NORMATEN®

Atenolol (50mg, 100mg)

What is in this leaflet

1. What Normaten is used for
2. How Normaten works
3. Before you use Normaten
4. How to use Normaten
5. While you are using it
6. Side effects
7. Storage and Disposal of Normaten
8. Product Description
9. Manufacturer and Product Registration Holder
10. Date of revision

What Normaten is used for

It is used to:

- treat high blood pressure (hypertension).
- treat irregular heart beat (dysrhythmias).
- prevent chest pain (angina).
- as early treatment of the heart after the heart attack (myocardial infarction).

How Normaten works

Atenolol is a beta-blocker, which slows down heart contraction, reduces response of heart to stress and exercise, and reduces blood pressure.

Before you use Normaten

- *When you must not take it*

Do not take Normaten if you:

- are allergic (hypersensitivity) to atenolol or any ingredients in this medicine.
- have difficulty in breathing or airway obstruction.
- suffer from too much acid in blood (metabolic acidosis).
- have slow heart beat (bradycardia).
- have partial heart block.
- have insufficient supply of blood in body.
- have heart failure.

- *Before you start use it*

Tell your doctor or pharmacist if you:

- have tumor of adrenal gland (phaeochromocytoma).
- have weak heart function or heart disease.
- have diabetes.
- have hyperthyroidism (overactive of thyroid gland).
- have blockage of blood vessels.
- have kidney failure.
- have insufficient supply of blood in body (cardiogenic shock).
- have difficulty in breathing or airway obstruction.
- will be undergone anaesthesia.
- are pregnant or plan to pregnant.
- are breast-feeding or plan to start breast-feeding.

- *Taking other medicines*

Tell your doctor if you are taking any other medicines, including any that you buy without a prescription from a pharmacy, supermarket or health food shop.

How to use Normaten

- *How much to use*

Hypertension

50mg to 100mg once daily

Angina

50mg twice daily or 100mg once daily

Dysrhythmias

50mg to 100mg once daily.

Myocardial infarction

50mg twice daily and followed by 100mg once daily.

Not recommended for use in children under 12 years old.

Your doctor or pharmacist will determine the appropriate tablet strength for you, depending on your condition, current treatment and personal risk status.

- *When to use it*

Once or twice daily, follow the dose prescribed by doctor or pharmacist.

- *How long to use it*

Follow the prescription from your doctor or pharmacist. Ask your doctor or pharmacist before prolonged use of this medicine.

- *If you forget to use it*

Take it as soon as you remember, unless it is nearly time for your next dose, skip the missed dose. Then go on as before. Never double up on the next dose to make up for the one missed.

- *If you use too much (overdose)*

Symptoms of overdose are of those possible side effects. Seek immediate medical attention if you have taken too much or worried with your conditions.

While you are using it

- *Things you must do*

Always wash your hand before handle the tablets. Take the tablets with water and try to take at the same time each day.

- *Things you must not do*

Do not chew the tablet and swallow it with water.

Do not take this medicine by yourself without prescription from your doctor or pharmacist.

- *Things to be careful of*

Tell your doctor or pharmacist if you:

- are allergic to any ingredients in this medicine.
- are pregnant or plan to pregnant.
- are breast feeding or plan to start breast feeding.
- have problems with your heart, kidney, blood circulation and thyroid gland.
- have diabetes.
- have difficulty in breathing.

Side effects

- Slow heart beat.
- Low blood pressure.
- Heart failure.
- Blockage of blood vessels.
- Dizziness, fatigue and mental depression.
- Visual disturbances.
- Diarrhoea, nausea and vomiting.

Seek immediate medical attention if you experience any side effects or allergic reactions.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by visiting the website npra.gov.my [Consumers→ Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)].

Storage and Disposal of Normaten

- *Storage*

Store at room temperature below 30°C.

Protect from light and moisture.

Keep out of reach of children.

Do not use this medicine after the expiry date.

- *Disposal*

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

Product Description

- *What it looks like*

Normaten Tablet 50mg
White, round, coated tablets in blister strips of 14's in packing of 28 tablets per box.

Normaten Tablet 100mg
Orange, round, coated tablets in blister strips of 7's in packing of 28 tablets per box.

- *Ingredients*
  - *Normaten Tablet 50mg*
    It contains Atenolol 50mg.

    Other ingredients are Starch, Titanium Dioxide, Sodium Starch Glycolate, Lactose, Dioctyl Sodium Sulphosuccinate, Polymethacrylate, Talcum Powder, Polyvinylpyrrolidone, Isopropyl Alcohol, Colloidal Sillicone Dioxide, Acetone, Microcrystalline Cellulose, Magnesium Stearate, Purified Water.

  - *Normaten Tablet 100mg*
    It contains Atenolol 100mg.

    Other ingredients are Starch, Titanium Dioxide, Sunset Yellow, Sodium Starch Glycolate, Lactose, Dioctyl Sodium Sulphosuccinate, Colloidal Silicon Dioxide, Opaglos 6000 White, Eudragit E100, Polymethacrylate, Talcum Powder, Polyvinylpyrrolidone, Isopropyl Alcohol, Acetone, Microcrystalline Cellulose, Magnesium Stearate, Purified Water.

Manufacturer and Product Registration Holder
Xepa-Soul Pattinson (Malaysia) Sdn Bhd
1-5 Cheng Industrial Estate,
75250 Melaka,
Malaysia.

Registration number
Normaten Tablet 50mg:
MAL19910864AZ

Normaten Tablet 100mg:
MAL19940026AZ

Date of Revision
27/07/2020

Serial Number
NPRA(R2/1)200106/321