

# ACETIN<sup>®</sup> SACHET

Acetylcysteine (100mg, 200mg)

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## What is ACETIN used for

ACETIN is used:

- As adjuvant therapy in chronic lung disease.
- As an antidote for acetaminophen over dosage.

## How ACETIN works

Acetylcysteine belongs to a group of medicines called mucolytic which work by thinning the mucus (phlegm) so that it can be coughed up more easily.

## Before you use ACETIN

### -When you must not use it

You must not use ACETIN if:

- You are allergic (hypersensitive) to acetylcysteine or any of the other ingredients of this medicine.
- Your child is under 2 years of age.
- You have a condition called phenylketonuria due to the aspartame content of this medicine.

### -Before you start to use it

Talk to your doctor or pharmacist before taking ACETIN if:

- You suffer from asthma. You may need to be

monitored closely while taking this medication.

- You are pregnant or breast-feeding, think you may be pregnant or are planning to have a baby.

### -Taking other medications

Activated charcoal should be avoided in the treatment of acetaminophen since they may decrease the absorption of orally administered acetylcysteine.

## How to use ACETIN

### -How much to use

ACETIN:

Adults and children above 6 years: 2 sachets 3 times a day.

Children 2-6 years: 2 sachets 2 times a day.

ACETIN-200:

Adults and children above 6 years: 1 sachet 2-3 times a day.

Children 2-6 years: 1 sachet 2 times a day.

Each sachet to be dissolved in half a glass of water.

### -When to use it

Use as directed by your doctor or pharmacist.

### -How long to use it

Use as directed by your doctor or pharmacist.

### -If you forget to use it

If you forget to take a dose, take it as soon as possible. Take the next dose at the correct time in accordance with the instructions given by your doctor or pharmacist. However, if it is almost time to take the next dose, skip the missed dose and take your next dose as usual. Do not double up the dose to make up for the missed dose.

### -If you use too much (overdose)

Acetylcysteine over dosage may result in exaggerated side effects. Contact your doctor or get medical advice immediately. If possible, take the sachets, the box and this leaflet with you to show the doctor.

## While you are using it

### -Things you must do

After taking acetylcysteine, you may notice an increase in phlegm volume. Kindly expel the phlegm by coughing it out to keep the airways clear. If you have difficulty breathing after taking this medicine (especially if you are asthmatic), discontinue taking and seek medical attention promptly.

### -Things you must not do

It is preferred not to mix other medications you are consuming with ACETIN solution.

Do not store a solution of ACETIN for later use. Once dissolved in water, consume it immediately.

### -Things to be careful of

ACETIN contains a food colouring agent called Sunset Yellow. If you are allergic to this ingredient or any other ingredients of this product, please seek medical advice before using.

## Side effects

Like all medicines, ACETIN has the potential to cause side effects, although not everyone will experience them. Some of the side effects of this product is listed below:

- Inflammation of the mouth and lips.
- Nausea and vomiting.
- Fever.
- Watery eyes or nose.
- Drowsiness.
- Chest tightness.
- Narrowing of the airways, leading to difficulty in breathing.

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Acetin may cause severe allergy and serious skin reactions. Stop using Acetin and seek medical assistance immediately if you experience any of the following symptoms:

- Severe allergy: breathing difficulties, light headedness, skin swellings or rash.
- Severe skin reaction: skin reddening, blisters, rash, fever, sore throat or eye irritation.

You may report any side effects or adverse drug reaction directly to the National Centre for Adverse Drug Reaction Monitoring by calling Tel: 03-78835550, or visiting the website [npra.moh.gov.my](http://npra.moh.gov.my) (Public → Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI))

## Storage and Disposal of ACETIN

### -Storage

Store below 30°C. Protect from light. Store in the original package to protect from moisture. Keep medicines out of reach of children.

### -Disposal

Do not throw away any medicines via wastewater or household waste. Ask your pharmacist how to throw away medicines you no longer use. These measures will help protect the environment.

## Product Description

### -What it looks like

ACETIN and ACETIN-200 is an orange granular powder.

### -Ingredients

- Active ingredient(s)

Acetylcysteine

- Inactive ingredient(s)

Strawberry powder, citric acid anhydrous, saccharin sodium, dextrose anhydrous, aspartame, sunset yellow, purified water.

### -MAL number

MAL20031945X (ACETIN)

MAL20031944X (ACETIN-200)

## Manufacturer

L.B.S. Laboratory Ltd., Part.

602 Soi Panichanant, Sukhumvit 71 Rd., Bangkok 10110 Thailand

## Product Registration Holder

Healol Pharmaceuticals Sdn. Bhd.

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## Date of revision

-07/05/2018

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