

MIST. CARMINATIVE (ADULT)

Light Magnesium Carbonate / Sodium Bicarbonate (150mg/ 250mg)

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What Mist. Carminative (Adult) is used for

Antacids are taken by mouth to relieve heartburn, indigestion, and flatulence.

How Mist. Carminative (Adult) works

Light magnesium carbonate and sodium bicarbonate neutralize excess stomach acid. Magnesium carbonate reacts with gastric acid to form soluble magnesium chloride and carbon dioxide in the stomach.

Before you use Mist. Carminative (Adult)

-When you must not use it

Do not take this medicine if you:

- are allergic to any of the ingredients contained in this medicine.
- have liver or kidney problems.

Pregnancy and breast-feeding

Do not take Mist. Carminative (Adult) if you are pregnant, trying to get pregnant or think you may be pregnant.

Do not take this medicine if you are breast-feeding. Ask your doctor or pharmacist for advice before taking any medicine.

-Before you start use it

Tell your pharmacist if you have allergies to any other medicines.

Tell your doctor or pharmacist if you are pregnant or plan to become pregnant or are breast-feeding. Your doctor or pharmacist can discuss with you the risks and benefits involved.

Talk to your doctor or pharmacist if you:

- have liver or kidney problems.
- have high blood pressure or heart disease.

Elderly patients with severe kidney or liver problems should talk to their doctor before taking this medicine. These patients should exercise caution when taking this product.

-Taking other medicines

Do not take Mist. Carminative (Adult) within two to four hours of other medicines. Tell your pharmacist if you are taking any other medicines, including any that you get without a prescription from your pharmacy, supermarket or health food shop.

Tell your doctor or pharmacist if you are taking any other medicines, including:

- Sedatives (drugs used to treat anxiety and tension).
- Salicylates drugs (used to relieve pain and inflammation, to reduce fever, and to prevent excessive clotting such as aspirin).
- Antihypertensives drugs (used to treat high blood pressure such as ACE inhibitors)
- Antiretroviral medication (used to treat HIV/AIDS)
- Antibiotic drugs (used to treat bacterial infections).
- Bisphosphonates drugs (used to help and treat bone loss).
- Anti-malaria drugs (used to prevent and treat malaria infections)
- Steroid drugs (used to reduce inflammation in the body).
- Heart failure drugs (used to treat heart failure).

- Cancer treatment drugs (used to treat non-small cell lung cancer and pancreatic cancer)
- Antihistamine drugs (used to relieve allergy symptoms such as watery eyes, runny nose, itching eyes/nose, sneezing, hives, and itching).
- Anticonvulsant drugs (used to prevent and control seizures).
- Antifungal drugs (used in adults to treat infections caused by fungus).
- Proton pump inhibitors (used to reduce stomach acid).
- Thyroid hormone drugs (used to treat an underactive thyroid gland).
- Antimanic agents (used to treat bipolar disorder).
- Immunosuppressive agents (used to help prevent transplant organ rejection).
- Chelating agents (used to treat Wilson's disease [an inherited condition that causes copper to build up in the body and may result in serious symptoms] and cystinuria [an inherited condition which can lead to kidney stones]).
- Antipsychotics drugs (used to reduce hallucinations and delusions associated with psychosis).
- Statins (drugs used to treat high cholesterol).

How to use Mist. Carminative (Adult)

Shake the bottle before use.

Follow all directions given to you by your pharmacist or doctor carefully. They may differ from the information contained in this leaflet.

If you do not understand the directions on your prescription bottle, ask your pharmacist, nurse, or doctor to explain the instructions to you.

-How much to use

Your doctor will advise how many doses are needed each day, and for how long you will need to take Mist. Carminative (Adult). The usual dose is 10 to 20ml three to four times daily

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-When to use it

Take this medicine after a meal.

Use as directed by your doctor or pharmacist

-How long to use it

Continue taking your medicine for as long as your doctor tells you.

If symptoms persist, consult your doctor.

-If you forget to use it

Consult your doctor or pharmacist on what you should do if you forget to use it.

Take the missed dose as soon as you remember. If it is almost time for your next dose, wait until then to take the medicine and skip the missed dose. Do not take a double dose to make up for the missed dose.

-If you use too much (overdose)

Contact your doctor immediately or go to the Emergency Department of your nearest hospital, if you think you or anyone else may have taken too much of this medicine. Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention.

Symptoms of overdose:

- Nausea
- Vomiting
- Skin flushing
- Thirst
- Drowsiness
- Hypotension
- Respiratory depression
- Hyporeflexia
- Peripheral vasodilatation
- Bradycardia
- Cardiac arrest
- Coma
- Mood changes
- Tiredness
- Shortness of breath
- Muscle weakness
- Irregular heartbeat
- Hypertonicity
- Twitching
- Tetany

While you are using it

-Things you must do

Take your medicine exactly as your doctor has told you.

Tell all the doctors, dentists and pharmacists treating you that you are taking Mist. Carminative (Adult).

Tell your doctor immediately if you become pregnant while taking this medication.

Talk to your pharmacist or doctor if your symptoms do not improve. Your pharmacist or doctor will assess your condition and decide if you should continue to take the medicine.

-Things you must not do

Do not stop taking the medicine unless advised by your doctor.

Do not take any new medicines without consulting your doctor.

Do not give Mist. Carminative (Adult) to anyone else, even if they have the same symptoms or condition as you.

-Things to be careful of

If you find this medicine upsets your stomach, taking it with or after food may help.

Side Effects

Like all medicines, Mist. Carminative (Adult) can cause side effects, although not everybody gets them.

Visit your doctor or pharmacist immediately if you experienced any side effects after taking this medicine.

The following side effects may occur:

- Diarrhoea
- Stomach cramp
- Flatulence
- Long term used will cause the development of silica-based renal calculi (presence of silica in kidney).
- Rebound hyperacidity may occur with prolonged used.

Some side effects may occur that usually do not need medical attention.

These side effects may go away during treatment as your body adjusts to the medicine.

Also, your health care professional may be able to tell you about ways to prevent or reduce some of these side effects. Check with your health care professional if any of the following side effects continue or are bothersome or if you have any questions about them.

Other side effects not listed may also occur in some patients. If you notice any other effects, check with your doctor.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by visiting the website nptra.gov.my [Consumers → Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)].

Storage and Disposal of Mist. Carminative (Adult)

-Storage

Keep all medicines out of sight and reach of children.

Store below 30°C, away from direct light.

Do not store it or any other medicine in the bathroom, or near a sink, or on a window sill.

Do not leave it in the car on hot days. Heat and dampness can destroy some medicines.

Do not use this medication after the expiry date which is printed on the product packaging. The expiry date refers to the last day of that month.

-Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

MIST. CARMINATIVE (ADULT)

Light Magnesium Carbonate / Sodium Bicarbonate (150mg/ 250mg)

Product Description

-What it looks like

Strong cardamon flavoured, buff coloured suspension.

-Ingredients:

-Active ingredients:

Each 5ml contains Light Magnesium Carbonate 150mg and Sodium Bicarbonate 250mg.

-Inactive ingredients:

- Aromatic Cardamon Tincture
- Chloroform
- Ethyl Alcohol 96%
- Carmellose Sodium
- Purified water
- Hydrochloric Acid
- Sodium Hydroxide

-MAL Number

MAL19912224X

Product Registration Holder & Manufacturer

Idaman Pharma Manufacturing Sdn Bhd (200401023395)

Lot 24 & 25, Jalan Perusahaan Lapan, Bakar Arang Industrial Estate, 08000 Sungai Petani Kedah Darul Aman, Malaysia.

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