

TRINCORT TABLET 4MG

Triamcinolone (4mg)

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What Trincort Tablet 4mg is used for

Trincort Tablet is used to treat many different conditions such as allergic disorders, skin conditions, inflammation of joint, autoimmune disease, breathing disorder or other inflammatory conditions.

How Trincort Tablet works

Trincort Tablet 4mg belongs to a class of medicines called corticosteroids. It prevents the release of substances in the body that cause inflammation.

Before you use Trincort Tablet

When you must not use it

Do not take if you are allergic to Triamcinolone. To make sure you can safely take Trincort Tablet 4mg, tell your doctor if you have any of these other conditions:

- Kidney inflammation
- Bacterial infection that mainly affects the lungs (tuberculosis)
- Osteoporosis (brittle bone)
- Viral infection of the eyes
- Stomach ulcers
- Diverticulitis (infection develop along the wall of large intestines)
- Psychotic (mental disorder) tendencies.

Pregnancy and breastfeeding

Do not take Trincort Tablet 4mg if you are pregnant, trying to get pregnant or think you may be pregnant without discussing with your doctor first.

Do not take Trincort Tablet if you are breast-feeding. Ask your doctor or

pharmacist for advice before taking any medicine.

Before you start to use it

Tell your doctor if you have:

- Diabetes
- Muscle weakness e.g surgery, severe illness and trauma
- Stress
- Infectious diseases
- Long term kidney failure
- Uraemia (raised level in blood of urea).
- Have pheochromocytoma (a tumour of the adrenal gland)

Taking other medicines

Tell your doctor or pharmacist if you are taking any other medicines, including any that you buy without a prescription from pharmacy, supermarket or health food shop. The effects of some medicines may be affected if other medicines are used at the same time.

Many medicines can interact with Trincort Tablet. Tell your doctor if you are taking:

- Phenytoin, treatment for fits
- Rifampicin, treatment for bacterial infection
- Coumarin anti-coagulants, treatment for blood thinning
- Diuretic, as water tablets

Some medicines may increase the effects of Trincort Tablet 4mg and your doctor may wish to monitor you carefully if you are taking these medicines (including some medicines for HIV such as cobicistat).

How to use Trincort Tablet

Always take the medicine exactly as your doctor or pharmacist has told you. Read the direction labels carefully. If you have any concerns about how to take this medicine, talk to your doctor or pharmacist.

How much to use

Your doctor will advise you how many doses are needed each day, and for how long you will need to take. This depends on your condition and whether or not you are taking any other medicines.

Individual requirement and the disease under treatment determine Trincort Tablet dosage.

Initial dosage regimen generally ranges from 8 to 32 mg for adults and from 4 to 12mg for children under 25kg. Children over 25kg may be given adult dosage.

When to use it

Follow the direction label carefully and as instructed by your doctor or pharmacist.

A single daily dose, given either in the morning or at bedtime depending on the clinical situation may be satisfactory for initial or maintenance therapy in many patients; others will require a divided daily dosage such as 2 times daily to 4 times daily administration.

How long to use it

Follow the direction label carefully and as instructed by your doctor or pharmacist.

If you forget to use it

Take the missed dose as soon as you remember. If it is almost time for your next dose, skip the dose you missed and take your next dose when you are meant to. Do not take a double dose to make up for the dose that you missed. This may increase the chance of you getting unwanted side effects.

If you use too much (overdose)

Immediately call your doctor or go to the emergency department at your nearest hospital if you or anyone else has taken a large amount of this medication.

Symptom of overdose is Central Nervous System (CNS) depression leading to coma like stroke.

While you are using Trincort Tablet 4mg

Things you must do

- Tell all the doctors, dentists and pharmacists treating you that you are taking Trincort Tablet 4mg.
- Tell your doctor immediately if you become pregnant while taking this medication.

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Things you must not do

Do not give Trincort Tablet 4mg to anyone else, even if their symptoms seem similar to yours.

Do not take your medicine to treat any other complaints unless your doctor or pharmacist tells you to.

Things to be careful of

Steroid medication can weaken your immune system, making it easier for you to get an infection. Steroids can also worsen an infection you already have, or re-activate an infection you recently had.

Side Effects

Like all medicines, Trincort Tablet 4mg can cause side effects, although not everybody gets them.

Visit your doctor or pharmacist immediately if you experience any side effects after taking this medicine. Ask your doctor or pharmacist to answer any questions you may have. Trincort Tablet, like all other potent steroids should be used under close supervision.

Some of the side effects of Trincort Tablet 4mg are weight gain, oedema, hypertension, osteoporosis, spontaneous fracture, peptic ulcer or epigastric distress, cushingoid changes such as facial rounding, excess deposit of fat localized on the back of the neck, red or purple discolored spots on the skin, flushing of the face, sweating, acne, striae, hirsutism (abnormal growth of hair on a woman's face and body), dizziness, headache, obstruction of a blood vessel by a blood clot, aseptic necrosis of the hip (a loss of blood flow to bone tissue, which causes the bone to die), necrotizing angitis, acute

pancreatitis, ulcerative oesophagitis, wasting and weakness of skeletal muscle.

Trincort Tablet can affect the development growth of your children. Talk with your doctor if you think your child is not growing at a normal rate while using Trincort Tablet.

Other side effects not listed above may occur in some patients. Tell your doctor or pharmacist if you notice anything that is making you feel unwell.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by visiting the website npra.gov.my [Consumers→ Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)].

Storage and Disposal of Trincort Tablet

Storage

Keep all medicines out of sight and reach of children.

Do not take this medicine after the expiry date stamped on the pack.

Keep container tightly closed in a dry place, below 30°C. Protect from light and moisture.

Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

Product Description

What it looks like

Clean, dry, round, uniform, flat, bevel edged tablets, scored on one side and white to off white in colour.

Ingredients

Active ingredient :

- Triamcinolone 4mg.

Inactive ingredients:

- Lactose
- Magnesium Stearate
- Sodium Starch Glycolate
- Maize Starch
- Povidone
- Ethanol 96% v/v
- Talc

MAL Number:

MAL19860169AZ

Product Registration Holder and Manufacturer

InspiraPharma Sdn. Bhd.

Lot 24 & 25, Jalan 8,

Kawasan Perusahaan Bakar Arang
08000 Sungai Petani, Kedah Darul Aman,
Malaysia.

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