

# CLOBIDERM Ointment

Consumer Medication Information Leaflet (RiMUP)

Clobetasol propionate 0.05% w/w

## What is in this leaflet

1. What CLOBIDERM Ointment is used for
2. How CLOBIDERM Ointment works
3. Before you use CLOBIDERM Ointment
4. How to use CLOBIDERM Ointment
5. While you are using it
6. Side effects
7. Storage and Disposal of CLOBIDERM Ointment
8. Product Description
9. Manufacturer and Product Registration Holder
10. Date of revision

## What is CLOBIDERM Ointment used for

CLOBIDERM Ointment relieves the symptoms of certain skin problems

- frequently relapsing eczemas
- psoriasis (thickened patches of inflamed, red skin, often covered by silvery scales)
- lichen planus (a skin disease that causes itchy, reddish-purple, flat-topped bumps on the wrists, forearms or lower legs)
- discoid lupus erythematosus (a disease of the skin most often affecting the face, ears and scalp causing scarring and increased sensitivity of the affected skin to sunlight)
- conditions which do not respond satisfactorily to less potent steroids.

For children over the age of one year CLOBIDERM Ointment is used for dermatitis that has not responded to milder steroid creams or ointments.

## How CLOBIDERM Ointment works

The name of your medicine is CLOBIDERM Ointment. CLOBIDERM Ointment contains clobetasol propionate which belongs to a group of medicines called steroids. Steroids help to reduce redness, swelling and irritation of the skin.

## Before you use CLOBIDERM Ointment

### - When you must not use it

Don't use CLOBIDERM Ointment to treat any of the following skin problems, it could make them worse:

- infected skin (unless the infection is being treated with an anti-infective medicine at the same time)
- acne
- rosacea (a facial skin condition where the nose, cheeks, chin, forehead or entire face are unusually red, with or without tiny visible blood vessels, bumps (papules) or pus-filled bumps (pustules))
- rashes around the mouth
- itchy skin which is not inflamed
- around the anus or genitals (penis and vagina)
- Don't use CLOBIDERM Ointment on a child under 1 year

If you think any of these apply to you, don't use CLOBIDERM Ointment until you have checked with your doctor or pharmacist.

### - Before you start to use it

If you are pregnant, or think you could be, or if you are planning to become pregnant, don't use CLOBIDERM Ointment without talking to your doctor first.

If you are breast-feeding, you must check with your doctor before you use CLOBIDERM Ointment.

- If you do use CLOBIDERM Ointment when breast-feeding, don't use CLOBIDERM Ointment on your breast area to ensure that the baby does not accidentally get CLOBIDERM Ointment in their mouth.

### - Taking other medications

Some medicines may affect how CLOBIDERM Ointment works or make it more likely that you'll have

side effects. Examples of these medicines include:

- Ritonavir and itraconazole. Tell your doctor or pharmacist if you are taking any of these. There are other medicines which may have a similar effect. It's therefore very important to tell your doctor or pharmacist if you're taking any other medicines, if you've taken any recently, or if you start taking a new one. This includes medicines bought without a prescription.

## How to use CLOBIDERM Ointment

### - How much to use

Always use CLOBIDERM Ointment exactly as your doctor has told you. Check with your doctor or pharmacist if you are not sure.

Use CLOBIDERM Ointment once or twice daily. The number of times you use your medicine may be reduced as your skin gets better or your doctor may prescribe a weaker steroid for you to use instead.

- Apply a thin layer and gently rub in, using only enough to cover the entire affected area.
- Wash your hands after use unless treating the hands.
- If you are also using an emollient (moisturising) preparation allow time for CLOBIDERM to be absorbed after each application before applying the emollient.
- This medicine should not be used every day for more than four weeks at a time.

If your eczema flares up frequently, your doctor may suggest that you use a less frequent dose of CLOBIDERM Ointment once your eczema is under control, to help stop your eczema from coming back.

For example, you may be advised to apply a thin film of CLOBIDERM Ointment once daily, two times a week to areas of skin which have

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been affected by eczema, or to those areas where it is likely to re-appear.

## - When to use it

Use as directed by your doctor or pharmacist.

## - How long to use it

Don't stop using CLOBIDERM Ointment without advice. If you use CLOBIDERM regularly make sure you talk to your doctor before you stop using it.

## - If you forget to use it

If you forget to use CLOBIDERM Ointment apply it as soon as you remember then continue as before.

Do not apply extra CLOBIDERM Ointment to make up for missed doses.

## - If you use too much (overdose)

If you apply a large amount of CLOBIDERM Ointment or accidentally swallow a lot of CLOBIDERM Ointment, it could make you ill. If you do swallow a large amount of CLOBIDERM Ointment, rinse your mouth out with plenty of water and contact your doctor or pharmacist for advice.

