

# B GARGLE SOLUTION 0.15% W/V

Benzylamine hydrochloride 0.15% w/v

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## What B GARGLE Solution 0.15% w/v is used for

B GARGLE is indicated for the relief of painful conditions of the oral cavity including: tonsillitis, sore throat, radiation mucositis, aphthous ulcers, post orosurgical and periodontal procedures.

## How B GARGLE Solution 0.15% w/v works?

B GARGLE belongs to a group of medicines called non-steroidal anti-inflammatory drugs or NSAIDs. It works by stopping pain and swelling (inflammation).

## Before you take B GARGLE Solution 0.15% w/v

### When you must not take it

Do not use B GARGLE if:

- you are allergic to benzylamine hydrochloride
- you are allergic to any of the other ingredients of B GARGLE.

If you are not sure whether you should use B GARGLE, talk to your doctor, dentist or pharmacist

### Before you start to take it

You must tell your doctor if :

- you have allergies to any medicine which you have taken previously to treat your current condition.

- you suffer from phenylketonuria (because B GARGLE contains aspartame).
- you are pregnant, trying to become pregnant or breast-feeding. There is no evidence on safety of benzylamine hydrochloride in pregnant patients. Risk to benefit ratio should be established if to be used in these patients.

### Taking other medicines

Tell your doctor, dentist or pharmacist if you are taking any other medicines, even medicines obtained without a prescription.

## How to take B GARGLE Solution 0.15% w/v

### How much to use

Adults: 15mL (approximately one tablespoon) gargled or rinsed in the mouth for at least 30 seconds, 1½ to 3 hourly as required.

Children: 5-15mL as gargle if able to do so or as an oral rinse. Not recommended in children under 6 years of age.

Elders: No special dosage recommendations are made for elderly patients.

Use with caution in patients with impaired renal or hepatic function.

### When to use it

Your doctor will decide when it is appropriate for you to use it according to the type of condition you have.

Generally used undiluted, but if stinging occurs it may be diluted with water. The solution should be expelled from the mouth after use.

### How long to use it

This solution should not be used for more than 7 days unless your doctor or dentist tells you to.

### If you FORGET TO TAKE it

- If you forget a dose, take it as soon as you remember it.
- However, if it is nearly time for the next dose, skip the missed dose.

- Do not take a double dose to make up for a forgotten dose.

### If you take too much (Overdose)

It should not cause you any problems if you accidentally take too much or you swallow some of your medicine. If you have any concerns, contact your doctor or pharmacist.

## While you are using B GARGLE Solution 0.15% w/v

### Things you must do

Contact your doctor if your symptoms worsen or they do not improve.

If you do become pregnant whilst taking B GARGLE Solution 0.15% w/v, tell your doctor.

### Things you must not do

Do not give B GARGLE Solution 0.15% w/v to anyone else, even if their symptoms seem similar or they have same condition as you. Your doctor has prescribed B GARGLE Solution 0.15% w/v for you and your condition.

### Things to be careful of

- Do not swallow the solution.
- Do not use in or near your eyes.
- Should be used with caution in patients with hepatic or renal impairment.
- If a sore throat is caused by a bacterial infection, antibacterial therapy should be taken

## Side Effects

Commonly observed reaction is numbness in oral cavity and occasionally burning or stinging sensation. Other local adverse effects were less common included dryness or thirst, tingling, warm feeling in mouth and altered sense of taste. The systemic adverse reactions were very uncommon and never of serious nature which consisted mainly of nausea, vomiting, retching, gastrointestinal disorder, dizziness, headache and drowsiness. Hypersensitivity reactions occur very rarely but may be associated with pruritis, rash, urticaria,

photodermatitis and occasionally laryngospasm or bronchospasm.

If any of the side effects gets serious, or if you notice other effects not listed in this leaflet, please tell your doctor or pharmacist.

Consult your doctor or pharmacist if you are in doubt or for any further information.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by calling Tel: 03-78835550, or visiting the website [portal.bpfk.gov.my](http://portal.bpfk.gov.my)

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(Consumers→Reporting)

**Manufacturer and Product  
Registration Holder**

Malaysian Pharmaceutical Industries Sdn.  
Bhd.

Plot 14, Lebuhraya Kampung Jawa,  
11900 Bayan Lepas, Penang, Malaysia.

**Date of Revision**

14/08/2015

**Storage and Disposal of B GARGLE  
Solution 0.15%w/v**

Storage

Do not use after the expiry date stated on the pack. The expiry date refers to the last day of that month.

B GARGLE Solution 0.15%w/v should be stored in the original package and in a dry place.

Do not store above 30°C. Protect from light.

**Keep out of the reach and sight of children.**

Disposal

Return any medicine you no longer need to your pharmacist.

**Product Description**

What B GARGLE Solution 0.15%w/v  
looks like

B GARGLE Solution 0.15%w/v is a green colour solution with lime flavour. It contains 100ml solution in an amber plastic bottle.

Ingredients

Active Ingredient:

Benzylamine hydrochloride 0.15%w/v.

Inactive Ingredients:

Propylene glycol, aspartame, potassium dihydrogen phosphate, dipotassium hydrogen phosphate, green FCF, lime flavour, methylparaben, propylparaben, purified water.

**MAL NO:** \_\_\_\_\_

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