

M-KAST 4 (Montelukast Chewable Tablets 4mg)

M-KAST 5 (Montelukast Chewable Tablets 5mg)

Montelukast sodium as Montelukast 4mg, Montelukast sodium as Montelukast 5mg

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What is product M-KAST for

M-KAST is used to prevent and treat chronic asthma in adults and in children from 12 months of age and older.

It is also indicated in adults and children from 2 years of age onwards in the relief of daytime and night-time symptoms of seasonal allergic rhinitis.

How M-KAST works

Montelukast is the active ingredient in M-KAST. It binds to special receptors found in your airways, preventing the symptoms of asthma and seasonal allergic rhinitis.

Before you use M-KAST

-When you must not use it

Do not use M-KAST if you are allergic to its active ingredient or any of the inactive ingredients listed.

-Before you start to use it

Do not use M-KAST to treat an acute asthmatic attack. Please use an appropriate medication as recommended by your doctor or pharmacist (usually an inhaler type medicine) to treat your asthmatic attack.

M-KAST contains an ingredient called aspartame. Do not use this product if you suffer from a condition called phenylketonuria. Please get your doctor or pharmacist's advice if you are unsure.

Effects on ability to drive and use machines: montelukast has no or negligible influence on the ability to drive and use machines. However, drowsiness or dizziness may occur.

-Taking other medications

Please seek your doctor or pharmacist's advice if you are on these current medications as they have a potential to interact with M-KAST.

- Medicines used in treatment of epilepsy such as phenytoin and phenobarbital
- Antibiotics such as rifampicin

How to use M-KAST

-How much to use

Please follow your doctor or pharmacist's advice on how to take M-KAST. The instructions given by them may differ from general instructions stated here.

M-KAST should be taken once a day. For asthma, the dose should be taken in the evening. For allergic rhinitis, the time to take M-KAST depends on your doctor or pharmacist's advice.

If you have both asthma and allergic rhinitis, your dose can be taken in the evening.

For paediatric patients 2 to 5 years of age with asthma and/or seasonal allergic rhinitis: The dosage for paediatric patients 2 to 5 years of age is one M-KAST 4 chewable tablet daily.

For paediatric patients 6 to 14 years of age with asthma and/or seasonal allergic rhinitis: The dosage for paediatric patients 6 to 14 years of age is one 5mg chewable tablet daily.

You may take M-KAST with or without food.

-When to use it

Use M-KAST exactly as your doctor or pharmacist has instructed you to.

-How long to use it

M-KAST treats your asthma for as long as you continue to use it. You are advised to take M-KAST for as long as your doctor or pharmacist has advised you to. If you are unsure, please contact your healthcare provider for advice.

-If you forget to use it

If you forget to take your daily dose of M-KAST, take it as soon as you remember. If it is too close to your next dose, skip the forgotten dose and take the next dose as usual.

Do not double up the dose of M-KAST to replace the forgotten dose.

-If you use too much (overdose)

If you have accidentally taken too much M-KAST or suspect that you may have overdosed, please contact your doctor immediately or visit the emergency department of your nearest hospital for advice.

Symptoms of overdose of this medicine include abdominal pain, thirst, headache, vomiting, sleepiness or hyperactivity.

While you are using it

-Things you must do

If you feel unwell or if you have concerns while taking M-KAST, please seek advice from your healthcare provider.

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Please take this medication as instructed by your doctor or pharmacist. If you are unsure, please seek their advice.

-Things you must not do

Do not take M-KAST once it has passed its expiry date. You can refer to the expiry date that is printed on the box.

Do not share M-KAST with anyone else although they display the same symptoms as you. This medication has been prescribed only to you.

-Things to be careful of

M-KAST contains an ingredient called aspartame. Do not use this product if you suffer from a condition called phenylketonuria. Please get your doctor or pharmacist's advice if you are unsure.

If you develop symptoms such as swollen lymph nodes, rashes or skin sores (symptoms of Churg-Strauss), please inform your doctor immediately.

Side effects

Like all medications, M-KAST can cause side effects although not everyone will experience them. If you experience any of the side effects listed below or if you experience any side effects not listed here, please seek your doctor or pharmacist's advice.

Very common: respiratory infections

Common: diarrhoea, nausea, vomiting, elevated liver enzymes, rash or fever

Post marketing experience: thrombocytopenia (low blood platelets which help your blood clot)

Tell your healthcare provider right away if you notice any of the following behaviour and mood-related changes: obsessive-compulsive symptoms.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by visiting the website npra.gov.my [Consumers → Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)].

Storage and Disposal of M-KAST

-Storage

Store below 30°C. Protect from light and moisture.

-Disposal

Medicines should not be disposed via wastewater or household waste. Ask your pharmacist how to dispose medicines no longer required. These measures will help protect the environment.

Product Description

-What it looks like

M-KAST 4: Pink coloured, mottled, oval, biconvex, uncoated tablets debossed with "X" on one side and "52" on the other side.

M-KAST 5: Pink coloured, mottled, round, biconvex, uncoated tablets debossed with "X" on one side and "53" on the other side.

-Ingredients

· Active ingredient(s)

M-KAST 4: Montelukast sodium

M-KAST 5: Montelukast sodium

· Inactive ingredient(s)

M-KAST 4:

microcrystalline cellulose PH101, purified water, mannitol, ferric oxide red, croscarmellose sodium, hydroxypropyl cellulose,

microcrystalline cellulose PH102, croscarmellose sodium, aspartame, cherry flavour, magnesium stearate

M-KAST 5:

microcrystalline cellulose PH101, purified water, mannitol, ferric oxide red, croscarmellose sodium, hydroxypropyl cellulose,

microcrystalline cellulose PH102, croscarmellose sodium, aspartame, cherry flavour, magnesium stearate

-MAL number

M-KAST 4: MAL18086138AZ

M-KAST 5: MAL18086121AZ

Manufacturer

Aurobindo Pharma Limited

Unit VII, SEZ, TSIIC, Plot No. S1, Survey No's: 411/P, 425/P, 434/P, 435/P & 458/P, Green Industrial Park, Polepally Village, Jedcherla Mandal, Mahaboobnagar District, Telangana State, India

Product Registration Holder

Healol Pharmaceuticals Sdn. Bhd.

74-3, Jalan Wangsa Delima 6, KLSC Wangsa Maju, 53300 Kuala Lumpur, Malaysia

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