

AMMI VOTARA EMULSION GEL

Diclofenac Diethylamine 1.16% w/w equivalent to Diclofenac Sodium 1% w/w

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What is AMMI VOTARA EMULSION GEL used for

AMMI VOTARA EMULSION GEL is used for external treatment of pain, inflammation and swelling in:

- Injuries of the tendons, ligaments, muscles and joints (e.g., sprains, bruises, strains and back pain after sports or accidents)
- Tendonitis (e.g., tennis elbow)
- Mild arthritis of knee or fingers

How AMMI VOTARA EMULSION GEL works

AMMI VOTARA EMULSION GEL contains the active ingredient Diclofenac which belongs to a group of medicines called non-steroidal anti-inflammatory drugs (NSAIDs). It has pronounced anti-inflammatory and anti-pyretic properties. It inhibits a chemical called prostaglandin which is involved in inflammation. AMMI VOTARA EMULSION GEL is designed for topical application.

Before you use AMMI VOTARA EMULSION GEL

-When you must not use it

Do not use if you:

- Are hypersensitive to diclofenac or any of the excipients listed in this leaflet.
- Are hypersensitive or have asthma which is triggered by medicines such as aspirin or other NSAIDs.
- Are less than 12 years old.
- Have severe heart failure.

Pregnancy and breastfeeding:

No controlled studies are available in pregnant women and lactation. Avoid the use of AMMI VOTARA EMULSION GEL and do not use in the third trimester of pregnancy.

-Before you start to use it

Inform your doctor or pharmacist if you are pregnant or breastfeeding before using.

This product contains an ingredient called propylene glycol which may cause mild, localized skin irritation in some people.

Consult your doctor or pharmacist if you are already on NSAIDs prior to using this gel.

This gel should be applied only on intact, non-diseased skin and not on wounds or open injuries. Be sure that this gel does not come into contact with your eyes or mucous membranes. Do not ingest the gel.

If you experience a severe rash which gets worse over time after application, discontinue the use of this product and seek your doctor's immediate attention.

Do not use this gel with an air tight dressing, a breathable dressing is acceptable.

If you suffer from any heart condition such as a past heart attack, heart failure or high blood pressure, seek your doctor or pharmacist's advice before using this medication because it may worsen your condition.

-Taking other medications

Tell your doctor if you are taking any other medicines, including any that you buy without a prescription from a pharmacy, supermarket or health food shop. Your doctor or pharmacist will be able to advise you on potential medicine interactions with this product.

How to use AMMI VOTARA EMULSION GEL

-How much to use

Follow all directions given to you by your doctor or pharmacist carefully. They may differ from the information contained in this leaflet. If you do not understand the instructions on the label, ask your doctor or pharmacist for help.

This gel is for topical application only. It must never be ingested.

If your condition does not improve after 7 days of treatment, seek your doctor or pharmacist's further advice.

For adults and adolescents of age 12 years and older: Apply this gel over the affected area 3-4 times a day, rub the gel in gently. The amount of gel to use is 2-4g (about the size of a cherry to walnut). Wash your hands after gel application (unless the area being treated is your hand).

-When to use it

Use it as directed by your doctor or pharmacist.

-How long to use it

Continue using this product for as long as your doctor or pharmacist recommends it.

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-If you forget to use it

Consult your doctor or pharmacist on what you should do if you forget to use it.

Apply the missed dose as soon as you remember. If it is almost time for your next dose, wait until then to take the medicine and skip the missed dose. Do not take a double dose to make up for the missed dose.

-If you use too much (overdose)

Contact your doctor immediately or go to the Emergency Department of your nearest hospital, if you think you or anyone else may have used too much of this medicine. Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention.

While you are using it

-Things you must do

Take your medicine exactly as your doctor or pharmacist has told you.

Tell all the doctors, dentists and pharmacists treating you that you are using AMMI VOTARA EMULSION GEL.

Tell your doctor or pharmacist immediately if you become pregnant while taking this medication.

-Things you must not do

Do not stop taking the medicine unless advised by your doctor or pharmacist.

Do not take any new medicines without consulting your doctor.

Do not give AMMI VOTARA EMULSION GEL to anyone else, even if they have the same symptoms or condition as you.

-Things to be careful of

Driving and using machines:

This medicine is not expected to

influence your ability to drive or operate machines.

Side effects

Like all medicines, AMMI VOTARA EMULSION GEL can cause side effects although not everybody gets them.

Visit your doctor or pharmacist immediately if you experience any side effects after taking this medicine.

Some side effects seen while on this medication are as follows:

Common: Rash, eczema, redness of skin, inflammation of skin, itchiness

Uncommon: Heart attack, heart failure, rapid or irregular heartbeat and chest pain

You may report any side effects or adverse drug reaction directly to the National Centre for Adverse Drug Reaction Monitoring by visiting the website npra.gov.my

[Consumers → Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)]

Storage and Disposal of AMMI VOTARA EMULSION GEL

-Storage

Store at room temperature not exceeding 30°C.

-Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

Product Description

-What it looks like

Smooth, white water-soluble gel with characteristic odour.

-Ingredients

- Active ingredient(s)
Diclofenac Diethylamine Salt 1.16% w/w equivalent to Diclofenac Sodium 1% w/w
- Inactive ingredient(s)
Propylene Glycol, Isopropyl Alcohol, Methylparaben, Carbomer 940, Triethanolamine, Sodium Lauryl Sulfate, Lavender Oil and Purified Water

-MAL number

MAL20002248AZ

Manufacturer

MACROPHAR CO. LTD.,
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Product Registration Holder

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Date of revision

20/10/2023

Serial Number

NPRA(R2/1)230704/1093