

DELTASOLONE TABLET 5MG

Prednisolone (5mg)

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What Deltasolone Tablet 5mg is used for

It is used in the treatment of many different conditions. Some of these conditions include: severe allergies, asthma, skin problems, arthritis, inflammatory diseases of the bowel, cancer and "auto-immune" diseases.

How Deltasolone Tablet 5mg works

The active ingredient in the medicine is Prednisolone. Prednisolone is known as corticosteroid or steroid. It helps by reducing inflammation effect in many diseases and disorders.

Before you use Deltasolone Tablet 5mg

- When you must not use it

Do not use Deltasolone Tablet 5mg if you:-

- have fungal infections.
- are hypersensitivity to prednisolone or any ingredients listed at the end of this leaflet.

- Before you start to use it

Talk to your doctor before taking Deltasolone Tablet 5mg, if you have:

- congestive heart failure
- diabetes
- long term kidney failure
- high blood pressure
- recent intestinal operation
- infectious diseases
- muscle weakness
- eye infection due to herpes simplex virus
- tuberculosis disease (bacterial infection that mainly affects the lungs)
- systemic sclerosis (an autoimmune disorder). Taking daily doses of 15 mg or more may increase the risk of a serious complication called scleroderma renal crisis which may cause your blood pressure to increase and reduce urination.

Corticosteroids may mask some signs of infection, and new infections may appear during their use.

Some medicines may increase the effects of Deltasolone Tablet 5mg and your doctor may wish to monitor you carefully if you are taking these medicines (including some medicines for HIV such as cobicistat).

Prolonged use of corticosteroids may produce cataracts (clouding of eye lens) and glaucoma (increased pressure in the eye) with possible damage to the optic nerves, and may increase the risk of secondary eye infections due to fungi or viruses. Your doctor may give you referral for eye check-up to an eye specialist for cataract, glaucoma or other eye disease such central serous chorioretinopathy (CSCR).

Pregnancy and breastfeeding

You should check with your doctor if you are or think you may be pregnant, planning to become pregnant or if you are breastfeeding. It is not recommended for pregnant women and nursing mothers unless the expected benefit outweighs any potential risks. Corticosteroids appear in breast milk which can suppress growth in baby and can cause other unwanted effects.

- Taking other medicines

There are a few medicines which may interact with Deltasolone Table 5mg. It is important to tell your doctor or pharmacist about all the medicines that you are taking, including those obtained without doctor's prescription. You should talk to your doctor or pharmacist if you are taking:-

- Phenytoin, Phenobarbital and Barbiturate, treatment for fits
- Ephedrine, medicine for asthma.
- Rifampicin treatment for bacterial infections.

How to use Deltasolone Tablet 5mg

- How much to use

You should take Deltasolone Tablet 5mg exactly as advised by your doctor or pharmacist. The amount you take each day will depend on your condition. Do not take more or less than what your doctor prescribes.

Oral administration

Dosage requirements are variable and must be individualized on the basis of the disease and the response of the individual. Initial dosage may vary from 5mg to 60mg.

For long term treatment, dosage should be taken not more than 7mg daily.

- When to use it

Use Deltasolone Tablet 5mg in divided doses or as a single daily dose at 8am or as a double dose on alternate days or when needed and according to doctor's prescription.

- How long to use it

It is important to take Deltasolone Tablet 5mg as long as your doctor prescribes.

- If you forget to use it

Take the missed dose as soon as you remember. If it is almost time for your next dose, wait until then to take the medicine and skip the missed dose. Do not take a double dose to make up for the missed dose.

- If you use too much (overdose)

Contact your doctor immediately or go to the Emergency Department of your nearest hospital, if you think you or anyone else may have taken too much of this medicine. Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention. Symptoms are the same as mentioned in 'Side effects'.

While you are using it

- Things you must do

- Tell all the doctors, dentists and pharmacists treating you that you are taking Deltasolone Tablet 5mg.
- Tell your doctor immediately if you become pregnant while taking this medication.

- Things you must not do

- Do not stop taking the medicine unless advised by your doctor because too rapid withdrawal of corticosteroids may cause cortisol hormone insufficiency and may be minimized by gradual reduction of dosage. Other may include weakness, fatigue, decreased appetite, weight loss, nausea, vomiting, diarrhea, abdominal pain.
- Do not take any new medicines without consulting your doctor.
- Do not give Deltasolone Tablet 5mg to anyone else, even if they have the same symptoms or condition as you.

- Things to be careful ofDriving and using machines

Be careful driving or operating machinery until you know how Deltasolone Tablet 5mg affects you.

Side effects

Like all medicines, Deltasolone Tablet 5mg can cause side effects, although not everybody gets them. Adverse reactions include:

- fluid and electrolyte disturbance
- muscle weakness
- osteoporosis (brittle bone)
- acute pancreas inflammation
- Cushing's syndrome (example weight gain, rounded face, fatty tissue hump between shoulders)
- growth retardation
- menstrual irregularities
- increased pressure in the eye
- visual disturbances
- stomach ulcer with possible perforation and bleeding
- impaired wound healing
- convulsion
- increased pressure in brain with eye nerve swelling
- vision blurred
- risk of scleroderma renal crisis

Any other effects not listed above may also occur in some people. Please refer to your doctor or pharmacist if you experience any other side effects while taking this medication.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by visiting the website npra.gov.my [Consumers→ Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)].

Storage and disposal of Deltasolone Tablet 5mg- Storage

Store at or below 30 °C.

- Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

Product Description- What it looks like

Round, flat, white and plain tablet with "SW" debossed on one side only.

- Ingredient(s)

- Active Ingredient

- Prednisolone

- Inactive Ingredients

- Maize Starch
- Lactose
- Magnesium Stearate

- MAL number

MAL20051302ASZ

Manufacturer

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Product Registration Holder

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