## **BECO TABLET**

Vitamin B1/ Vitamin B2/ Vitamin B3/ Vitamin B6/ Vitamin B12 (9.7mg/5mg/25mg/25mg/5mcg)

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#### What Beco Tablet is used for

Beco Tablet is used to provide additional nutrients to food and diet intake.

#### **How Beco Tablet works**

The active ingredients in Beco Tablet include Vitamin B1, Vitamin B2, Vitamin B3, Vitamin B6 and Vitamin B12. They work together to help prevent vitamin B deficiencies in the body.

## Before you use Beco Tablet

## - When you must not use it

Do not take this medicine if you:

• are hypersensitive to vitamin B1, vitamin B2, vitamin B3, vitamin B6, vitamin B12, or any other ingredients of this medicine (listed in Product Description).

## - Before you start to use it

Tell your doctor before taking this medicine if you:

 have low red blood cells caused by vitamin B12 deficiency (anemia) or any severe nutritional deficiency.

## Pregnancy and lactation

Please consult your doctor or pharmacist if you are pregnant, planning for pregnancy or breast-feeding before using any medicine.

#### - Taking other medicines

Tell your doctor if you are taking any other medicines, including any that you buy without a prescription from a pharmacy, supermarket or health food shop. You should talk to your doctor or pharmacist if you are taking:-

• levodopa (medicine to treat Parkinson disease).

#### **How to use Beco Tablet**

#### - How much to use

Follow all directions given to you by your doctor and pharmacist carefully. They may differ from the information contained in this leaflet. If you do not understand the instructions on the label, ask your doctor or pharmacist for help.

Oral administration.

1 to 2 tablets to be taken two to three times daily.

#### - When to use it

Take 2 to 3 times per day or as directed by your doctor or pharmacist.

## - How long to use it

Take Beco Tablet for the duration that the doctor recommends.

## - If you forget to use it

Take the missed dose as soon as you remember. If it is almost time for your next dose, wait until then to take the medicine and skip the missed dose. Do not take a double dose to make up for the missed dose.

## - If you use too much (overdose)

Contact your doctor immediately or go to the Emergency Department of your nearest hospital, if you or anyone else may have taken too much of this medicine. Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention.

## While you are using it

## - Things you must do

- Tell all the doctors, dentists and pharmacists treating you that you are taking Beco Tablet.
- Tell your doctor immediately if you become pregnant while taking this medication.

#### - Things you must not do

- Do not take any new medicines without consulting your doctor.
- Do not give Beco Tablet to anyone else, even if they have the same symptoms or condition as you.

## - Things to be careful of

## Driving and using machines

Be careful driving or operating machinery until you know how Beco Tablet affects you.

#### Side effects

Like all medicines, Beco Tablet can cause side effects, although not everybody gets them.

The most common side effect is allergic reactions. Please refer to your doctor or pharmacist if you experience any other side effects while taking this medication.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by visiting the website <a href="mailto:npra.gov.my">npra.gov.my</a> [Consumers→ Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)].

## **Storage and Disposal of Beco Tablet**

#### - Storage

Store at temperature 25  $^{\circ}$ C. Protect from light.

## - Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

#### **Product Description**

## - What it looks like

Round, reddish orange colour sugar-coated tablet

## - Ingredient(s)

- Active Ingredients
- Thiamine hydrochloride (vitamin B1)
- Riboflavin (vitamin B2)
- Nicotinamide (vitamin B3)
- Pyridoxine hydrochloride (vitamin B6)
- Cyanocobalamin (vitamin B12)
- Inactive Ingredients
- Lactose 200 mesh
- Corn Starch
- Magnesium Stearate
- Sodium Starch Glycolate
- Polyvinylpyrrolidone
- Isopropyl Alcohol
- Shellac
- Calcium Carbonate
- $\bullet \ Talcum$
- Acacia
- Sugar

- Purified Water
- Starch
- Gelatin
- Quinoline Yellow
- Ponceau C4R

## - MAL number

MAL19971892XZ

# **Manufacturer & Product Registration Holder**

Sunward Pharmaceutical Sdn. Bhd. No. 9,11 & 17, Jalan Kempas 4, Taman Perindustrian Tampoi Indah, 81200 Johor Bahru, Johor, Malaysia.

## **Date of revision**

12/07/2024

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