

Xeralix Ointment

Betamethasone Dipropionate 0.05% w/w (as Betamethasone Dipropionate) and Salicylic Acid 3%w/w

What is in this leaflet:

1. What Xeralix Ointment is used for
2. How Xeralix Ointment works
3. Before you use Xeralix Ointment
4. How to use Xeralix Ointment
5. While you are using it
6. Side effects
7. Storage and disposal of Xeralix Ointment
8. Product description
9. Manufacturer and Product Registration Holder
10. Date of revision
11. Serial number

What is Xeralix Ointment used for

Xeralix Ointment is used for the treatment of

- Hyperkeratotic (thickening of the outer layer of the skin) with skin inflammation
- Dry corticosteroid-responsive dermatoses (dry skin with lesions)

How Xeralix Ointment works

Betamethasone dipropionate, a synthetic glucocorticoid, is thought to act by controlling the rate of synthesis of protein. It works by reducing redness, inflammation, swelling, and irritation of the skin.

Topical salicylic acid has the ability to soften the top layer scales of the skin.

Before you use Xeralix Ointment

When you must not to use it

Do not use Xeralix Ointment if you have:

- Rosacea, acne, perioral dermatitis (inflammatory rash involving the skin around the mouth), perianal and genital pruritis (persistent itch)
- Known hypersensitivity to any ingredients in this medicine.
- Viral lesions of the skin, particularly herpes simplex, vaccinia (smallpox), varicella (chickenpox)
- Napkin (rash) eruptions, fungal or bacterial skin infections without suitable concomitant anti-infective therapy.

Before you start to use it

Tell your doctor or pharmacist if:

- you are pregnant or plan to get pregnant.
- you are breast-feeding.

Taking other medicines

Tell your doctor if you are taking any other medicines, including any that you buy without a prescription from a pharmacy, supermarket or health food shop.

How to use Xeralix Ointment

How much to use

For topical use only.

Gently massage a thin film of the ointment to cover the affected area twice daily.

Duration of treatment

If used in children or on the face courses should be limited to five days. Long term continuous therapy should be avoided in all patients irrespective of age.

When to use it

Use as directed by your doctor or pharmacist.

How long to use it

- Continue taking for as long as your doctor recommends.
- Ask your doctor or pharmacist before prolonged using.

If you forget to use it

Consult your doctor or pharmacist on what you should do if you forget to use it.

Apply the ointment as soon as possible and then continue the rest of the treatment as usual.

If you use too much (overdose)

Contact your doctor immediately or go to the Emergency Department of your nearest hospital, if you think you or anyone else may have used too much of this medicine. Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention.

Overdosage of Xeralix Ointment may result in manifestation of Crushing's Syndrome, which includes fat deposits in the face (moon face), muscle weakness, bruises easily, acne, stretch marks, weight gain. Discontinue the use of Xeralix Ointment slowly.

While you are using Xeralix Ointment

Things you must do

- Wash your hands before and after applying the ointment.
- Clean and dry the affected area before applying the ointment.

Apply the medicine exactly as your doctor has told you.

Tell all the doctors and pharmacists treating you that you are using Xeralix Ointment.

Tell your doctor immediately if you become pregnant while taking this medication.

Things you must not do

- Xeralix Ointment is for external use only. Do not put the ointment into your mouth or eyes.
- Do not take any new medicines without consulting your doctor.
- Do not give this product to anyone else, even if they have the same symptoms or condition as you.

Things to be careful of

- Please always consult your doctor or pharmacist before using this product especially when there is a known to hypersensitivity.

WARNING

When used for treatment of skin lesions with inflammation:

- Avoid contact with eyes and mouth
- Do not use under occlusive dressing
- Do not apply on broken skin
- Avoid prolonged use of topical corticosteroid on the face and in children (courses should be limited to 5 days)
- If irritation or sensitisation develops, treatment should be discontinued
- If excessive dryness or increased skin irritation develops, discontinue the use of this preparation
- Refer to ophthalmologist if experiences blurred vision or other visual disturbances
- Do not smoke or go near naked flames
- Individual allergic to aspirin/other NSAID should avoid this product.

Side effects

Like all medicines, this product can cause side effects, although not everybody gets them. Visit your doctor or pharmacist immediately if you experience any side effects after taking this medicine. Possible side effects reported following use of topical corticosteroid includes local atrophy of the skin, striae and superficial vascular dilation, particularly on the face.

Other side effects include burning, itching, irritation, dryness, folliculitis (inflammation of hair follicles), hypertrichosis (excessive hair growth), acneiform eruptions, hypopigmentation, perioral dermatitis and allergic contact dermatitis.

If you experience any symptoms persistently for more than 7 days, please consult your doctor, dentist or pharmacist.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by visiting the website npra.gov.my [Consumers → Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)].

Storage and disposal of Xeralix Ointment

Storage

Store below 30°C.

Keep out of reach of children.

The expiry date of this product is indicated on the packaging.

Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

Product description

How it looks like

Each tube contains 15g of white to off-white, smooth, homogenous ointment

Ingredients

Active ingredients

Betamethasone Dipropionate

Salicylic Acid

Inactive ingredients

Liquid Paraffin

White Soft Paraffin

MAL Number

MAL

Manufacturer and Product Registration

Holder

Xepa-Soul Pattinson (Malaysia) Sdn Bhd

1-5, Cheng Industrial Estate,

75250 Melaka,

Malaysia.

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