

SP-CORTIL 10 SYRUP

Prednisolone (10mg/5ml)

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What SP-Cortil 10 Syrup is used for

It is used rheumatic disorders (affecting muscles, tendons, joints, bones), collagen diseases (systemic lupus erythematosus), skin diseases (pemphigus, severe psoriasis, severe seborrheic dermatitis), bronchial asthma, eye diseases (eye inflammation, herpes zoster ophthalmicus, allergic conjunctivitis), blood disorders, swelling states and gastrointestinal diseases.

How SP-Cortil 10 Syrup works

The active ingredient in the medicine is Prednisolone. Prednisolone is known as corticosteroid or steroid. It helps by reducing inflammation effect in many diseases and disorders. Prednisolone is extensively bound to plasma protein, although less so than hydrocortisone (cortisol). Prednisolone is excreted in the urine as free and conjugated metabolites, together with an appreciable proportion of unchanged prednisolone.

Before you use SP-Cortil 10 Syrup

- When you must not use it

Do not use SP-Cortil 10 Syrup if:-

- you have systemic fungal infections.
- You have injected with live virus vaccinations.
- you have hypersensitivity to prednisolone or any ingredients listed at the end of this leaflet.

- Before you start to use it

You should check with your doctor if you have the following :-

- congestive heart failure
- diabetes mellitus
- chronic renal failure
- high blood pressure
- recent intestinal operation
- infectious diseases
- muscle weakness
- eye inflammation due to herpes simplex virus

- tuberculosis disease (bacterial infection that mainly affects the lungs)
- hypothyroidism (underactive thyroid disease)
- exposure to chicken pox and measles
- elderly person
- Systemic sclerosis (an autoimmune disorder). Taking daily doses of 15mg or more may increase the risk of a serious complication called scleroderma renal crisis which may cause your blood pressure to increase and reduce urination.

Corticosteroids may mask some signs of infection, and new infections may appear during their use.

Some medicines may increase the effects of SP-Cortil 10 Syrup and your doctor may wish to monitor you carefully if you are taking these medicines (including some medicines for HIV such as cobicistat).

Pregnancy and breastfeeding

You should check with your doctor if you are or think you may be pregnant, planning to become pregnant or if you are breastfeeding. It is not recommended for pregnant women and nursing mothers unless the expected benefit outweighs any potential risks. Corticosteroids appear in breast milk and can cause other unwanted effects.

- Taking other medicines

There are a few medicines which may interact with SP-Cortil 10 Syrup. It is important to tell your doctor or pharmacist about all the medicines that you are taking, including those obtained without doctor's prescription. You should talk to your doctor or pharmacist if you are taking:-

- Phenytoin and Phenobarbital, treatment for fits
- Ephedrine, medicine for asthma
- Rifampicin treatment for bacterial infections
- Barbiturates, treatment for central nervous system depressant.

How to use SP-Cortil 10 Syrup

- How much to use

You should take SP-Cortil 10 Syrup exactly as advised by your doctor or pharmacist. The amount you take each day will depend on your condition. Do not take more or less than what your doctor prescribes.

Oral administration

Dosage requirements are variable and must be individualized on the basis of the disease and the response of the individual. Recommended dosage strict adherence to the ratio by or body. The initial dosage may vary from 5mg to 60mg daily in divided doses as a single dose after breakfast or as double dose alternate days depending on the treatment.

- When to use it

Use SP-Cortil 10 Syrup when needed and according to doctor's prescription.

- How long to use it

It is important to take SP-Cortil 10 Syrup as long as your doctor prescribes.

- If you forget to use it

Take the missed dose as soon as you remember. If it is almost time for your next dose, wait until then to take the medicine and skip the missed dose. Do not take a double dose to make up for the missed dose.

- If you use too much (overdose)

Contact your doctor immediately or go to the Emergency Department of your nearest hospital, if you think you or anyone else may have taken too much of this medicine. Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention.

While you are using it

- Things you must do

- Take your medicine exactly as your doctor has told you.
- Tell all the doctors, dentists and pharmacists treating you that you are taking SP-Cortil 10 Syrup.
- Tell your doctor immediately if you become pregnant while taking this medication.

- Things you must not do

- Do not stop taking the medicine unless advised by your doctor because too rapid withdrawal of corticosteroids may cause adrenocortical insufficiency and may be minimized by gradual reduction of dosage. Other may include fever, joint pain, muscle pain and feeling of uneasiness.

- Do not take any new medicines without consulting your doctor.
- Do not give SP-Cortil 10 Syrup to anyone else, even if they have the same symptoms or condition as you.

- Things to be careful of

If you experience any side effects, consult your doctor or pharmacist for advice.

Side effects

Like all medicines, SP-Cortil 10 Syrup can cause side effects, although not everybody gets them. Adverse reactions include fluid and electrolyte disturbance, muscle weakness, osteoporosis (brittle bone) acute pancreas inflammation, cushing syndrome, growth retardation, menstrual irregularities, increased pressure in the eye, visual disturbances, high blood pressure, swelling, mental disturbances, local changes and increased appetite.

Any other effects not listed above may also occur in some people. Please refer to your doctor or pharmacist if you experience any other symptoms while taking this medication.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by calling Tel: 03-78835490, or visiting the website npra.gov.my [Consumers→ Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)].

Storage and disposal of SP-Cortil 10 Syrup

- Storage

Store at or below 30 °C. Protect from light.

- Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

Product Description

- What it looks like

Clear, colourless syrup without flavour.

- Ingredient(s)

- Active Ingredient
- Prednisolone

- Inactive Ingredients

- Sodium Saccharine
- Aspartame
- Spirit Chloroform
- Citric Acid
- Propylene Glycol
- Purified Water
- Syrup Simplex

- MAL number

MAL20040566AZ

Manufacturer

Sunward Pharmaceutical Sdn. Bhd.
No. 9,11 & 17, Jalan Kempas 4, Taman
Perindustrian Tampoi Indah, 81200
Johor Bahru, Johor, Malaysia.

Product Registration Holder

Sunward Pharmaceutical Sdn. Bhd.
No. 9,11 & 17, Jalan Kempas 4, Taman
Perindustrian Tampoi Indah, 81200
Johor Bahru, Johor, Malaysia.

Date of revision

02/05/2019

Serial Number

NPRA(R2/1)190409/106