

# STAGEO FILM-COATED TABLETS 100MG

Sitagliptin 100mg

**What is in this leaflet**

1. What Stageo is used for
2. How Stageo works
3. Before you use Stageo
4. How to use Stageo
5. While you are using it
6. Side effects
7. Storage and Disposal of Stageo
8. Product Description
9. Manufacturer and Product Registration Holder
10. Date of Revision
11. Serial number

**What Stageo is used for**

Stageo (sitagliptin phosphate) is a tablet that contains 100 mg of sitagliptin as the active ingredient.

- Stageo helps to improve the levels of insulin after a meal.
- Stageo decreases the amount of sugar made by the body.
- Stageo works when blood sugar is high, especially after a meal. This is when the body needs the greatest amount of help in lowering blood sugar. STAGEO also lowers blood sugar between meals.
- Stageo by itself is unlikely to cause low blood sugar (hypoglycemia) because it does not work when your blood sugar is low.

**How Stageo works**

Stageo is a member of a class of medicines you take by mouth called DPP-4 inhibitors (dipeptidyl peptidase-4 inhibitors) that lowers blood sugar levels in patients with type 2 diabetes mellitus. Type 2 diabetes is also called non-insulin-dependent diabetes mellitus, or NIDDM.

**Before you take Stageo**When you must not use it

Do not use this medicine if you are allergic to any of the ingredients in Stageo.

Before you start to take it

Tell your doctor if you have or have had

- Type 1 diabetes
- Diabetic ketoacidosis (increased ketones in the blood or urine)
- Any kidney problems, or any past or present medical problems.
- An allergic reaction to Stageo

- Gallstones, alcohol dependence or very high levels of triglycerides (a form of fat) in your blood. These medical conditions can increase your chance of getting pancreatitis.

Taking other medicines

Stageo may be taken with most medicines. Tell your doctor about all the medicines you take. This includes prescription and non-prescription medicines and herbal supplements.

In particular, tell your doctor:

- if you are taking digoxin (a medicine used to treat irregular heart beat and other heart problems). The level of digoxin in your blood may need to be checked if you are taking it with Stageo.

**How to use Stageo**How much to take and when to take it

Take Stageo exactly as your doctor has prescribed. The recommended dose is to take:

- one 100 mg tablet
- once a day
- by mouth, with or without food

If you have kidney problems, your doctor may prescribe lower doses.

Your doctor may prescribe Stageo along with certain other medicines that lower blood sugar.

How long to use it

Continue to take Stageo as long as your doctor prescribes it so you can continue to help control your blood sugar.

Diet and exercise can help your body use its blood sugar better. It is important to stay on your doctor recommended diet, exercise and weight loss program while taking Stageo.

If you forget to use it

If you miss a dose, take it as soon as you remember. If you do not remember until it is time for your next dose, skip the missed dose and go back to your regular schedule. Do not take a double dose of Stageo.

If you use too much (overdose)

If you take more than the prescribed dosage, contact your doctor immediately.

**While you are using it**Things you must do

Take your medicine exactly as your doctor has told you.

Tell all the doctors, dentists and pharmacists treating you that you are taking Stageo.

Tell your doctor immediately if you become pregnant while taking this medication.

Things you must not do

Do not stop taking the medicine unless advised by your doctor.

Do not give Stageo to anyone else, even if they have the same symptoms or condition as you.

Things to be careful of

Cases of inflammation of the pancreas (pancreatitis) have been reported in patients receiving Stageo. Pancreatitis can be a serious, potentially life-threatening medical condition. Stop taking Stageo and call your doctor if you experience severe and persistent stomach pain, with or without vomiting, because you could have pancreatitis.

Cases of a skin reaction called bullous pemphigoid that can require treatment in a hospital have been reported in patients receiving Stageo. Tell your doctor if you develop blisters or the breakdown of your skin (erosion). Your doctor may tell you to stop taking Stageo.

