

LINDACIN CAPSULES 150MG “S.T.” (CLINDAMYCIN)

Clindamycin hydrochloride (150mg)

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What Lindacin Capsules is used for

It is used as antibiotic for treatment of serious infections such as serious respiratory tract infections, serious skin and soft tissue infections, septicemia (blood poisoning), intra-abdominal infections (inflammation of tissue organ), infections of the female pelvis and genital tract (example : inflammation of inner lining of the uterus, tubo-ovarian abscess, pelvic cellulitis and postsurgical vaginal cuff infection that caused by susceptible strains anaerobes, streptococci, pneumococci and staphylococci bacteria.

This should be used with caution at times when using penicillin.

How Lindacin Capsules works

The active ingredient contain in this medicine is clindamycin. Clindamycin works as an antibiotic to kill microbial activity.

Before you use Lindacin Capsules

- When you must not use it

Do not take Lindacin Capsules if you:-

- are hypersensitive to clindamycin, lincomycin, or any of the other ingredients in this medicine (listed in the Product Description).
- have meningitis (Swelling of the membranes covering the brain and spinal cord caused by a bacterial or viral infection.).

Lindacin Capsules should not be used in newborn due to possibility of severe reactions.

- Before you start to use it

Tell your doctor if you have any of the following conditions to help him or her decide if Lindacin Capsules is suitable for you:

- blockage of nerves and muscle.
- concurrent administration with erythromycin.
- associated with severe illness.
- history of gastrointestinal disease.
- atopic dermatitis (eczema).
- infected with yeast.
- you suffer from problems with kidneys.

Some medicines may increase the effects of Lindacin Capsules and your doctor may wish to monitor you carefully if you are taking these medicines (including some test such as periodic liver, kidney function test and blood counts).

Pregnancy and lactation

You should check with your doctor if you are pregnant or think you may be pregnant, planning to become pregnant or if you are breastfeeding.

Lindacin Capsules should be used with caution during pregnancy. There is inadequate evidence of safety in human pregnancy. Safety during pregnancy has not been established. Caution should be taken when breastfeeding as clindamycin appear in breast milk and can cause other unwanted effects.

- Taking other medicines

Tell your doctor if you are taking any other medicines, including any that you buy without a prescription from a pharmacy, supermarket or health food shop. You should talk to your doctor or pharmacist if you are taking:-

- other neuromuscular agent for nerve and muscle treatment.
- medicines to treat diarrhea.
- antibiotics (example, erythromycin).

How to use Lindacin Capsules

- How much to use

You should take Lindacin Capsules as advised by your doctor or pharmacist. Dosage requirements are variable and must be individualized on the basis of the disease and the response of the individual. Do not take more or less than what your doctor prescribes.

Oral administration.

Adults :

- mild to moderately severe infections - 150mg to 300mg every 6 hours a day.
- severe infections - 300mg to 450mg every 6 hours a day.

Children:

- mild to moderately severe infections - dose is adjusted based on body weight between 8mg to 16mg/kg/day (4 to 8mg/lb/day) divided into three or four equal doses a day.
- severe infections - the dose is adjusted based on body weight 16mg to 20mg/kg/day (8 to 10mg/lb/day) divided into three or four equal doses.

- When to use it

Lindacin Capsules should be taken with a full glass of water and no less than 30 minutes before lying down.

- How long to use it

It is important to take Lindacin Capsules as long as your doctor prescribes.

- If you forget to use it

Take the missed dose as soon as you remember. If it is almost time for your next dose, wait until then to take the medicine and skip the missed dose. Do not take a double dose to make up for the missed dose.

- If you use too much (overdose)

Contact your doctor immediately or go to the Emergency Department of your nearest hospital if you think you or anyone else may have taken too much of this medicine. Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention.

While you are using it

Due to the risk of stomach and throat irritation, it is important to ensure compliance with administration guidance (see How to use Lindacin Capsules).

- Things you must do

- Tell all the doctors, dentists and pharmacists treating you that you are taking Lindacin Capsules.
- Tell your doctor immediately if you become pregnant while taking this medication.

Things you must not do

- Do not stop taking the medicine unless advised by your doctor.
- Do not take any new medicines without consulting your doctor.
- Do not give Lindacin Capsules to anyone else, even if they have the same symptoms or condition as you.

Things to be careful of

If you experience any side effects, irritation or infections consult your doctor or pharmacist for advice.

Driving and using machines

Be careful when driving or operating machinery until you know how Lindacin Capsules affects you.

Side Effects

Like all medicines, Lindacin Capsules can cause side effects, although not everybody gets them. Tell your doctor or pharmacist if you experience any side effects after taking Lindacin Capsules including: -

Gastrointestinal: abdominal pain, inflammation in esophagus, nausea, vomiting, diarrhea. Inflammation/ ulcer from the throat to the stomach tube lining.

Hypersensitivity: skin rashes (such as maculopapular), blister, hives. Hypersensitivity syndrome has been reported rarely which include one or more following features such as anaphylaxis (acute immunology allergic reaction), serious skin reactions such as erythema (redness on the skin), Steven-Johnson syndrome.

Skin: Pruritus (itchiness), vaginal discharge in woman, exfoliative dermatitis.

Liver: Jaundice and abnormalities in liver function shown in laboratory test.

Kidney: Kidney malfunction has been reported rarely although no direct connection of clindamycin with kidney.

Haematology: Transient changes in neutrophil and eosinophil counts. Decrease in platelet count.

Musculoskeletal: Rare instances of serious autoimmune muscular disease such as polyarthritis has been reported.

If you develop decreased urine output, fluid retention causing swelling in your legs, ankles or feet, shortness of breath or nausea you should contact your doctor immediately.

Any other effects not listed above may also occur in some people. Please refer to your doctor or pharmacist if you experience any side effects while taking this medication.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by visiting the website npra.gov.my [Consumers→ Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)].

Storage and disposal of Lindacin Capsules- Storage

Store at controlled room temperature to 30°C.

- Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

Product Description- What it looks like

White filled powder in No.1 capsule type with red cap and purple body with “ **ST** ”
023
score on the cap and body in white ink.

- Ingredient(s)

- Active Ingredient

- Clindamycin Hydrochloride

- Inactive Ingredients

- Corn Starch
- Lactose
- Talc

- MAL number

MAL07082868AZ

Manufacturer

Taiwan Biotech Co., Ltd.
22, Chieh-Shou Road,
Taoyuan, Taiwan.

Product Registration Holder

Sunward Pharmaceutical Sdn. Bhd.
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