

NEXAQ FILM-COATED TABLETS

Apixaban (2.5mg, 5mg)

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What NexaQ is used for

NexaQ is used to

- prevent blood clots in veins (venous thromboembolic events (VTE)) after a hip or knee replacement surgery.
- prevent stroke and blood clots in adult patients with a condition called non-valvular atrial fibrillation, which is a type of irregular heart rhythm with one or more risk factors, such as:
 - previous stroke condition or transient ischaemic attack (TIA) (mini stroke);
 - age ≥ 75 years
 - high blood pressure (hypertension)
 - high blood sugar levels (diabetes mellitus)
 - symptomatic heart failure (NYHA Class \geq II).
 - treat blood clots occurring in deep veins (Deep Vein Thrombosis [DVT]) and clots in your lungs (Pulmonary Embolism [PE]) and also to prevent these from recurring.

How NexaQ works

Apixaban helps to prevent blood clot formation by inhibiting Factor Xa, which is an important component of blood clotting.

Before you take NexaQ

When you must not use it

Do not take NexaQ if:

- you are allergic to Apixaban or any other ingredients of this medicine (listed in Product Description)

- you have an injury to a body organ or any internal bleeding.
- you have liver disease associated with a bleeding disorder called coagulopathy and an increased risk of bleeding.
- you have any condition or injury to a body organ that could lead to significant bleeding (such as ulcers in stomach; cancerous growth; recent brain or spinal injury; recent brain, spinal or eye surgery).
- bleeding in the brain; abnormal, enlarged veins in the tube that connects the throat and stomach (esophagus); an abnormal connection between arteries and veins, a bulging, dilation or ballooning in the wall of a blood vessel; abnormalities within brain or spine).
- you are taking medicines to prevent blood clotting like heparins, heparin derivatives, warfarin, rivaroxaban and dabigatran.
- you have severe kidney disease or kidney failure or if you are undergoing treatment (dialysis).
- need to have surgery or a procedure which may cause bleeding.
- have cancer.
- have any kidney or liver disease.
- are elderly whose body weight is less than 60 kg.
- are having hip fracture surgery.
- have to undergo any clotting tests
- know that you have a disease called antiphospholipid syndrome (a disorder of the immune system that causes an increased risk of blood clots),
- have hereditary problems of galactose intolerance.
- are taking acetylsalicylic acid (ASA) as it increases the risk for bleeding in patients treated with NexaQ.

Pregnancy and lactation

Do not take NexaQ if you are pregnant, trying to get pregnant or think you may be pregnant.

It is not known if NexaQ passes into human breast milk. Ask your doctor, pharmacist or nurse for advice before taking this medicine while breastfeeding. They will advise you to either stop breastfeeding or to stop/not start taking NexaQ. Ask your doctor or pharmacist for advice before taking any medicine.

Before you start to use it

Check with your doctor or pharmacist before taking NexaQ if you

- have any condition with increased risk of bleeding that affect your ability to form clots.
- have atrial fibrillation along with other conditions that requires mono or dual antiplatelet therapy.
- are undergoing procedures such as spinal/epidural anaesthesia or puncture and treated with antithrombotic agents to prevent clot.
- have a prosthetic heart valve
- medicines used to treat fungal infections such as ketoconazole, itraconazole, voriconazole and posaconazole, fluconazole.
- antibacterial medicine such as rifampicin.
- anti-viral medicines for HIV/AIDS e.g., ritonavir.
- medicines to treat epilepsy such as phenytoin, carbamazepine and phenobarbital.
- St. John's wort (a herbal supplement used for depression).
- medicines used to treat pain and inflammation including nonsteroidal anti-inflammatory drugs (NSAIDs) such as naproxen or aspirin.
- antidepressant medicines called selective serotonin re-uptake inhibitors or serotonin norepinephrine re-uptake inhibitors.
- other medicines used to prevent blood clots such as enoxaparin, clopidogrel, prasugrel, dipyridamole, dextran, and sulfapyrazone.
- medicines for high blood pressure or heart problems (e.g., diltiazem, amiodarone, verapamil, quinidine, atenolol, digoxin).

Taking other medicines

Tell your doctor if you are taking any other medicines, including any that you buy without a prescription from a pharmacy, supermarket or health food shop.

