

PAMOL TABLET / PAMOL 650 TABLET

Paracetamol (500mg, 650mg)

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What Pamol Tablet is used for

It is used for relief discomfort and fever such as the common cold and viral infections. It also help to relief musculoskeletal pain as well as in other painful disorders such as headaches, dysmenorrhea (period pain) or abdominal cramp, muscle weakness and severe pain due to nerve injury or damage.

How Pamol Tablet works

The active ingredient in the medicine is Paracetamol. Paracetamol has analgesic and antipyretic mechanism to reduce anti-inflammatory action to relief pain and reduce fever.

Before you use Pamol Tablet

- When you must not use it

Do not take this medicine if you

- are hypersensitive to paracetamol or any of the other ingredients listed at the end of the leaflet.
- have liver damage.
- concomitant administration of other medicine that contains paracetamol at same time.

- Before you start to use it

Tell your doctor before taking this medicine if you have:

- liver and kidney problem.

Pregnancy and breastfeeding

You should check with your doctor if you are or think you may be pregnant, planning to become pregnant or if you are breastfeeding.

It is not recommended for pregnant women and nursing mothers unless the expected benefit outweighs any potential risks.

There is inadequate evidence of safety in human pregnancy. Safety during pregnancy has not been established. Caution should be taken when breastfeeding.

- Taking other medicines

There are a few medicines which may interact with Pamol Tablet. It is important to tell your doctor or pharmacist about all the medicines that you are taking, including those obtained without doctor's prescription. You should talk to your doctor or pharmacist if you are taking:-

- anticonvulsants, medicines for fits such as phenobarbitone.
- alcohol.
- medicines to treat cancer (doxorubicin).
- concomitant administration with medicines to treat bacterial and fungal infections (chloramphenicol).
- medicines used for pain killer/anti-inflammatory (such as codeine).
- antiretroviral, medicine to treat or prevent HIV/AIDS (such as zidovudine).

How to use Pamol Tablet

- How much to use

You should take Pamol Tablet exactly as advised by your doctor or pharmacist. The amount you take each day will depend on your condition. Do not take more or less than what your doctor prescribes.

Oral administration

- 500mg: 1 to 2 tablets every 4 to 6 hour as needed. Not recommended to take more than 8 tablets in a day.
- 650mg: 1 to 1 ½ tablets, three to four times daily. Not recommended to more than 6 tablets in a day unless advised by the physician.

- When to use it

Use Pamol Tablet when needed and according to doctor's prescription.

- How long to use it

It is important to take Pamol Tablet as long as your doctor prescribes.

- If you forget to use it

Take the missed dose as soon as you remember. If it is almost time for your next dose, wait until then to take the medicine and skip the missed dose. Do not take a double dose to make up for the missed dose.

- If you use too much (overdose)

Contact your doctor immediately or go to the Emergency Department of your nearest hospital, if you think you or anyone else may

have taken too much of this medicine. Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention.

Symptoms of overdose include nausea, vomiting, abnormal sweating and general malaise.

While you are using it

- Things you must do

- Tell all the doctors, dentists and pharmacists treating you that you are taking Pamol Tablet.
- Tell your doctor immediately if you become pregnant while taking this medication.

- Things you must not do

- Do not stop taking the medicine unless advised by your doctor.
- Do not take any new medicines without consulting your doctor.
- Do not give Pamol Tablet to anyone else, even if they have the same symptoms or condition as you.

- Things to be careful of

Allergy alert: Paracetamol may cause severe skin reactions. Symptoms may include skin reddening, blisters or rash.

These could be signs of a serious condition. If these reactions occur, stop use and seek medical assistance right away.

Side effects

Like all medicines, Pamol Tablet can cause side effects, although not everybody gets them. Although the side effects of paracetamol are mild, the followings have been reported;

- Blood disorder: agranulocytosis (reduction in the number of white blood cells), pancytopenia (blood cells deficiency), thrombocytopenia (low blood platelet count).
- Skin: skin rashes, swelling of the deeper layers of the skin, Stevens Johnson Syndrome or toxic epidermal necrolysis (Lyell's syndrome).

Any other effects not listed above may also occur in some people. Please refer to your doctor or pharmacist if you experience any other symptoms while taking this medication.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by visiting the website npa.gov.my [Consumers→ Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)].

Storage and Disposal of Pamol Tablet

- Storage

Store at or below 30 °C. Protect from light.

- Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

Product Description

- What it looks like

- 500mg: Oval, deep convex white plain tablet.
- 650mg: Oblong, convex white plain tablet with single score on one side only.

- Ingredient(s)

- Active Ingredient
- Paracetamol

- Inactive Ingredients

Pamol Tablet

- Corn Starch
- Magnesium Stearate
- Sodium Starch Glycolate
- Kollidon 90F
- Plasdone K90
- Isopropyl Alcohol
- Purified Water

Pamol 650 Tablet

- Corn Starch
- Magnesium Stearate
- Sodium Starch Glycolate
- Polyvinylpyrrolidone K90 (wet & dry)
- Isopropyl Alcohol

- MAL number

Pamol Tablet: MAL19921067XZ

Pamol 650 Tablet: MAL20013774XZ

Manufacturer

Sunward Pharmaceutical Sdn. Bhd.
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Product Registration Holder

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