

# TRIDEX SYRUP

Triprolidine hydrochloride 1.25mg/5ml, Pseudoephedrine hydrochloride 30mg/5ml, Dextromethorphan hydrobromide 15mg/5ml

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## What Tridex Syrup is used for

It is indicated to relieve dry irritating coughs, which are often associated with common cold, upper respiratory tract infections, allergic rhinitis (seasonal and perennial) and hay fever. It helps to dry up running nose and opens congested bronchi to aid clear breathing.

## How Tridex Syrup works

Triprolidine Hydrochloride helps to reduce secretion in the nose by blocking a certain natural substance (histamine) that your body makes during an allergic reaction.

Dextromethorphan acts as a potent cough suppressant.

Pseudoephedrine's effect is best seen in relieving nasal congestion.

## Before you use Tridex Syrup

- When you must not use it
  - ◆ If you are allergic (hypersensitive) to Triprolidine hydrochloride, Pseudoephedrine hydrochloride, Dextromethorphan hydrobromide or other ingredients in this product.
  - ◆ If you are receiving monoamine oxidase inhibitors.
  - ◆ If you have liver disease or asthmatic.
  - ◆ If you have severe hypertension or severe coronary artery disease.
  - ◆ If you have persistent or chronic cough or when coughing is accompanied by excessive

secretions unless directed by a physician.

## - Before you start to use it

You must tell your doctor if:

- ◆ you have allergies to any medicine which you have taken previously to treat your current condition.
- ◆ you are pregnant, trying to become pregnant or breast-feeding.

## *Pregnancy and breastfeeding*

Safety of its use during pregnancy and breastfeeding have not been established. Women who are pregnant and breastfeeding should consult a doctor before use.

This drug may be distributed into milk and should not be given to nursing women because infants may be especially susceptible to its effects.

## - Taking other medicines

Please tell your doctor or pharmacist if you are taking or have recently taken any of these medicines.

- ◆ CNS (Central Nervous System) depressants including barbiturates, tranquilizers and alcohol. Patients already receiving another CNS depressant (e.g., sedatives, tranquilizers) should not undertake self-medication with an antihistamine without first consulting a physician.
- ◆ Monoamine oxidase inhibitors (MAOI) which are used to treat depression or parkinson
- ◆ Possible interactions may occur with betahistine, certain hypnotic (induce sleep) and anxiolytic (anxiety) medication, metoclopramide and anti-parkinson drugs.

Always inform your doctor and pharmacist if you are taking any other medicines, including herbal tonics, supplements and medicines that you buy without prescription.

## How to use Tridex Syrup

Always take this medicine exactly as your doctor or pharmacist has told you. You should check with your doctor or pharmacist if you are not sure. Take this medicine only by mouth.

## - How much to use it

Dosage for adults and children above 12 years:

10ml syrup three times daily.

Children 6 to 12 years:

5ml syrup three times daily

Children 2 to 5 years:

2.5ml syrup three times daily.

## - When to use it

Use as directed by your doctor or pharmacist.

To be taken orally.

## - How long to use it

Continue taking Tridex Syrup for as long as your doctor or pharmacist recommends it but do not exceed the recommended dosage.

## - If you forget to use it

- ◆ If you forget a dose, take it as soon as you remember it.
- ◆ However, if it is nearly time for the next dose, skip the missed dose.
- ◆ Do not take a double dose to make up for a forgotten dose.

## - If you use too much (overdose)

Symptoms of overdose include respiratory depression (difficulty in breathing), drowsiness, hypotension (low blood pressure), paranoid psychosis (mental disturbance), delusions, hallucinations, palpitations (increased heart rate), restlessness and/or convulsion.

In the case of overdose, please go to the nearest hospital for medical assistance.

## While you are using it

### - Things you must do

Contact your doctor if your symptoms worsen or they do not improve within one week or accompanied with high fever.

### - Things you must not do

Do not give Tridex Syrup anyone else, even if their symptoms seem similar or they have same condition as you. Your doctor has prescribed Tridex Syrup for you and your condition.

### - Things to be careful of

- ◆ Use with caution in patients with epilepsy, prostatic hypertrophy (prostate disease), glaucoma (eye disease), hepatic disease, hypertension (high blood pressure), heart disease, diabetes, hyperthyroidism (overactive thyroid), patients with stenosing peptic ulcer (gastric disease), pyloro-duodenal obstruction (stomach disease) or bladder neck obstruction (urinary problem) unless under the medical advice and supervision.
- ◆ This product may cause drowsiness and dizziness. Affected patients should avoid activities such as driving or operating machineries.
- ◆ Patients should abstain from alcohol.
- ◆ This product should not used in children less than 2 years of age. Use with caution for children 2 to 6 years of age, only upon your doctor's or pharmacist's advice.

## Side Effects

Like all medicines, Tridex Syrup can have side effects, although not everybody gets them. The following side effects may happen with this medicine:

- ◆ Drowsiness, dizziness and constipation.
- ◆ Gastro-intestinal tracts discomfort.
- ◆ Transient hypertension, dry mouth, insomnia, restlessness, palpitations, allergic reactions such as rashes,

tightness of chest, thickening of bronchial secretions, toxic psychosis (a psychosis that results from the poisonous effects of chemicals or drugs, including those produced by the body itself) and blood dyscrasia (a diseased state of the blood, usually one in which the blood contains permanent abnormal cellular elements).

If any of the side effects gets serious, or if you notice any side effects not listed in this leaflet, please tell your doctor or pharmacist.

Consult your doctor or pharmacist if you are in doubt or for any further information.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by visiting the website [npra.gov.my](http://npra.gov.my) [Consumers→Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)].

## Storage and Disposal of Tridex Syrup

### - Storage

Do not use after the expiry date stated on the pack. The expiry date refers to the last day of that month.

Tridex Syrup should be stored in the original package and in a dry place.

Do not store above 30°C and protect from light

Keep out of the reach and sight of children.

### - Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

## Product Description

### - What it looks like

An orange color syrup with tutti-frutti flavour.

It contains 90ml syrup, filled in amber plastic bottle.

## - Ingredients

### - Active ingredient:

- ◆ Each 5ml contains
  - Triprolidine Hydrochloride 1.25mg
  - Dextromethorphan Hydrobromide 15mg
  - Pseudoephedrine Hydrochloride 30mg

### - Inactive ingredients:

Alcohol (95%) 5% v/v, glycerin, sorbitol solution 70%, citric acid hydrous, sodium citrate, sucralose, menthol, tutti-frutti flavour, sunset yellow FCF and sodium benzoate 0.2% w/v as preservative.

### - MAL number:

MAL18016144AZ

## Manufacturer and Product Registration Holder

Malaysian Pharmaceutical Industries Sdn. Bhd.

Plot 14, Lebuhraya Kampung Jawa, 11900 Bayan Lepas, Penang, Malaysia.

## Date of Revision

18/05/2022

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