Inform your doctor or pharmacist if you are taking:

- other antibiotics like clarithromycin.
- other medicines such as famotidine and activated charcoal.

How to use NexaQ

How much to use

Follow all directions given to you by your doctor and pharmacist carefully. They may differ from the information contained in this leaflet. If you do not understand the instructions on the label, ask your doctor or pharmacist for help.

To prevent blood clots from forming after hip or knee replacement operations:

The recommended dose is one tablet of NexaQ 2.5 mg twice a day with first dose taken 12-24 hours after surgery.

To prevent a blood clot from forming in the heart in patients with an irregular heart beat:

The recommended dose is one tablet of NexaQ 5 mg twice a day.

The recommended dose reduction is 2.5 mg tablet twice daily if the patient experiences at least two of the three conditions listed below:

- your blood test results suggest poor kidney function (value of serum creatinine is 1.5 mg/dL (133 micromole/L) or greater)
- you are 80 years old or older
- your weight is 60 kg or lower.

To treat blood clots occurring in deep veins (Deep Vein Thrombosis [DVT]) lungs (Pulmonary Embolism [PE]): The recommended dose is 10 mg NexaQ twice a day for the first 7 days followed by 5 mg twice daily.

Short duration of treatment (at least 3 months) should be based on transient risk factors (e.g., recent surgery, trauma, immobilisation).

To prevent recurrent blood clots occurring in deep veins (Deep Vein Thrombosis [DVT]) lungs (Pulmonary Embolism [PE]):

The recommended dose is 2.5 mg orally twice daily following completion of 6 months of treatment for DVT or PE with 5 mg twice daily or with another anticoagulant.

Changing from treatment with anticoagulant containing vitamin K antagonist (e.g., warfarin) to NexaQ:

Stop taking the medicine containing a vitamin K antagonist. Your doctor needs

to do blood-measurements and instruct you when to start taking NexaQ. Changing from NexaQ to anticoagulant treatment containing vitamin K antagonist (e.g., warfarin): If your doctor tells you that you have to start taking the medicine containing a vitamin K antagonist, continue to take NexaQ for at least 2 days after your first dose of the medicine containing a vitamin K antagonist. Your doctor needs to do blood measurements and instruct you when to stop taking NexaQ.

People undergoing cardioversion: If your abnormal heartbeat needs to be restored to normal by a procedure called cardioversion, take NexaQ at the times your doctor tells you to do. You have to take 5 mg NexaQ twice daily for at least 2.5 days (5 single doses) before cardioversion.

If you require cardioversion before completing 5 doses of NexaQ, 10 mg loading dose should be given first, followed by 5 mg twice daily. Your doctor may reduce the dose if you meet the criteria for dose reduction.

Your doctor will take confirmation that you have taken NexaQ as prescribed before undergoing cardioversion.

You can continue using NexaQ while undergoing a procedure called catheter ablation, in which the doctor advances a flexible thin tube (catheter) through the blood vessels of your heart to stop abnormal electrical signals in the heart tissue.

Patients who have irregular and often rapid heart rate (atrial fibrillation)/ sudden reduced blood flow to heart (acute coronary syndrome) or undergoing a nonsurgical procedure that improves blood flow to your heart percutaneous coronary intervention should consult with their doctor before taking NexaQ.

When to use it

Swallow the tablet(s) whole with a glass of water, with or without food. If you are unable to swallow whole tablets, NexaQ tablets may be crushed and suspended in water, or 5% dextrose in water or apple juice or mixed with apple puree and immediately administered orally. Alternatively, crushed and suspended in 60 mL of water, or 5% dextrose in water

and immediately delivered through a nasogastric tube.

Take the first tablet as directed by your doctor.

Take your medicine at about the same time each day.

How long to use it

Continue taking your medicine for as long as your doctor tells you.

Do not stop taking your medicine or lower the dosage without checking with your doctor.

If you stop taking it suddenly, you may be at an increased risk of developing a blood clot.

If you have had a major hip operation you will usually take the tablets for 32 to 38 days.

If you have had a major knee operation you will usually take the tablets for 10 to 14 days

If you have blood clots (VTE):

To treat blood clots, you will usually take the tablets for up to 6 months. If necessary, you may need to continue taking the tablets, usually at a lower dose, to prevent further blood clots.

If you have atrial fibrillation:

Continue taking your medicine for as long as your doctor tells you.