## **While you are using it**

### - Things you must do

Check with your doctor or pharmacist before taking your medicine and take it as prescribed by your doctor.

### - Things you must not do

This medicine has been prescribed for you. Do not pass it on to others. It may harm them, even if their symptoms are the same as yours.

### - Things to be careful of

- Tell your doctor if you are allergic (hypersensitive) to CLOBIDERM Ointment or any of the ingredients

- Only use CLOBIDERM Ointment for as long as your doctor recommends. If your condition does not improve within 2-4 weeks of treatment, speak to your doctor.
- Take care when applying CLOBIDERM Ointment to the eyelids to make sure it does not get into your eye.
- Take care when applying CLOBIDERM Ointment to the face over a long period of time as it may cause skin thinning.
- If you have eczema around a leg ulcer, use of a topical corticosteroid may increase the risk of an allergic reaction or an infection around the ulcer.
- Only use an airtight dressing over this medicine if your doctor has told you to. If you are applying CLOBIDERM Ointment under an airtight dressing, including a child's nappy, make sure that the skin is cleansed before a fresh dressing is applied to prevent infections.
- Whilst using CLOBIDERM Ointment do not smoke or go near naked flames due to the risk of severe burns. Fabric (clothing, bedding, dressing etc) that has been in contact with this product burns more easily and is a serious fire hazard. Washing clothing and bedding may reduce product build-up but not totally remove it.

Contact your doctor if an infection develops. (See Side Effects).

If you experience blurred vision or other visual disturbances, speak to your doctor.

## **Side effects**

Like all medicines CLOBIDERM Ointment can have side effects although not everybody gets them. Side effects will affect your skin and may affect other parts of your body if a sufficient quantity of medicine is absorbed through the skin and enters your blood stream.

If your skin condition gets worse or your skin becomes swollen during treatment, you may be allergic to the medicine, have an infection or need other treatment. Stop using CLOBIDERM Ointment and tell your doctor as soon as possible.

### *Common side effects*

These may affect up to 1 in 10 people

- itchy skin
- local skin burning or pain

### *Uncommon side effects*

These may affect up to 1 in 100 people

- skin thinning, this may cause stretch marks
- the appearance of blood vessels under the surface of your skin

### *Very rare side effects*

These may affect up to 1 in 10,000 people

Use of CLOBIDERM Ointment for a long period of time, or use under an airtight dressing, may cause the following symptoms:

- increased weight
- moon face / rounding of the face
- obesity
- skin thinning
- skin wrinkling
- skin dryness
- changes to the colour of your skin
- increased body hair
- hair loss / lack of hair growth/damaged looking hair

*Other very rare skin reactions that may occur are:*

- allergic reaction at the site of application
- worsening of condition
- application site irritation
- redness
- rash or hives
- if you have psoriasis you may get raised bumps with pus under the skin. This can happen very rarely during or after treatment and is known as pustular psoriasis.
- skin infection
- acne

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*In children also look out for the following symptoms:*

- delayed weight gain
- slow growth

*Very rare side effects that may show up in blood tests or when your doctor gives you a medical examination:*

- a decrease in the level of the hormone cortisol in your blood
- increased levels of sugar in your blood or urine
- high blood pressure
- cloudy lens in the eye (cataract)
- increased pressure in the eye (glaucoma)
- vision problems caused by detachment of the retina in the eye (central serous chorioretinopathy)
- weakening of the bones through gradual loss of mineral (osteoporosis); additional tests may be needed after your medical examination to confirm if you have this condition.

If you get side effects

Tell your doctor or pharmacist if any of the side effects listed becomes severe or troublesome, or if you notice any side effects not listed in this leaflet.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by visiting the website [npra.gov.my](http://npra.gov.my) [Consumers → Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)]

## Storage and Disposal of CLOBIDERM Ointment

### - Storage

Store at airtight container below 30°C.

Keep the medicine out of reach of children.

### - Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

## Product Description

### - What it looks like

White, soft, translucent and homogeneous ointment.

### - Ingredients

- Active ingredients:  
Clobetasol Propionate

- Inactive ingredients:  
White Petrolatum  
Propylene Glycol  
Sorbitan Sesquioleate

### - MAL number(s):

## Manufacturer

GENUONE Sciences Inc.  
245, Sandan-gil, Jeonui-myeon,  
Sejong-si, Republic of Korea

## Product Registration Holder

Healol Pharmaceuticals Sdn. Bhd.  
No. 74-3, Jalan Wangsa Delima 6,  
KLSC Wangsa Maju, 53300 Kuala  
Lumpur, Malaysia

## Date of revision

06/01/2026

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