

VERTIBET

Betahistine Dihydrochloride Tablets 24 mg

What is in this leaflet

1. What Vertibet is used for
2. How Vertibet works
3. Before you use Vertibet
4. How to use Vertibet
5. While you are using it
6. Side effects
7. Storage and Disposal of Vertibet
8. Product Description
9. Manufacturer and Product Registration Holder
10. Date of revision

What is Vertibet used for

Vertibet is used to treat Ménière's syndrome that has the following symptoms

- Dizziness (vertigo) with nausea and vomiting
- Ringing in ears (tinnitus)
- Hearing loss

Vertibet is also used to treat vestibular vertigo.

How Vertibet works

Vertibet contains betahistine which improves blood flow in the ear that lowers the buildup of pressure.

Before you use Vertibet

-When you must not use it

Do not take Vertibet if:

- You are allergic (hypersensitive) to betahistine or any of the other ingredients of Vertibet
- You have high blood pressure due to adrenal tumor. (Pheochromocytoma)

Do not use Vertibet if any of the above applies to you. If you are not sure, talk to your doctor or pharmacist before taking Vertibet.

-Before you start to use it

Talk to your doctor or pharmacist before taking Vertibet if you suffer from any medical conditions or illnesses, in particular:

- if you have stomach ulcer
- if you have asthma

Your doctor may want to monitor your asthma while you take Vertibet.

-Taking other medications

It is particularly important to tell your doctor or pharmacist if you are taking, have recently taken or might take any

other medicines. This also concerns medicines obtained without a prescription including herbal medicines. Tell your doctor or pharmacist if you are taking any of the following medicines:

- antihistamines (drug commonly used in allergies)
- Monoamine-oxidase inhibitors (MAOIs) (drug used to treat depression or Parkinson's disease).

How to use Vertibet

-How much to use

Follow all directions given to you by your doctor and pharmacist carefully. The usual adult dose is 48mg divided over the day

Vertibet: 1 tablet twice daily

Vertibet is not recommended under 18 years old.

-When to use it

Use as directed by your doctor or pharmacist.

Vertibet may be taken with or without food.

-How long to use it

Continue taking Vertibet for as long as your doctor or pharmacist recommends.

Even when you start feeling better, your doctor may want you to continue taking the medicine for some time to make sure that the medicine has worked completely.

-If you forget to use it

Do not take a double dose to make up for the forgotten dose. Take the next dose at your regular time on the next day. If you are worried about this, talk to your doctor or pharmacist.

-If you use too much (overdose)

If you take more Vertibet than you should stop taking Vertibet and talk to a doctor or pharmacist.

Symptoms of overdose include nausea, somnolence and abdominal pain, seizures, lungs and heart complications.

While you are using it

-Things you must do

Take your medicine exactly as your doctor has told you.

Tell your doctor immediately if you become pregnant while taking this medication

-Things to be careful of

Pregnancy and breast feeding

- Do not take Vertibet if you are pregnant, trying to get pregnant or think you may be pregnant.
- Do not take Vertibet if you are breast feeding or plan to breastfeed your baby, because it is known that the medicine passes into breast milk.

Side effects

Like all medicines, Vertibet can cause side effects, although not everybody gets them.

The following serious side effects may occur during treatment with Vertibet:

Vomiting, gastrointestinal pain, bloating and allergic reactions such as

- swelling of face, lips, tongue or neck. This may cause difficulty in breathing.
- Hives, skin rash, itchy skin

Common (may affect more than 1 in 100 people):

Nausea, indigestion, headache

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by visiting the website npra.gov.my [Consumers→ Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)].

Storage and Disposal of Vertibet

-Storage

Keep the medicine out of reach of children.

Do not use Vertibet after the expiry date on the carton. The expiry date refers to the last day of that month.

Store at a temperature not exceeding 30° C, Store in original packaging in order to protect from light.

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-Disposal

Do not throw away any medicines via wastewater or household waste. Ask your pharmacist how to throw away medicines you no longer use. These measures will help protect the environment.

Product Description

-What it looks like

Vertibet is White to off white, round, biconvex tablets, debossed with “J4” on one side and scoreline on other side. The scoreline is only to facilitate breaking for ease of swallowing and not to divide into equal doses.

-Ingredients

· Active ingredient(s)
Betahistine Dihydrochloride

· Inactive ingredient(s)

Core tablet:

Mannitol
Microcrystalline cellulose
Colloidal anhydrous silica
Povidone K-30
Citric acid anhydrous
Crospovidone
Purified talc
Stearic Acid

-MAL number

MAL26076044AZ

Manufacturer

Unison Pharmaceuticals Pvt. Ltd.
Unit-III, C-7,8,9, Steel Town, Opp.
Nova Petrochemicals, Village
Moraiya, Sanand, Ahmedabad,
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Product Registration Holder

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Date of revision

20/07/2026

Serial Number

NPRA (R2) 25/119