If you forget to use it

Take the missed dose as soon as you remember. If it is almost time for your next dose, wait until then to take the medicine and skip the missed dose. Do not take a double dose to make up for the missed dose.

If you use too much (overdose)

Contact your doctor immediately or go to the Emergency Department of your nearest hospital, if you or anyone else may have use too much of this medicine. Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention.

Taking too much of this medicines may cause bleeding that does not stop. If bleeding occurs, treatment must be stopped and surgery or fresh frozen plasma transfusions may be required. In life threatening situation, administration of blood clotting medicines such as prothrombin complex concentrates or

recombinant factor VIIa, may be considered.

Administration of activated charcoal may be useful in the management of apixaban overdose or accidental ingestion.

While you are using it

Things you must do

Use your medicine exactly as your doctor has told you.

Tell all the doctors, dentists and pharmacists treating you that you are taking NexaQ.

If you are going to have any surgery or procedure, including dental surgery, tell your surgeon, doctor or dentist that you are taking this medicine.

Tell your doctor immediately if you become pregnant while taking this medication.

Things you must not do

Do not stop using the medicine unless advised by your doctor.

Do not use any new medicines without consulting your doctor or pharmacist.

Do not give NexaQ to anyone else, even if they have the same symptoms or condition as you

Things to be careful of

Driving and using machines

NexaQ has no or negligible influence on the ability to drive and use machines. If the this medicine make you feel sick, dizzy or tired, or this medicine gives you a headache, do not drive or use machines and contact your doctor immediately.

Side effects

Like all medicines, NexaQ can cause side effects, although not everybody gets them.

Visit your doctor or pharmacist immediately if you experience any side effects after taking this medicine.

The following side effects are common if you take NexaQ to prevent stroke or a blood clot from forming in the heart in patients with an irregular heart beat and at least one additional risk factor.

- deficiency of red cells or of hemoglobin in the blood
- bleeding in your eyes, stomach, gums, nose or rectum
- blood found in the urine
- bruising and swelling

- localized collection of blood outside the blood vessel
- bleeding inside the body through a ruptured blood vessel
- low blood pressure (including fall in blood pressure during any medical procedure)

- nausea
- increase in Gamma-glutamyl transferase (an enzyme presents in body)

The following side effects are common if you take NexaQ to prevent blood clots in veins after a hip or knee replacement surgery.

- deficiency of red cells or of hemoglobin in the blood
- bleeding inside the body through a ruptured blood vessel
- localized collection of blood outside the blood vessels

- nausea
- bruising and swelling

The following side effects are common if you take NexaQ to treat blood clots occurring in deep veins and clots in your lungs and also to prevent these from recurring.

- deficiency of red cells or of hemoglobin in the blood
- low platelet level in blood
- bleeding in your nose, stomach, gums, rectum
- abnormal bleeding from urinary tract, vagina or other reproductive organs
- bleeding inside the body through a ruptured blood vessel
- localized collection of blood outside the blood vessels
- blood in the urine
- bruising and swelling

- nausea
- skin rash
- increase in gamma glutamyl transferase and alanine aminotransferase (enzymes present in body)

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by visiting the website www.npra.gov.my [Consumers → Reporting Side Effects to Medicines (ConSERF or Vaccines (AEFI)].

Storage and Disposal of NexaQ

Storage

Keep out of the reach and sight of the children.

Store below 30 °C.

Do not use this medicine after expiry date.

Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

Product Description

What it looks like

NexaQ Film-coated Tablets 2.5mg: Yellow, round shaped, biconvex, film coated tablets debossed with “2.5” on one side and plain on the other side.

NexaQ Film-coated Tablets 5mg:

Pink, oval shaped, biconvex, film coated tablets debossed with “5” on one side and plain on the other side.

Ingredients

- Active Ingredient
Apixaban

- Inactive Ingredients
Lactose Anhydrous, Microcrystalline Cellulose, Croscarmellose Sodium, Magnesium Stearate, Hydroxypropyl Methylcellulose (HPMC) Compound Mix

MAL Number

MALxxxxxxxxAZ

Manufacturer and Product Registration Holder

Xepa-Soul Pattinson (Malaysia) Sdn Bhd
1-5 Cheng Industrial Estate,
75250 Melaka, Malaysia.

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09/04/2025

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