**Use in children**

Stageo is not effective in children and adolescents 10 to 17 years of age with type 2 diabetes. Stageo has not been studied in children younger than 10 years of age.

**Use in the elderly**

In studies, Stageo worked well in and was well-tolerated by older adult patients. No dosage adjustment is necessary based on age.

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**Use in pregnancy and breast-feeding**

Women who are pregnant or plan to become pregnant should consult with their doctor before taking Stageo. Stageo is not recommended for use during pregnancy.

It is not known if Stageo passes into breast milk. You should not use Stageo if you are breast-feeding or plan to breast-feed.

**Can I drive or operate machinery while using Stageo?**

There is no information to suggest that Stageo affects your ability to drive a car or operate machinery.

**Side effects**

Like all prescription medicines, Stageo may cause side effects. In studies, side effects usually were mild and did not cause patients to stop taking Stageo. The side effects reported in patients treated with Stageo were similar to side effects in patients treated with a tablet containing no medication (a placebo).

When Stageo is used in combination with a sulfonylurea medicine or with insulin, low blood sugar with symptoms (hypoglycemia) due to the sulfonylurea or insulin can occur. Lower doses of the sulfonylurea medicine or insulin may be required.

When Stageo was used in combination with insulin, the following additional side effects were reported:

- Flu
- Headache

When Stageo and metformin were started together, the following side effects were reported:

- Diarrhea
- Indigestion
- Flatulence
- Vomiting
- Headache

When Stageo and pioglitazone were started together, the side effect of decreased blood sugar measurements without symptoms of hypoglycemia was reported.

When Stageo was used in combination with metformin and rosiglitazone, the following side effects were reported:

- Headache
- Low blood sugar with symptoms (hypoglycemia)
- Diarrhea
- Upper respiratory infection
- Nausea
- Cough
- Fungal skin infection
- Swelling of the hands or legs
- Vomiting

Additional side effects have been reported in general use with Stageo by itself and /or with other diabetes medicines:

- Allergic reactions, which may be serious, including rash, hives, and swelling of the face, lips, tongue, and throat that may cause difficulty in breathing or swallowing. If you have an allergic reaction, stop taking Stageo and call your doctor right away. Your doctor may prescribe a medication to treat your allergic reaction and a different medication for your diabetes.
- Inflammation of the pancreas.
- Kidney problems (sometimes requiring dialysis).
- Upper respiratory infection.
- Stuffy or runny nose and sore throat.
- Constipation.
- Vomiting.
- Headache.
- Joint pain.
- Muscle aches.
- Arm or leg pain.
- Back pain.
- Itching.
- Blisters.
- Reduced number of platelets.

Tell your doctor or pharmacist if you develop any unusual side effect, or if any known side effect does not go away or gets worse.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by visiting the website [npra.gov.my](http://npra.gov.my) [Consumers → Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)]

**Storage and Disposal of Stageo**Storage

Store below 30 °C.

Keep out of the reach of the children.

Do not use this medicine after expiry date.

Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

**Product Description**What it looks like

Beige, round, normal convex, heart logo on upper side and plain on lower side, 10.0 mm in diameter.

Ingredients

- Active Ingredient

Sitagliptin Phosphate Monohydrate

- Inactive Ingredients

Microcrystalline Cellulose-PH200,  
Dicalcium Phosphate Anhydrous,  
Croscarmellose Sodium,  
Microcrystalline Cellulose-PH102  
Magnesium Stearate, Hydroxypropyl  
Methylcellulose Compound Mix,  
Colour Pigment Yellow, Colour  
Pigment Red.

MAL Number

MALxxxxxxxxAZ

**Product Registration Holder**

Xepa-Soul Pattinson (Malaysia) Sdn Bhd  
1-5 Cheng Industrial Estate,  
75250 Melaka, Malaysia.

**Date of Revision**

29/01/2026

**Serial Number**

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