

# LOBESOL CREAM

Clobetasol Propionate (0.05% w/w)

## What is in this leaflet

1. What Lobesol Cream is used for
2. How Lobesol Cream works
3. Before you use Lobesol Cream
4. How to use Lobesol Cream
5. While you are using it
6. Side effects
7. Storage and disposal of Lobesol Cream
8. Product description
9. Manufacturer and Product Registration Holder
10. Date of revision

## What Lobesol Cream is used for

It is used for short term to relieve inflammation and itching caused by certain moderate to severe skin conditions that are responsive to topical corticosteroid therapy.

## How Lobesol Cream works

The active ingredient in the medicine is clobetasol propionate which is a corticosteroid that reduce redness, itchiness, swelling, as well as any irritation in the skin.

## Before you use Lobesol Cream

### - When you must not use it

Do not use Lobesol Cream if you are hypersensitive to clobetasol propionate or other corticosteroids or any of the other ingredients of this medicine (listed in Product Description).

### - Before you start to use it

You should check with your doctor or pharmacist before using Lobesol Cream.

### *Pregnancy and Lactation*

Please consult your doctor or pharmacist if you are pregnant, planning for pregnancy or breast-feeding before using any medicine.

Do not use Lobesol Cream if you are pregnant (unless instructed by your doctor), as it may potentially cause harm to your baby.

It should not be used extensively on pregnant women, in large amounts, or for prolonged periods of time.

### - Taking other medicines

Tell your doctor if you are taking any other medicines, including any that you buy without a prescription from a pharmacy, supermarket or health food shop.

You should talk to your doctor or pharmacist if you are taking:-

- medicines to treat HIV infections (e.g. Ritonavir).
- medicine to treat fungal infections (e.g. Itraconazole).

## How to use Lobesol Cream

### - How much to use

For topical application only.

Apply sufficiently to the affected skin area.

### - When to use it

Apply Lobesol Cream twice a day, preferably in the morning and evening or as directed by your doctor or pharmacist.

### - How long to use it

Use Lobesol Cream for the duration that the doctor recommends.

This is a very strong corticosteroid, so do not apply excessively over a short period of time. The duration of this therapy should not exceed 14 days.

Do not use for longer than 14 days at a time. If no improvement is seen within 14 days, please refer back to the doctor / pharmacist.

### - If you forget to use it

Apply the missed dose as soon as you remember. If it is almost time for your next dose, wait until then to apply the medicine and skip the missed dose. Do not apply a double dose to make up for the missed dose.

### - If you use too much (overdose)

Contact your doctor immediately or go to the Emergency Department of your nearest hospital, if you or anyone else may have applied too much of this medicine or accidentally ingested this medicine. Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention.

## While you are using it

### - Things you must do

- Tell all the doctors, dentists and pharmacists treating you that you are using Lobesol Cream.
- Tell your doctor immediately if you become pregnant while using this medication.

### - Things you must not do

- Do not take any new medicines without consulting your doctor.
- Do not give Lobesol Cream to anyone else, even if they have the same symptoms or condition as you.
- Do not cover the treated area with airtight dressings unless instructed by your doctor, as this can increase the risk of side effects.

### - Things to be careful of

If you experience any irritation or any infection, consult your doctor or pharmacist for advice.

Avoid long-term continuous use or applying excessively, as it may affect your body's hormone system (HPA axis).

If you experience blurred vision or other eye issues, inform your doctor immediately.

If you have a skin infection, use together with an appropriate antifungal or antibacterial medication. If the infection doesn't improve, stop using the steroid until the infection is controlled.

### *Driving and using machines*

Be careful driving or operating machinery until you know how Lobesol Cream affects you.

## Side effects

Like all medicines, Lobesol Cream can cause side effects, although not everybody gets them. The following side effects has been reported:

- **Skin:** You may experience skin problems like rashes around the mouth (perioral dermatitis), allergic skin reactions (contact dermatitis), softened or soggy skin (maceration), skin thinning (atrophy), stretch marks (striae), heat rash (miliaria), or infections.
- **Hormonal effects:** The medication can be absorbed into the body, potentially causing temporary hormone imbalance, symptoms of Cushing's syndrome (e.g., weight gain, round face), high blood sugar (hyperglycemia), or sugar in the urine (glucosuria).
- **Vision:** Some people may experience blurred vision

Any other effects not listed above may also occur in some people. Please refer to your doctor or pharmacist if you experience any other side effects while taking this medication.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by visiting the website [npra.gov.my](http://npra.gov.my) [Consumers→ Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)].

### **Storage and Disposal of Lobesol Cream**

#### **- Storage**

Store at or below 30°C.

#### **- Disposal**

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

### **Product Description**

#### **- What it looks like**

A white and smooth cream.

#### **- Ingredient(s)**

- Active Ingredient

- Clobetasol Propionate

- Inactive Ingredients

- Chlorocresol
- Cetostearyl Alcohol
- Purified Water
- Vaseline (White Soft Paraffin)
- Propylene Glycol
- Cetomacrogol 1000
- EDTA (Disodium Edetate)

#### **- MAL number**

MAL19921281AZ

### **Manufacturer & Product Registration Holder**

Sunward Pharmaceutical Sdn. Bhd.  
No. 9,11 & 17, Jalan Kempas 4, Taman  
Perindustrian Tampoi Indah, 81200  
Johor Bahru, Johor, Malaysia.

### **Date of revision**

25/08/2025

### **Serial Number:**

NPRA(R4/1)280125/00009