

# FEROCOM TABLET

Ferrous sulphate, Thiamine HCl, Riboflavine, Nicotinamide, Folic acid (180mg/3mg/1.5mg/10mg/5mg)

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## What Ferrocom Tablet is taken for

It is used to treat iron deficiency, especially when the body also lacks certain B vitamins due to poor intake or higher needs. It also helps treat a condition of low red blood cells (megaloblastic anemia) caused by a lack of folic acid.

## How Ferrocom Tablet works

The active ingredients in this medicine work together to provide essential nutrients to support blood health and energy production.

## Before you take Ferrocom Tablet

### - When you must not take it

Do not take this medicine if you:

- are sensitive/allergic to ferrous sulphate, thiamine hydrochloride, riboflavine, nicotinamide, and folic acid or any other ingredients in these tablets (listed in Product Description).

### - Before you start to take it

Tell your doctor before taking this medicine if you have:

- certain types of anemia (low red blood cells) that require vitamin B12 or severe nutrient deficiencies.
- iron-related disorders.
- digestive problems.

### Pregnancy and Lactation

Please consult your doctor or pharmacist if you are pregnant, planning for pregnancy or breast-feeding before using any medicine.

### - Taking other medicines

Tell your doctor if you are taking any other medicines, including any that you buy without a prescription from a pharmacy, supermarket or health food shop.

You should talk to your doctor or pharmacist if you are taking:-

- levodopa with carbidopa (medicine to treat Parkinson disease).
- tetracyclines, chloramphenicol and fluoroquinolones such as ciprofloxacin and ofloxacin (antibiotics).
- antacid (medication for heartburn).
- methyl dopa (medication to treat high blood pressure).
- penicillamine (medication used for metal poisoning or arthritis).

To minimize the interactions, it is best to take Ferrocom Tablet 2 to 3 hours apart from these medications.

## How to take Ferrocom Tablet

### - How much to take

Follow all directions given to you by your doctor and pharmacist carefully. They may differ from the information contained in this leaflet. If you do not understand the instructions on the label, ask your doctor or pharmacist for help.

Oral administration.

Children 6 to 12 years of age: 1 tablet, once daily.

Adult and elderly people: 1 to 3 tablets a day in divided doses.

### - When to take it

Take as directed by your doctor or pharmacist. Best to be taken after food or with food.

### - How long to take it

Take Ferrocom Tablet for as long as your doctor prescribes.

### - If you forget to take it

Take the missed dose as soon as you remember. If it is almost time for your next dose, wait until then to take the medicine and skip the missed dose. Do not take a double dose to make up for the missed dose.

### - If you take too much (overdose)

Contact your doctor immediately or go to the Emergency Department of your nearest hospital, if you or anyone else may have taken too much of this medicine. Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention.

Symptoms of iron overdose include vomiting with blood, rapid breathing, fast heartbeat, and dark, foul-smelling diarrhea. In severe cases, it can lead to organ failure and even death. Some people may seem to recover at first but later experience stomach pain, black stools, drowsiness, confusion, or seizures. If they survive this phase, liver or kidney problems may appear within 1–2 weeks. Months later, some may develop digestive issues like narrowing of the stomach opening.

## While you are using it

### - Things you must do

- Take your medicine exactly as your doctor has told you.
- Tell all the doctors, dentists and pharmacists treating you that you are using Ferrocom Tablet.
- Tell your doctor immediately if you become pregnant while using this medication.

### - Things you must not do

- Do not stop taking the medicine unless advised by your doctor.
- Do not take any new medicines without consulting your doctor.
- Do not give Ferrocom Tablet to anyone else, even if they have the same symptoms or condition as you.

### - Things to be careful of

#### Driving and using machines

Be careful driving or operating machinery until you know how Ferrocom Tablet affects you.

## Side effects

Like all medicines, Ferrocom Tablet can cause side effects, although not everybody gets them.

Side effects of iron include:

- Allergic reactions (rare)
- Common digestive issues: stomach discomfort, diarrhea, vomiting
- High doses may cause: severe stomach irritation or damage, internal bleeding (vomiting blood), severe diarrhea, which may lead to circulatory failure
- Metabolic issues, seizures, or coma in extreme cases

- Serious complications: liver damage may develop, possibly leading to liver failure and death.

Please refer to your doctor or pharmacist if you experience any other symptoms while taking this medication.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by visiting the website [npra.gov.my](http://npra.gov.my) [Consumers→ Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)].

### **Manufacturer & Product Registration Holder**

Sunward Pharmaceutical Sdn. Bhd.  
No. 9,11 & 17, Jalan Kempas 4,  
Taman Perindustrian Tampoi Indah,  
81200 Johor Bahru, Johor, Malaysia.

### **Date of revision**

17/06/2025

### **Serial number:**

NPRA(R4/1)080525/00035

### **Storage and Disposal of Feroacom Tablet**

#### - Storage

Store at temperature 25 °C. Protect from light.

#### - Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

### **Product Description**

#### - What it looks like

Round, egg-yellow, sugar-coated tablets.

#### - Ingredient(s)

##### - Active Ingredients

- Ferrous Sulphate
- Thiamine HCl
- Riboflavine
- Nicotinamide
- Folic Acid

##### - Inactive Ingredients

- Shellac
- Polyvinylpyrrolidone
- Calcium carbonate
- Talcum
- Maize starch
- Sugar
- Acacia
- Gelatin
- Quinoline Yellow 70E
- Ponceau C4R

#### - MAL number

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