

SEDILIX-DM LINCTUS

Pseudoephedrine Hydrochloride/ Dextromethorphan Hydrobromide/Promethazine Hydrochloride (30mg/15mg/3.125mg per 5ml)

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What Sedilix-DM Linctus is used for

Sedilix-DM Linctus is used:

- for the relief of dry irritating coughs such as those associated with common cold or upper respiratory tract infections.
- to relieve nose congestion, sneezing and rhinorrhea (runny nose) associated with allergy and common cold.

How Sedilix-DM Linctus works

Dextromethorphan Hydrobromide is a cough suppressant. Pseudoephedrine Hydrochloride is a decongestant which works by reducing swelling of the blood vessels in the air passages, thereby making it easier to breathe. Promethazine Hydrochloride is an antihistamine and works by blocking a certain natural substance (histamine) that your body makes during an allergic reaction.

Before you use Sedilix-DM Linctus

- When you must not use it

Do not use Sedilix-DM Linctus if you

- are allergic to any ingredients in this medicine.
- This product contains promethazine hydrochloride. It should not be used in pediatric patients less than 2 years of age because of the potential for fatal respiratory depression. To be used with cautions, and as advised by the physician/pharmacist for children age 2 to 6 years.

Before you start to use it

Tell your doctor or pharmacist before using Sedilix-DM Linctus if you:

- are pregnant or plan to get pregnant.
- are breast-feeding or plan to start breast-feeding.
- have persistent cough due to smoking, lung disease or asthma.
- are coughing with excessive secretions.
- have liver, lungs, heart or metabolic problems, e.g. asthma, high blood

pressure, high blood sugar, overactive of thyroid gland.

- are taking drugs for antidepressant, e.g. MAOIs (monoamine oxidase inhibitors) or within 2 weeks from stopping such treatment.
- have epilepsy (seizure).
- have prostate enlargement and/or bladder disorder.
- have glaucoma (increased pressure in the eye).
- have gastrointestinal problems.

- Taking other medicines

Tell your doctor if you are taking any other medicines, including any that you buy without a prescription from a pharmacy, supermarket or health food shop.

Sedilix-DM Linctus may react with betahistine, certain hypnotic and anxiolytic medication, metoclopramide and antiparkinson medicines.

How to use Sedilix-DM Linctus

- How much to use

- Adult and children over 12 years
10ml every 6 hours.
- Children 6 to 12 years
5ml every 6 hours.
- Children 2 to 5 years
2.5ml every 6 hours.

Follow all directions given to you by your doctor and pharmacist carefully. They may differ from the information contained in this leaflet. If you do not understand the instructions on the label, ask your doctor or pharmacist for help.

- When to use it

Use as directed by your doctor or pharmacist.

- How long to use it

Follow the prescription from your doctor or pharmacist. Ask your doctor or pharmacist before prolonged use of this medicine.

If symptoms do not improve within one week or accompanied with high fever, consult a physician before continuing use.

- If you forget to use it

Consult your doctor or pharmacist on what you should do if you forget to use it.

Take the missed dose as soon as you remember. If it is almost time for your next dose, wait until then to take the medicine and skip the missed dose. Do not take a double dose to make up for the missed dose.

- If you use too much (overdose)

Contact your doctor immediately or go to the Emergency Department of your nearest hospital, if you think you or anyone else may have taken too much of this medicine. Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention.

Taking too many tablets may cause difficulty in breathing, paranoid psychosis, delusions, hallucinations, convulsions, high blood pressure and slow heart rate.

While you are using it

- Things you must do

- Take your medicine exactly as your doctor has told you.
- Tell all the doctors, dentists and pharmacists treating you that you are taking Sedilix-DM Linctus.
- Tell your doctor immediately if you become pregnant while taking this medication.
- Always wash your hand before handling the medicine.
- Sip and swallow the medicine slowly, preferably taken without dilution.

- Things you must not do

- Do not stop taking the medicine unless advised by your doctor.
- Do not take any new medicines without consulting your doctor.
- Do not give product name to anyone else, even if they have the same symptoms or condition as you.

- Things to be careful of

Tell your doctor or pharmacist if you:

- are allergic to any other ingredients in this medicine.
- are pregnant or breast-feeding
- have problems with liver, lung and/or heart.
- have taken alcoholic drinks or other drugs that may cause drowsiness.

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Driving and using machines

This medicine may affect your ability to drive or use machines. If the tablets make you feel sick, dizzy or tired, or give you a headache, do not drive or use machines and contact your doctor immediately.

Side effects

- Drowsiness, dizziness
- Constipation
- Dry mouth
- Gastrointestinal disturbances
- Sleeplessness, restlessness
- Mental disruption
- Irregular heart beat
- Tightness of chest
- Rashes
- Blood disorders
- Thickening of secretions

This is not a complete list of side effects. Like all medicines, Sedilix-DM Linctus can cause side effects, although not everybody gets them.

Visit your doctor or pharmacist immediately if you experience any side effects after taking this medicine.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by calling Tel: 03-78835490, or visiting the website npra.moh.gov.my [Public → Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)].

Storage and Disposal of Sedilix-DM Linctus

- Storage

Store in a cool place below 30 °C.

Keep out of the reach of the children.

Do not use this medicine after expiry date.

- Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

Product Description

- What it looks like

Brown syrup.

Available in pack of 90ml and 120ml.

- Ingredients

- Active ingredients

Dextromethorphan Hydrobromide,
Pseudoephedrine Hydrochloride,
Promethazine Hydrochloride.

- Inactive Ingredients

Syrup, Glycerin, Citric Acid Anhydrous, Sodium Citrate, Ascorbic Acid, Sodium Sulphite, Sodium Metabisulphite, Saccharin Sodium, Methyl Hydroxybenzoate, Propyl Hydroxybenzoate, Menthol, Chloroform Spirit, Liquid Caramel, Cherry Flavour, Purified Water.

- MAL Number

MAL19913393AZ

Manufacturer and Product Registration Holder

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1-5 Cheng Industrial Estate,
75250 Melaka, Malaysia.

Date of revision

08/03/2019

Serial Number

NPRA(R2/1)190219/49