

POLARAX SYRUP

Dexchlorpheniramine Maleate (2mg/5ml)

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What Polarax Syrup is used for

Polarax Syrup is used to treat the symptoms of perennial (throughout the year) and seasonal allergic rhinitis (inflammation of the mucous membrane inside the nose), vasomotor (non-allergic) rhinitis, allergic conjunctivitis (inflammation of the outer membrane of the eyeball and the inner eyelid.), mild, uncomplicated allergic skin manifestations of urticaria (a red, raised, itchy rash) and angioedema (swelling of the deeper layers of the skin), improvement of allergic reactions to blood or plasma and also dermatographism (skin becoming raised and inflamed when pressure is applied). It is also used as an add-on therapy to epinephrine for anaphylactic reactions (severe allergic reaction).

How Polarax Syrup works

The active ingredient in the medicine is Dexchlorpheniramine Maleate. Dexchlorpheniramine maleate is an antihistamine with anti-cholinergic properties. It is capable of producing a slight to moderate sedative effect. It works by blocking a certain natural substance (histamine) that your body makes during an allergic reaction.

Before you use Polarax Syrup

- When you must not use it

Do not use Polarax Syrup if you:

- are allergic to dexchlorpheniramine or any of the other ingredients in this product (listed in Product Description).
- have cough, wheezing, or difficulty breathing (lower respiratory tract symptoms).
- have acute episode of asthma.
- have urinary retention.
- taking treatment for depression.

Polarax Syrup should not be used in newborn or premature infants due to possibility of severe reactions such as convulsions.

Pregnancy and breastfeeding

Tell your doctor if you are or think you may be pregnant, planning to become pregnant or are breastfeeding. Polarax Syrup should be used in these situations only when clearly needed.

- Before you start to use it

Inform your doctor if you have:-

- history of bronchial asthma
- glaucoma (increased pressure inside the eye)
- overactive thyroid
- cardiovascular disease (a disease of the heart or blood vessels)
- high blood pressure

- Taking other medicines

There are a few medicines which may interact with Polarax Syrup. Tell your doctor if you are taking any other medicines, including any that you buy without a prescription from a pharmacy, supermarket, or health food shop.

You should talk to your doctor or pharmacist if you are taking:-

- Monoamine oxidase (MAO) inhibitors for depression treatment.
- Alcohol, tricyclic antidepressants, barbiturates or other central nervous system depressants.
- Oral anticoagulants (help to prevent blood clots).

How to use Polarax Syrup

- How much to use

Oral administration.

Adults and children 12 years and above: 5ml every 4 to 6 hours.

Children 6 to 11 years: 2.5ml every 4 to 6 hours.

Children 2 to 5 years: 1.25ml every 4 to 6 hours.

- When to use it

Use Polarax Syrup when needed and according to the instructions of your doctor or pharmacist. All the doses are to be taken after meals.

- How long to use it

It is important to take Polarax Syrup as long as your doctor has advised.

- If you forget to use it

Take the missed dose as soon as you remember. If it is almost time for your next dose, wait until then to take the medicine and skip the missed dose. Do not take a double dose to make up for the missed dose.

- If you use too much (overdose)

Contact your doctor immediately or go to the Emergency Department of your nearest hospital, if you think you or anyone else may have taken too much of this medicine. Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention.

Overdosage may cause sedation, apnea (temporary stoppage of breathing), reduced mental alertness, cardiovascular collapse, insomnia, hallucinations, tremors, convulsions or death. Other overdose symptoms may be dizziness, ringing in the ear, blurred vision, or low blood pressure.

Children are likely to have tremors, convulsions, dry mouth, fixed or dilated pupils, flushing, abnormally high body temperature and gastrointestinal symptoms.

While you are using it

- Things you must do

- Take your medicine exactly as your doctor has told you.
- Tell all the doctors, dentists and pharmacists treating you that you are taking Polarax Syrup.
- Tell your doctor immediately if you become pregnant while taking this medication.

- Things you must not do

- Do not stop taking the medicine unless advised by your doctor.
- Do not take any new medicines without consulting your doctor.
- Do not give Polarax Syrup to anyone else, even if they have the same symptoms or condition as you.

- Things to be careful of

Driving and using machines

Dexchlorpheniramine maleate may affect your ability to drive or use machines. If the syrup makes you feel sick, dizzy, or tired, or gives you a headache, do not drive or use machines.

Side effects

Like all medicines, Polarax Syrup can cause side effects, although not everybody gets them.

Possible side effects are:

- drowsiness
- inability to concentrate
- lassitude (lack of energy)
- dizziness
- low blood pressure
- muscular weakness
- nausea, vomiting, diarrhoea or constipation
- colic and epigastric pain
- headache
- blurred vision
- difficulty in urinating
- dryness of mouth
- tightness of chest
- heaviness and weakness of the hand
- ringing in the ears
- anorexia
- nightmares

Other side effects not listed above may also occur in some people. Please refer to your doctor or pharmacist if you experience any other symptoms while taking this medication.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by visiting the website npra.gov.my [Consumers→ Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)].

Storage and disposal of Polarax Syrup**- Storage**

Store at or below 30°C. Protect from light.

- Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines which are no longer required. These measures will help to protect the environment.

Product description**- What it looks like**

A clear, orange colour syrup with pineapple flavour.

- Ingredients**- Active Ingredients**

- Dexchlorpheniramine Maleate

- Inactive Ingredients

- Sodium Benzoate
- Citric Acid
- Quinoline Yellow 70E
- Orange Red Powder PCS 906223
- Pineapple Flavour
- Glycerin
- Coarse Sugar

- MAL number(s)

MAL19861206AZ

Manufacturer and Product Registration Holder

Sunward Pharmaceutical Sdn. Bhd.
9,11 & 17 Jalan Kempas 4,
Taman Perindustrian Tampoi Indah,
81200 Johor Bahru, Johor, Malaysia.

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