in your tablets (see section **Product description**).

- You have acute-close angle glaucoma (high pressure in the eye)
- You suffer psychotic disorder (mental illness)
- You have myasthenia gravis (a condition which causes muscles to weaken and tire easily)
- You have severe breathing problems (severe obstructive disease)

- Before you start to use Idaman Pharma Diazepam Tablet 5mg

Get advice from your doctor or pharmacist if:

- You are elderly or suffer severe weakness
- You have arteriosclerosis (thickening or hardening of blood vessels)
- You have liver or kidney problems
- You have breathing difficulty

Pregnancy and Lactation

You should not take Idaman Pharma Diazepam Tablet 5mg if you are pregnant, planning to become pregnant or are breast feeding. If taken regularly during late pregnancy, your baby may develop withdrawal symptoms. Do not take Idaman Pharma Diazepam Tablet 5mg until you and your doctor have discussed the risks and benefits involved.

- Taking other medicines

Please tell your doctor or pharmacist if you are taking or have recently taken any other medicines, including medicines obtained without a prescription, especially:

- Antacids and cimetidine (help to reduce stomach acid).
- Antidepressants (use to treat depression), e.g. tricyclic antidepressants (TCAs), monoamine oxidase inhibitors (MAOIs).
- Medicine to relieve nausea, vomiting and dizziness associated with motion sickness, e.g. scopolamine.
- Medicines for epilepsy e.g. phenytoin, carbamazepine, or sodium valproate.
- Rifampicin and isoniazid (to treat tuberculosis).

- Levodopa (to treat Parkinson's disease).

Other medicines not listed above may also interact with Idaman Pharma Diazepam Tablet 5mg. Your doctor and pharmacist have more information on medicines to be careful with or avoid while taking this tablet.

Taking Idaman Pharma Diazepam Tablet 5mg with an opioid medicine (medicine to relieve pain) can depress your central nervous system. Inform your doctor if you are currently taking any opioid medicine.

Seek medical attention immediately if you or the person taking this medication experience(s) symptoms of unusual dizziness or lightheadedness, extreme sleepiness, slowed or difficult breathing, or unresponsiveness.

How to use Idaman Pharma Diazepam Tablet 5mg

- How much to use

Usual Adults dose:

To help with anxiety: Orally, 2 to 10mg, two to four times a day.

To help with alcohol withdrawal symptoms: Orally, 10mg, three or four times a day during the first 24 hours, the dosage being decreased to 5mg three or four times a day as needed.

To help with seizures or fits: Orally, 2 to 10mg three or four times a day.

To help with muscle spasms: Orally, 2 to 10mg three or four times a day.

Elderly or patients with severe weakness: Orally, 2 to 2.5mg one or two times a day, the dosage being increased gradually as needed and tolerated.

Usual children dose:

Children up to 6 months of age: use is not recommended.

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Children 6 months and above: Orally, 1 to 2.5mg, three or four times a day, the dosage being increased gradually as needed and tolerated.

- When to use it

Use as directed by your doctor or pharmacist.

Swallow the tablets whole, with a glass of water.

- How long to use it

Take Idaman Pharma Diazepam Tablet 5mg only for as long as your doctor recommends. Usually, Idaman Pharma Diazepam Tablet 5mg should be taken for short periods only. Continuous long-term use is not recommended unless advised by your doctor. Long term use of Idaman Pharma Diazepam Tablet 5mg may lead to dependence (see section Things to be careful of).

- If you forget to use it

Do not take a double dose to make up for a forgotten dose. If you forget to take a dose take it as soon as you remember it. If it is almost time for your next dose, wait until then to take the medicine and skip the missed dose. Do not take a double dose to make up for the missed dose.

- If you use too much (overdose)

Immediately call your doctor or go to the emergency department at your nearest hospital if you or anyone else has taken a large amount of this medication.

If you take too many Idaman Pharma Diazepam Tablet 5mg, you may experience confusion, severe drowsiness, shakiness, shortness of breath and severe weakness.

While you are using it

- Things you must do

Take your medicine exactly as your doctor has told you.

- Things you must not do

Do not stop taking this medicine without telling your doctor as he may wish to gradually reduce the number of tablets

you take before stopping them completely (see section Things to be careful of).

If you have any further questions on the use of this medicine, ask your doctor or pharmacist.

- Things to be careful of

- Driving and using machines

Idaman Pharma Diazepam Tablet 5mg can make you sleepy. Avoid drinking or operating machinery while taking Idaman Pharma Diazepam Tablet 5mg.

Alcohol may increase the sedative effects of Idaman Pharma Diazepam Tablet 5mg and make you very sleepy. Do not drink alcohol while you are taking Idaman Pharma Diazepam Tablet 5mg. Elderly patients are more susceptible to these effects.

Complex sleep-related behaviors

Complex behaviors which may include sleep driving, making phone calls, preparing and eating food may occur while asleep.

Dependence

When taking this medicine there is a risk of dependence, which increases with the dose and duration of treatment and also in patients with a history of alcoholism and drug abuse.

Withdrawal

Treatment should be gradually withdrawn. Sudden withdrawal can cause withdrawal symptom.

Side Effects

Like all medicines, Idaman Pharma Diazepam Tablet 5mg can cause side-effects, although not everybody gets them.

Tell your doctor if you notice any of the following side effects:

- Drowsiness
- Ataxia (lack of muscular coordination)
- Light-headedness
- Memory loss
- Low blood pressure

- Breathing difficulties
- Nausea
- Constipation
- Blurred visual
- Skin rashes
- Urination difficulty
- Shaking
- Confusion
- Slurred speech
- Changes in sex drive
- Dependence

Other side effects not listed above may occur in some people. Tell your doctor or pharmacist if you notice anything that is making you feel unwell.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by calling Tel: 0378835490, or visiting the website npra.gov.my [Consumers Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)].

Storage and Disposal of Idaman Pharma Diazepam Tablet 5mg

- Storage

Keep out of the reach and sight of children.

Keep container tightly closed in a dry place, below 30°C; Protect from light.

Do not use Idaman Pharma Diazepam Tablet 5mg after the expiry date stated on the packaging. The expiry date refers to the last day of that month.

- Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

Product description

- What it looks like

Clean, dry, uniform, round, flat, bevel edged tablets and scored on one side and yellow in color.

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- Ingredients

- Active ingredient:

- Diazepam

- Inactive ingredients:

- Maize Starch
- Lactose
- FD&C Blue No. 1
- Magnesium Stearate

- MAL numbers:

MAL19860211AZ

Product Registration Holder & Manufacturer

Idaman Pharma Manufacturing Sdn. Bhd. (661901-P)

Lot 24 & 25 Jalan Perusahaan Lapan,
Bakar Arang Industrial Estate, 08000
Sungai Petani, Kedah Darul Aman,
Malaysia.

Serial Number

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19/09/2019