

NEPHROGEN TABLET

Vitamin B1/Vitamin B6/Vitamin B12 (100mg/200mg/200mcg)

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What Nephrogen Tablet is used for

It is used as additional therapy for certain nerve problems and pain and also nerve damage due to diabetes.

How Nephrogen Tablet works

Nephrogen Tablet contains active ingredients vitamin B1, vitamin B6 and vitamin B12, that work together to support nerve health and function.

Before you use Nephrogen Tablet

- When you must not use it

Do not take this medicine if you:

- are hypersensitive to vitamin B1, vitamin B6, vitamin B12 or any other ingredients of this medicine (listed in Product Description).
- have early Leber's disease (a genetic nerve disorder).

- Before you start to use it

Tell your doctor before taking this medicine if you:

- have severe megaloblastic anemia (unusually large blood cells) due to vitamin B12 deficiency.

Pregnancy and breastfeeding

If you are pregnant, planning to get pregnant or think you may be pregnant, discuss with your doctor before starting any medicine.

Nephrogen Tablet is secreted into breast milk and may affect your milk supply. Your doctor will discuss the risks and benefits of breast feeding while you're taking this medicine.

- Taking other medicines

Tell your doctor if you are taking any other medicines, including any that you buy without a prescription from a pharmacy, supermarket or health food shop.

You should talk to your doctor or pharmacist if you are taking: -

- levodopa (medicine to treat Parkinson disease).
- isoniazid, aminosalicylic acid (used for tuberculosis).
- penicillamine (used for Wilson's disease).
- oral contraceptives.
- aminoglycosides antibiotics, chloramphenicol (treat bacterial infections).
- anticonvulsants.
- biguanides (used to treat diabetes).
- cholestyramine (used to reduce cholesterol).
- cimetidine (used for gastric ulcer).
- colchicine (to treat acute gout).
- potassium salts.
- methyldopa (to treat high blood pressure).

How to use Nephrogen Tablet

- How much to use

Oral administration.

1 tablet to be taken three times daily.

- When to use it

Take the tablet before or during meals. Take 3 times daily or as directed by your doctor or pharmacist.

- How long to use it

Take Nephrogen Tablet for the duration that the doctor recommends.

- If you forget to use it

Take the missed dose as soon as you remember. If it is almost time for your next dose, wait until then to take the medicine and skip the missed dose. Do not take a double dose to make up for the missed dose.

- If you use too much (overdose)

Contact your doctor immediately or go to the Emergency Department of your nearest hospital if you or anyone else may have taken too much of this medicine. Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention.

Taking too many tablets may cause an increase in side effects, if use in high doses:

- vitamin B6: may lead to severe nerve damage in the limbs.
- vitamin B12: may lead to blood disorder (especially in those with folate deficiency).

While you are using it

- Things you must do

- Use your medicine exactly as your doctor has told you.
- Tell all the doctors, dentists and pharmacists treating you that you are using Nephrogen Tablet.
- Tell your doctor immediately if you become pregnant while using this medication.
- If you will undergo any surgery or any procedure that requires anesthesia, please tell your doctor that you are taking Nephrogen Tablet.

- Things you must not do

- Do not stop taking the medicine unless advised by your doctor.
- Do not take any new medicines without consulting your doctor.
- Do not give Nephrogen Tablet to anyone else, even if they have the same symptoms or condition as you.

- Things to be careful of

Driving and using machines

Be careful driving or operating machinery until you know how Nephrogen Tablet affects you.

Your doctor might need to monitor your potassium levels and platelet count regularly while taking this medicine.

Side effects

Like all medicines, Nephrogen Tablet can cause side effects, although not everybody gets them.

Side effects reported such as:

- nausea
- headache
- tingling sensations
- drowsiness
- hives
- skin reactions such as redness, skin peeling of the face, rash, and acne

Any other effects not listed above may also occur in some people. Please refer to your doctor or pharmacist if you experience any other side effects while taking this medication.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by visiting the website npra.gov.my [Consumers→ Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)].

Serial number:

NPRA(R4/1)020824/00098

Storage and Disposal of Nephrogen Tablet**- Storage**

Store below 25°C.

- Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

Product Description**- What it looks like**

A round, convex, off-white, film-coated tablet.

- Ingredient(s)**- Active Ingredients**

- Thiamine mononitrate (vitamin B1)
- Pyridoxine Hydrochloride (vitamin B6)
- Cyanocobalamin (vitamin B12)

- Inactive Ingredients

- Microcrystalline Cellulose
- Corn starch
- Polyvinylpyrrolidone (PVP) K-90
- Isopropyl Alcohol
- Magnesium Stearate
- Hydroxypropyl methylcellulose
- Deionised water
- PEG-6000
- Calcium Carbonate
- Talcum
- Titanium dioxide

- MAL number

MAL20040324XZ

Manufacturer & Product Registration Holder

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Date of revision

19/08/2024